



Marden High School

Year 7 Personal Development Overview

Theme 1 - Health and Wellbeing
Theme 2 - Relationships
Theme 3 - Living in the wider world; Economic well being, careers and the world of work.
Theme 4 - 14-19 Enhancement

Week Beginning	Theme	Objectives
3/9/2018	Welcome to Year 7	Today you will learn... all about year 7 and the year ahead!
10/09/2018	Goal setting	Today you will learn... how to set goals and targets that mean something.
17/09/2018	Reading Tests	Today we will learn to...develop your wider reading skills
24/09/2018	Show Racism the Red Card	Today you will learn to...explore the causes and effects of prejudice
1/10/2018 Wear red for Racism - 8th Oct	Why Queue theatre performance. Please supervise your class in the auditorium after registering them in forms.	Today you will learn to...explore the importance of road safety
08/10/2018	Life journeys	Today you will learn to...plan and design a life journey.
15/10/2018	Teamwork	Today you will learn to...reflect on the importance of teamwork
22/10/2018	How do I learn?	Today you will learn to...explore different learning styles.
HALF TERM		
5/11/2018 Remembrance Day - 5th Nov	Remembrance Day	Today you will learn to...explore the importance of the poppy on remembrance day
12/11/2018	Who lives in the UK?	Today you will learn to...identify who

		lives in the UK and what it means to be a member of a community.
19/11/2018	Equality and Empathy	Today you will learn to..explore what empathy is.
26/11/2018	Take over week lesson???	
3/12/2018	Developing life skills- extra curricular task	Today you will learn to.. Identify your skills and attributes and complete a range of team building exercises
10/12/2018	Developing life skills- extra curricular task	Today you will learn to...explain the importance of developing a range of employability skills
17/12/2018	Form bonding time	Today you will learn to...bond better with your form and enjoy some educational activities
CHRISTMAS		
7/1/2019	Online relationships and Citizenship	Today you will learn to..explore who to trust online and how to know
14/01/2019	Keeping yourself safe online	Today you will learn to..avoid negative interactions online and keep yourself safe
21/01/2019	Friendship and Bullying	Today you will learn to..examine the differences between good and bad friendship groups.
28/01/2019	Peer pressure	Today you will learn to..explore types and causes of peer pressure
04/02/2019	Self esteem and being happy	Today you will learn to..generate ways of developing your self esteem
11/02/2019	Keeping Healthy Teachers will need to share presentations with class - please check which IT room is booked for your class. Please note some people may need to teach body changes first depending on when rooms are booked.	Today you will learn to..explore healthy living and how to improve our lifestyles 7M - IT2 7A - IT1 7R - T6 7D - Media 7E - Chromebooks 7N - T3
HALF TERM		
25/02/2019 Zero Discrimination - 1st March	Zero Discrimination Day	Today you will learn to...to explore how we should respond to discrimination.
04/03/2019 World book day - 7th March	World Book Day	Today you will learn to..think about why we should love reading!
11/03/2019	Body changes	Today you will learn to..examine what happens during puberty
18/03/2019	Body Image	Today you will learn to..identify what affects self esteem and body image
25/03/2019	Diet and Exercise	Today you will learn to..explore the

		diet and exercise your body needs to be healthy
1/04/2019 Autism awareness day - 2nd April	Autism awareness week	Today you will learn to...explore what it means to be autistic
EASTER		
22/04/2019	Sexuality	Today you will learn to..understand what is meant by sexuality and why it is different for different people.
29/04/2019	Appropriate behaviour and consent	Today you will learn to..Identify age appropriate behaviour and explore #knowyourselfie
06/05/2019	Empathy	Today you will learn to..understand empathy and how it is useful
13/05/2019	Family situations	Today you will learn to...explore what family life looks like in 2017
20/05/2019	Helping each other and citizenship	Today you will learn to...consider how we treat each other.
HALF TERM		
03/06/2019	Rights and responsibilities (the Law)	Today you will learn to..explain what our rights are and what responsibilities we have Computer rooms booked for research
10/06/2019	Human Rights	Today you will learn to...understand why human rights are important.
17/06/2019	Families	Today you will learn to..explore how family can impact your life.
24/06/2019	Developing your skills	Today you will learn to..Identify your skills and attributes and complete a range of team building exercises
01/07/2019	Careers and skills	Today you will learn to..Identify your skills and attributes and complete a range of team building exercises
08/07/2019	Looking forwards and looking back	Today you will learn to..evaluate your year in PD
15/07/2019	Activity week	
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Year 8 Personal Development Overview

Theme 1 - Health and Wellbeing
Theme 2 - Relationships
Theme 3 - Living in the wider world; Economic well being, careers and the world of work.
Theme 4 - 14-19 Enhancement

Week Beginning	Theme	Objective
3/9/2018	Goal setting	Today you will learn... how to set goals and targets that mean something.
10/09/2018	Relationships and respect	Today you will learn to...explore what a healthy relationship looks like.
17/09/2018	SRE	Today you will learn to...explore what makes sex safe.
24/09/2018	Sexually transmitted diseases	Today you will learn to...identify different STI's and how to prevent them. If you would like to use a computer room for research these are booked out for year 8 this week 8M - IT1 8A - IT2 8R - MEDIA 8D - Stem 8E - TE
1/10/2018 Wear red for Racism - 8th Oct	Show Racism the Red Card	Today you will learn to...explore the causes and effects of prejudice
08/10/2018 World mental health day - 10th Oct	World Mental Health Day	Today you will learn to...explore mental health issues.
15/10/2018	First Aid	Today you will learn to...understand the importance of first aid.
22/10/2018	Mental health and wellbeing	Today you will learn to...identify what makes you feel bad and what promotes well being
HALF TERM		
5/11/2018 Remembrance Day - 5th Nov	Remembrance Day	Today you will learn to...explore the importance of the poppy on remembrance day
12/11/2018	Rights, responsibility and the law	Today you will learn to...explain what our rights are and what responsibilities we have.

19/11/2018	The role of the police	Today you will learn to...explore what the role of the police is and what responsibilities they have.
26/11/2018	Takeover week lesson???	
3/12/2018	The court's/punishment	Today you will learn to...explore how courts work and what punishments are appropriate.
10/12/2018	Extremism	Today you will learn to...reflect on what terrorism and extremism are
17/12/2018	Form bonding time	Today you will learn to...bond better with your form and enjoy some educational activities
CHRISTMAS		
7/1/2019	Keeping yourself safe online	Today you will learn to...identify ways of protecting yourself online
14/01/2019	Self Esteem online	Today you will learn to...reflect on how life online can be idealised
21/01/2019	Sexting	Today you will learn to...explore the pressures to and consequences of sending personal images.
28/01/2019	Peer pressure	Today you will learn to...
04/02/2019	Cyberbullying	Today you will learn to...identify online actions which 'cross the line'.
11/02/2019	Sexuality	Today you will learn to...understand what is meant by sexuality and why it is different for different people.
HALF TERM		
25/02/2019 Zero Discrimination - 1st March	Zero Discrimination Day	Today you will learn to...to explore how we should respond to discrimination.
04/03/2019 World book day - 7th March	World Book Day	Today you will learn to...think about why we should love reading!
11/03/2019	Eating well	Today you will learn to...explore what makes a healthy diet
18/03/2019	Alcohol abuse	Today you will learn to...explore the use and abuse of alcohol
25/03/2019	Drug use and abuse	Today you will learn to...identify drugs and the associated risks
1/04/2019 Autism awareness day - 2nd April	Autism awareness week	Today you will learn to...explore what it means to be autistic
EASTER		
22/04/2019	Morals and moral behaviour	Today you will learn to...

29/04/2019	<u>Sexual exploitation</u>	Today you will learn to...understand the importance of consent and keeping yourself safe.
06/05/2019	<u>Appropriate behaviour and consent</u>	Today you will learn to...Identify age appropriate behaviour and explore #knowyourselfie
13/05/2019	<u>Positive self image</u>	Today you will learn to...
20/05/2019	<u>Human Rights</u>	Today you will learn to...understand why human rights are important
HALF TERM		
03/06/2019	<u>The Media</u>	Today you will learn to...Examine use of and bias in the media.
10/06/2019	<u>Online Relationships</u>	Today you will learn to...avoid negative interactions online and keep yourself safe
17/06/2019	<u>Social networking</u>	Today you will learn to...explore responsible use of social media
24/06/2019	Connexions workshops	Today you will learn to...
01/07/2019	<u>Employability skills</u>	Today you will learn to...
08/07/2019	<u>Employability skills</u>	Today you will learn to...
15/07/2019	Activity week	Today you will learn to...
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Year 9 Personal Development Overview

Theme 1 - Health and Wellbeing
Theme 2 - Relationships
Theme 3 - Living in the wider world; Economic well being, careers and the world of work.
Theme 4 - 14-19 Enhancement

Week Beginning	Theme	Objective
3/9/2018	Goal setting	Today you will learn... how to set goals and targets that mean something.
10/09/2018	Decision making: which way now	Today you will learn to... make effective decisions in Year 9
17/09/2018	Relationships and respect	Today you will learn to...explore what a healthy relationship looks like.
24/09/2018	Theatre performance - Online safety, Cyber Bullying and Discrimination. Please register your class and then supervise them in the auditorium. Classes should sit in form groups.	Today you will learn to...explore how we should treat each other and the importance of online citizenship
1/10/2018 Wear red for Racism - 12th Oct	Influence and Extremism Reading tests to be done as well by students during lesson on the 4th (this should only take half an hour)	Today you will learn to....explore charismatic leaders and radicalisation.
08/10/2018 World mental health day - 10th Oct	Anti-Discrimination	Today you will learn to...explore the causes and effects of disability discrimination
15/10/2018	World Mental Health Day	Today you will learn to...explore mental health issues.
22/10/2018	First Aid	Today you will learn to...understand the importance of first aid.
HALF TERM		
5/11/201 Remembrance Day - 5th Nov	Remembrance Day 9m and 9a-NECOP workshops	Today you will learn to...explore the importance of the poppy on remembrance day
12/11/2018	Josh Green theatre performance. Please supervise your class in the auditorium after registering them	Today you will learn to...explore the importance of road safety

	in forms.	
19/11/2018	The Media 9r and 9d-NECOP workshops	Today you will learn to...Examine use of and bias in the media.
26/11/2018	Takeover week lesson 9e and 9n NECOP workshops	
3/12/2018	Options	Today you will learn to...
10/12/2018	Options	Today you will learn to...
17/12/2018	Form bonding time	Today you will learn to...bond better with your form and enjoy some educational activities
CHRISTMAS		
7/1/2019	Online Relationships	Today you will learn to...avoid negative interactions online and keep yourself safe
14/01/2019	LGBT+ (this can be done across 2 lessons) For this lesson I also have a class set of 'This book is gay' - fantastic book by Juno Dawson about sexuality.	Today you will learn to...develop and understanding of what it means to be transgender or gender fluid
21/01/2019	LGBT+ (this can be done across 2 lessons) For this lesson I also have a class set of 'This book is gay' - fantastic book by Juno Dawson about sexuality.	Today you will learn to...develop and understanding of what it means to be transgender or gender fluid
28/01/2019	Preparation for careers speed dating	Today you will learn to...
04/02/2019	Career event evaluation	Today you will learn to...
11/02/2019	Personal safety	Today you will learn to...explore personal safety
HALF TERM		
25/02/2019 Zero Discrimination - 1st March	Zero Discrimination Day	Today you will learn to...To understand Social Injustice and the role individuals play in fighting against it. 9M - IT2 9A - IT1 9R - Media 9D - Stem 9E - T6
04/03/2019 World book day - 7th March	World Book Day	Today you will learn to...think about why we should love reading!
11/03/2019	Online safety and citizenship	Today you will learn to...explore the potential risks related to sexting
18/03/2019	Alcohol awareness	Today you will learn to...explore the use and abuse of alcohol
25/03/2019	Drug use and abuse	Today you will learn to...identify types of drugs and the associated risks.

1/04/2019 Autism awareness day - 2nd April	Autism Awareness Day	
EASTER		
22/04/2019	Body Image and Gender Roles	Today you will learn to...explore pressures put on us to conform
29/04/2019	SRE	Today you will learn to...explore what makes sex safe.
06/05/2019	Sexual exploitation and consent	Today you will learn to...understand the importance of consent and keeping yourself safe.
13/05/2019	Sexually transmitted diseases	Today you will learn to...identify different STI's and how to prevent them.
20/05/2019	Who lives in the UK?	Today you will learn to...identify who lives in the UK and what it means to be a member of a community
HALF TERM		
03/06/2019	Equality and Prejudice	Today you will learn to...identify how the government have worked to promote harmony
10/06/2019	Extremism and Radicalisation	Today you will learn to...explain what extremism is and how it happens
17/06/2019	Introduction to work experience	Today you will learn to
24/06/2019	Finding a placement	Today you will learn to
01/07/2019	CV building	Today you will learn to
08/07/2019	My path ahead	Today you will learn to
15/07/2019	Activity week	
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Year 10 Personal Development Overview

Theme 1 - Health and Wellbeing
Theme 2 - Relationships
Theme 3 - Living in the wider world; Economic well being, careers and the world of work
Theme 4 - 14-19 Enhancement

Week Beginning	Theme	Objective
3/9/2018	Goal setting	Today you will learn... how to set goals and targets that mean something.
10/09/2018	Relationships and respect	Today you will learn to...explore what a healthy relationship looks like.
17/09/2018	Sexual exploitation and consent	Today you will learn to...understand the importance of consent and keeping yourself safe.
24/09/2018	Causes of Discrimination (2 lessons worth to cover anti-racism day as well) Reading tests to be done as well by students during lesson on the 4th (this should only take half an hour)	Today you will learn to...identify causes and effects of discrimination
1/10/2018 Wear red for Racism - 12th Oct		
08/10/2018 World mental health day - 10th Oct	World Mental Health Day	Today you will learn to...look at the stigma attached to mental health and what we can do to change it.
15/10/2018	Anti-Discrimination	Today you will learn to...explore the causes and effects of disability discrimination
22/10/2018	Employment, budgeting and wages	Today you will learn to...identify key ideas about what an employer wants
HALF TERM		
5/11/2018 Remembrance Day - 5th Nov	Remembrance Day	Today you will learn to...Explore the idea of 'rethinking remembrance'.
12/11/2018	Planning for the future	Today you will learn to...identify major purchases in life.
19/11/2018	Grofar careers plan - IT ROOMS	Today you will learn to...

26/11/2018	Takeover week lesson	
3/12/2018	Health and safety in the workplace	Today you will learn to...
10/12/2018	Global Citizenship	Today you will learn to... Consider how we treat each other
17/12/2018	Form bonding time	Today you will learn to...bond better with your form and enjoy some educational activities
CHRISTMAS		
7/1/2019	Healthy and unhealthy relationships	Today you will learn to...explore what is appropriate and inappropriate within a relationship
14/01/2019	Sexting	Today you will learn to...
21/01/2019	Work experience preparation	Today you will learn to...
28/01/2019	Work experience week	Today you will learn to...
04/02/2019	Work experience evaluation: grofar- IT ROOMS	Today you will learn to...
11/02/2019	Psychology of learning	Today you will learn to...explore how intelligence can be developed.
HALF TERM		
25/02/2019 Zero Discrimination - 1st March	Zero Discrimination Day IT rooms useful for research Please share the presentation with your class.	Today you will learn to...To understand Social Injustice and the role individuals play in fighting against it. 10M - IT2 10A - IT1 10R - Media 10D - Stem 10E - T6
04/03/2019 World book day - 7th March	World Book Day	Today you will learn to..think about why we should love reading!
11/03/2019	Wellbeing and managing stress	Today you will learn to...manage stress and promote well being.
18/03/2019	Alcohol and Smoking NECOP finance workshops 10m and 10a	Today you will learn to...examine the effects of alcohol and smoking
25/03/2019	Drug use and abuse Please share the presentation with your class. NECOP finance workshops 10r and 10d	Today you will learn to...explore the main effects and negative consequences of drug use. 10M - IT2 10A - IT1 10R - Media 10D - Stem 10E - T6
1/04/2019 Autism awareness day - 2nd April	Autism Awareness week NECOP finance workshops 10e	Today you will learn to...

EASTER		
22/04/2019	SRE (Vince)	Today you will learn to...
29/04/2019	Sexually transmitted infections	Today you will learn to...
06/05/2019	<u>Keeping yourself safe</u>	Today you will learn to...explore personal safety
13/05/2019	Consent and peer pressure (Blue Sky Trust)	Today you will learn to...
20/05/2019	Risk taking and the adolescent brain	Today you will learn to...
HALF TERM		
03/06/2019	<u>The government</u>	Today you will learn to...explore how types of government and the UK government is structured.
10/06/2019	<u>Democracy and Voting</u>	Today you will learn to...analyse why voting and democracy are important.
17/06/2019	<u>Extremism and radicalisation</u> - IT rooms needed	Today you will learn to...explain what our rights are and what responsibilities we have.
24/06/2019	Rights, responsibility and the law	Today you will learn to...explore what is meant by 'prevent' and what extremism and radicalisation looks like.
01/07/2019	<u>The Media and bias</u>	Today you will learn to...explore how the media can influence perception
08/07/2019	<u>The government</u>	Today you will learn to...explore how types of government and the UK government is structured.
15/07/2019	Activity week	
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Year 11 Personal Development Overview

Theme 1 - Health and Wellbeing
Theme 2 - Relationships
Theme 3 - Living in the wider world; Economic well being, careers and the world of work.
Theme 4 - 14-19 Enhancement

Week Beginning	Theme	Objective
3/9/2018	Goal setting	Today you will learn... how to set goals and targets that mean something.
10/09/2018	Pathways - what will happen next?	Today you will learn... examine the possible education options after Year 11 IT ROOMS NEEDED 11M- IT1 11A-STEM 11R-IT2 11D-MEDIA 11E-T3
17/09/2018	Pathways - what will happen next?	Today you will learn... examine the possible education options after Year 11 IT ROOMS NEEDED 11M- IT1 11A-STEM 11R-IT2 11D-MEDIA 11E-T3
24/09/2018	Causes of discrimination	Today you will learn to...identify causes and effects of discrimination
1/10/2018	Reading tests - to be provided Please allow students to revise in any remaining time	
08/10/2018 Wear red for Racism - 12th Oct	Anti-Discrimination	Today you will learn to...explore the causes and effects of disability discrimination
15/10/2018 World mental health day - 10th Oct (last week)	World Mental Health Day	Today you will learn to...look at the stigma attached to mental health and what we can do to change it.
22/10/2018	CV/ personal statement preparation using the Grofar computer software	Today you will learn to... Grofar instruction lesson Today you will learn to... IT ROOMS NEEDED 11M- IT1 11A-STEM 11R-IT2 11D-MEDIA 11E-T3



HALF TERM		
5/11/2018 Remembrance Day - 5th Nov	Remembrance Day	Today you will learn to...Explore the idea of 'rethinking remembrance'.
12/11/2018	The future- options for 16+	Today you will learn to... IT ROOMS NEEDED 11M- IT1 11A-IT2 11R-STEM 11D-MEDIA 11E-E3
19/11/2018	Psychology of learning	Today you will learn to...explore how intelligence can be developed.
26/11/2018	Takeover week	
3/12/2018	Revision techniques and timetables	Today you will learn to...explore a range of revision techniques
10/12/2018	Revision Techniques	Today you will learn to...practice and develop your revision technique
17/12/2018	Revision Techniques	Today you will learn to...practice and develop your revision technique
CHRISTMAS		
7/1/2019	NECOP 11m and 11a- revision techniques	Today you will learn to...
14/01/2019	Work/life balance and stress reduction	Today you will learn to...
21/01/2019	Revision techniques NECOP 11r and 11d- revision techniques	Today you will learn to...
28/01/2019	FGM 11e NECOP revision techniques	Today you will learn to...
04/02/2019	Forced marriage	Today you will learn to...
11/02/2019	Revision techniques	Today you will learn to...
HALF TERM		
25/02/2019 Zero Discrimination - 1st March	Careers Fair	Today you will learn to...
04/03/2019 World book day - 7th March	Apprenticeship week STEM ROOM NEEDED	Today you will learn to...
11/03/2019	Revision techniques	Today you will learn to...
18/03/2019	Revision techniques	Today you will learn to...
25/03/2019	Revision techniques	Today you will learn to...
1/04/2019	Revision techniques	Today you will learn to...
EASTER		

