



Marden High School
Media Arts College

"Classrooms are happy places in
which to work"
OfSTED 2013

Welcome

Mr Snape

Headteacher

Welcome to our
exam support evening



GCSE Exam
Preparation:

Mr Snape
Headteacher

- **Routines and habits**
- **Techniques**
- **Time management**
- **Marginal gains**



Marden High School
Media Arts College

Welcome to our exam support evening

The Teenage
Brain

Jeanette
Scott
Assistant
Headteacher





Marden High School
Media Arts College

Welcome to our exam support evening

The Teenage
Brain

Jeanette
Scott
Assistant
Headteacher

Powerful Emotions - Matt's story



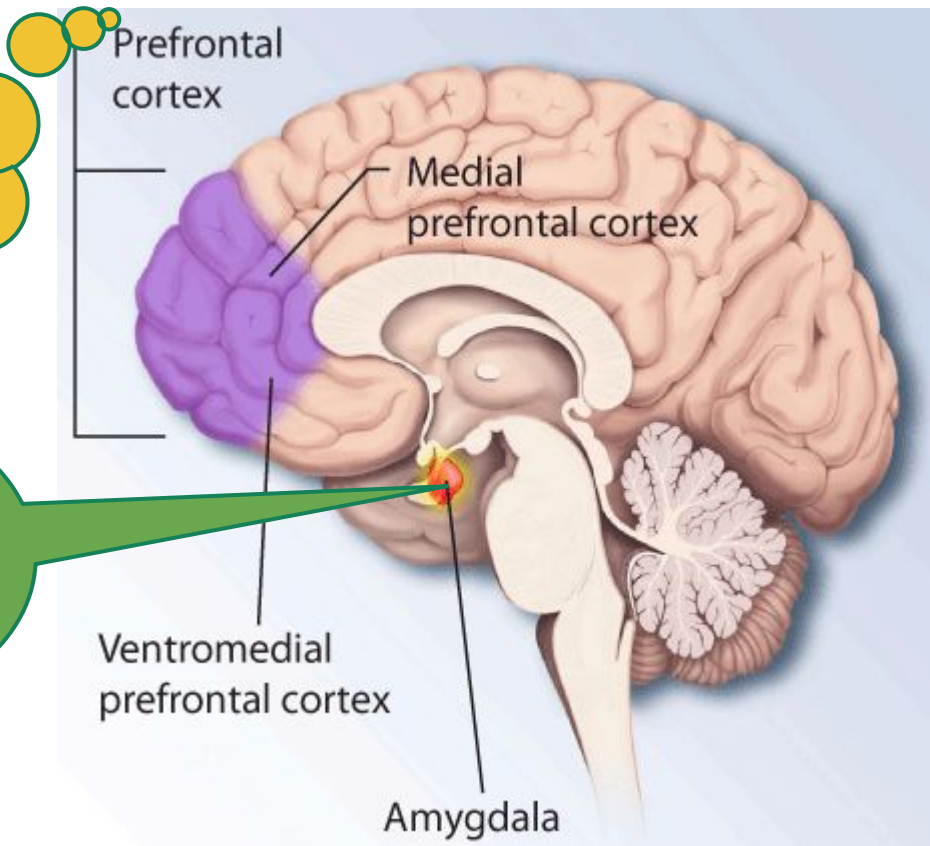
The Teenage Brain

Jeanette
Scott
Assistant
Headteacher

pre - frontal cortex-
concerned with thinking, reasoning, logic, decision making

Amygdala -
concerned with emotion, gut reaction. Works on instinct

What is going on in Matt's brain?





The Teenage Brain

**Jeanette
Scott**
Assistant
Headteacher

The teenage brain - This reorganisation within the brain may be linked with many “typical” teenage behaviours

- Teenagers need more sleep than adults
- Teenage sleep patterns change and are different - due to hormone (melatonin). This sleep hormone is produced much later in the evening in teenagers
- Teenage brains are wired to need bigger rewards to excite them. They are more likely to take risks, particularly when with friends
- Because the brain is still developing, it can be hard for them to think clearly at times. The part of their brain that makes sense of situations is still not well developed and the part that feels strong emotions is very active
- Teenagers use the emotional part of the brain more than adults - the part that interprets expressions and emotions is also the part that we use when we are in danger. This can lead to confusion for a teenager.



Marden High School
Media Arts College

Welcome to our exam support evening

The Teenage Brain

**Jeanette
Scott**
Assistant
Headteacher





The Teenage Brain

**Jeanette
Scott**
Assistant
Headteacher

- show empathy, patience
- encourage son or daughter to do home study/revision when they feel most energetic/active
- set a specific bedtime and stick to it
- avoid use of computer games or other screen time activities before bedtime
- encourage calming activities as part of the routine e.g. reading, listening to quiet, relaxing music
- help with organisation and preparation for exams e.g. with constructing a revision timetable
- help them to build into their routine healthy choices around diet/exercise

Useful reading: Handout

Blame my Brain.....Nicola Morgan



How can parents and carers support their children through the exam process?

Simon Topping

Year Coordinator

How can you help make revision more effective?

Test them on key facts, encourage revision when the brain functions best, schedule breaks, get them organised.

What methods of revision are there?

'Write don't type', quizzes, make diagrams, online such as SAM learning, flash cards....

What works best for them?

15 minute revision bursts or hour long sessions? Silent study or with music? Before tea or after tea? All these things vary from person to person

How should they structure their revision?

Revision timetable can help with this

What resources might they need?

Paper, pens, highlighters, folders, card, revision guides and notes, technology.

How much revision should they be doing?

Will vary from subject to subject but every little bit can make the difference.

Independent Study Plan

An example



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Independent Study Plan

An example



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2	3 - C1 - 3 x 20 mins - B1 - 2 x 20 mins - Training - 2 hours	4 - C1 - 2 x 20 mins - B1 - 3 x 20 mins	5 - B1 - 3 x 20 mins - P1 - 2 x 20 mins - Training - 2 hours	6 - B1 exam - Presentation Eve	7 - P1 - 3 x 20 mins - C1 - 2 x 20 mins	8 - C1 - 3 x 20 mins - Maths - 30 mins - Match 3 hours
9 - C1 - 3 x 20 mins - P1 2 x 20 mins	10 - C1 exam - P1 - 3 x 20 mins - English - 30 mins - Training - 2 hours	11 - Maths Deadline - P1 - 3 x 20 mins	12 - P1 exam - English - 2 x 30 mins - Training - 2 hours	13 - English Deadline - Friends Birthday	14 - Art - 2 hours	15 - Tech - 2 hours - Match 3 hours
16 - Maths - 3 x 20 mins	17 - Maths - 2 x 30 mins - Training - 2 hours	18 - Art - 2 hours - Maths Deadline	19 - Tech - 2 hours - Training - 2 hours	20 - Art Deadline - Tech Deadline	21 - Family Day Out	22 - English - 2 x 30 mins - Match 3 hours
23 - Maths - 3 x 20 mins	24 - Maths - 2 x 30 mins - Training - 2 hours	25 - Mums Birthday Meal - Maths Deadline - English - 2 x 20 mins	26 - English - 2 x 30 mins - Training - 2 hours	27 - English Deadline	28	29 - Match 3 hours
30						



Strategies for
effective revision

Simon
Topping
Year Coordinator



Revision @ Marden
Tools for Effective Revision



Here are six tools that will help you explore ideas and topics independently.

These tools will help you revise in all subjects.

1. Flow Map

2. Circle Map

3. Venn Diagram

4. Cause & Effect

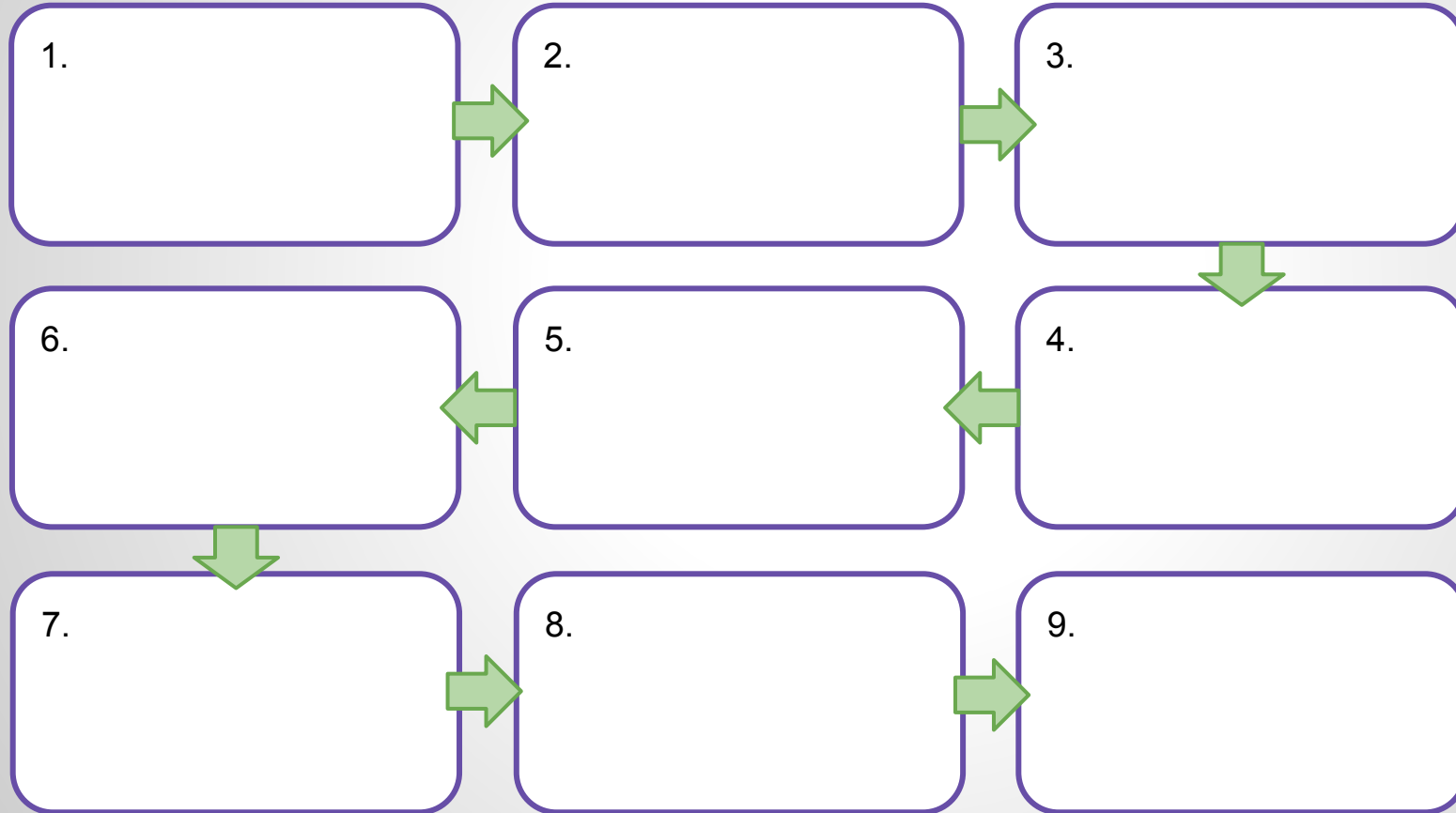
5. Tree Map

6. Thinking Hats

Tools for effective revision - Flow Map

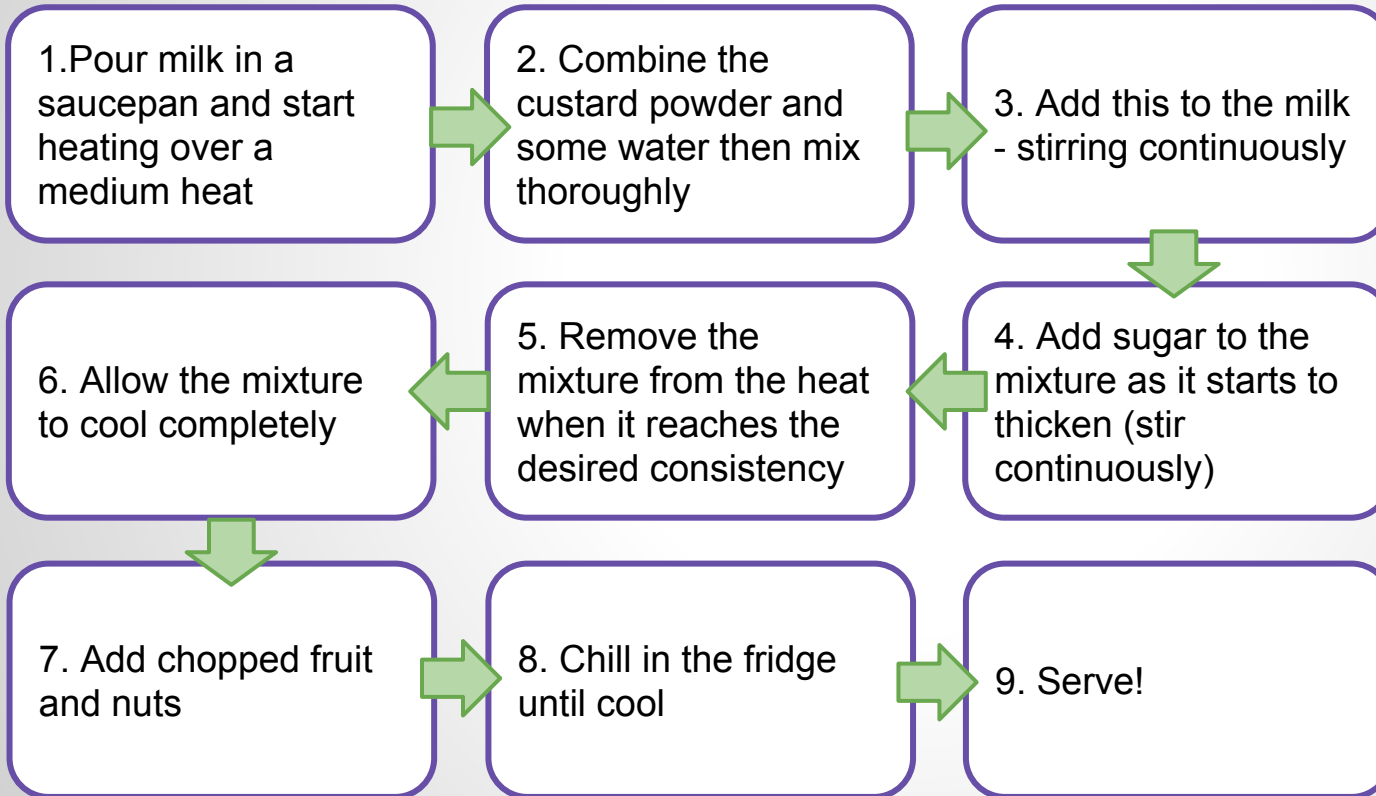


1. Flow Map. For putting ideas in a sequence





Use a flow map to plot the different steps of making fruit custard



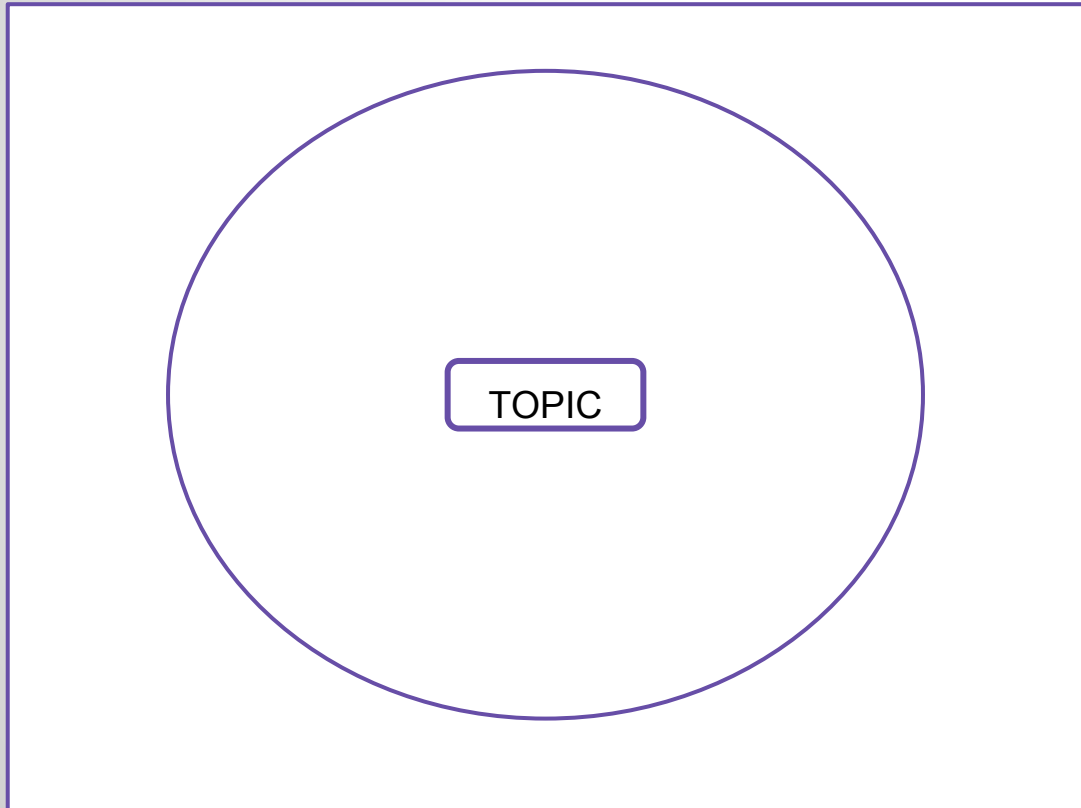
Other possible uses:

- Explain the steps to solve a quadratic equation
- List the different sections of a musical composition
- Identify the steps to the perfect 100m start



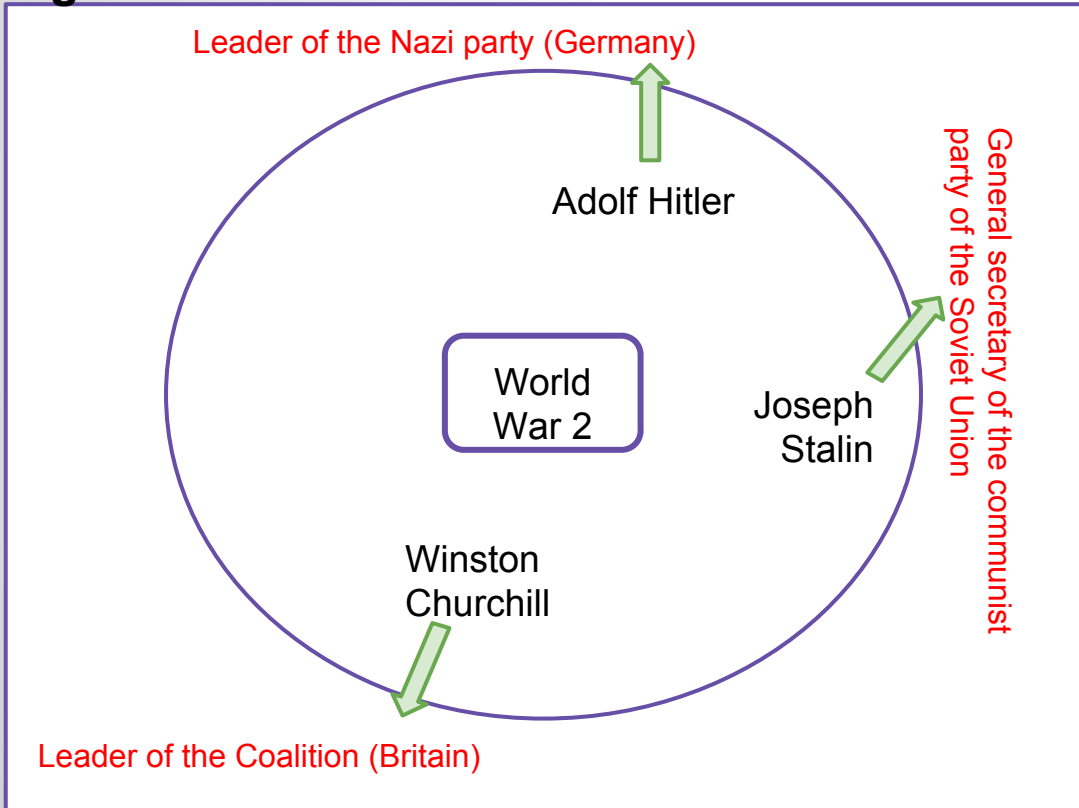


2. Circle Map. For looking at ideas in context





Identify all of the names connected with WW2, then explain their significance



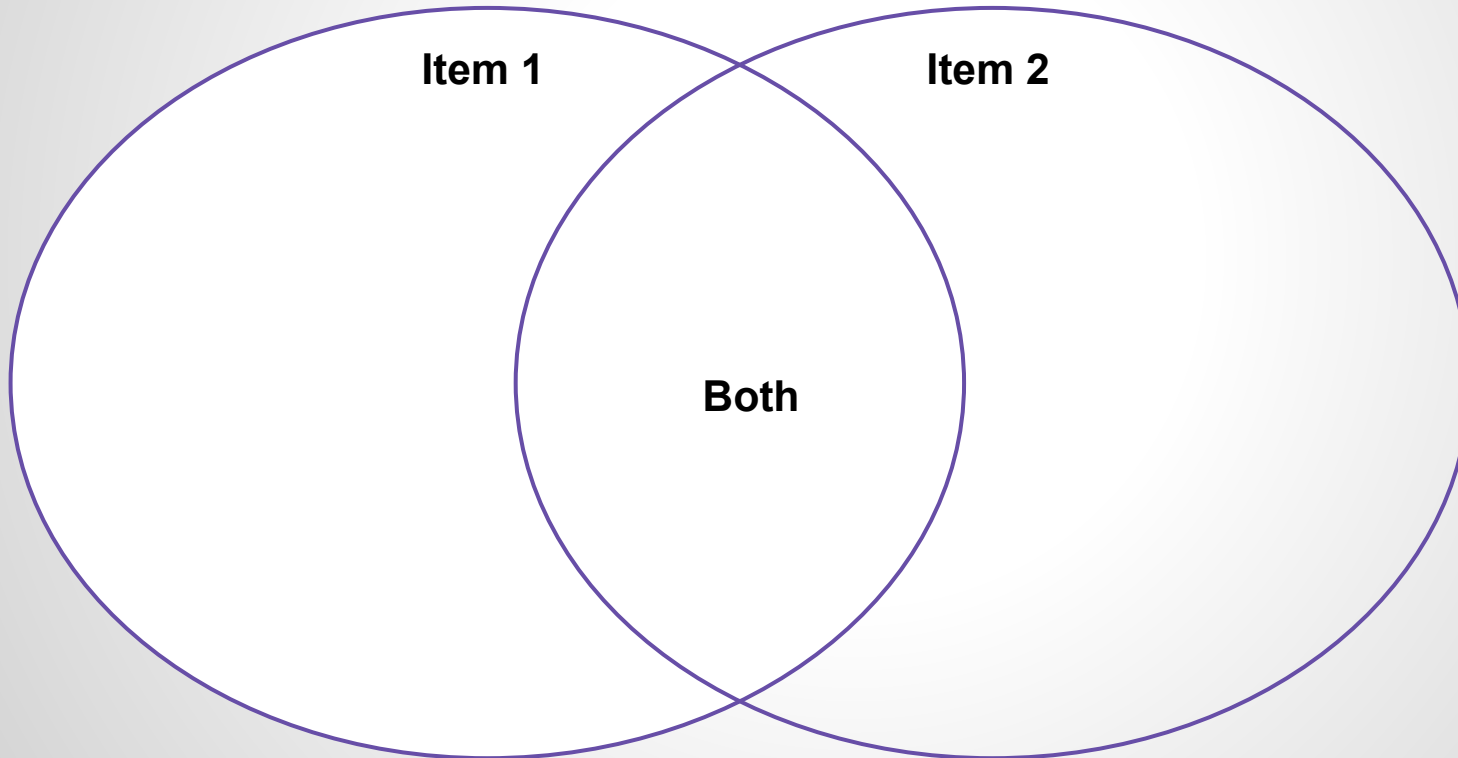
Other possible uses:

- List all of the French vocabulary you know around 'hobbies' in the circle, in the square put each in a sentence.
- Draw all of the mathematical symbols you know in the circle, then explain the function of each in the square





3. Venn Diagram. For comparing two (or three) items





Use a Venn Diagram to compare two different metals.

IRON

- Magnetic
- Corrodes
- High melting point
- Used for thousands of years

Both

- Silver in colour
- Very strong
- Mined from an open pit

ALUMINIUM

- Not magnetic
- Very light
- Used for 100 around years

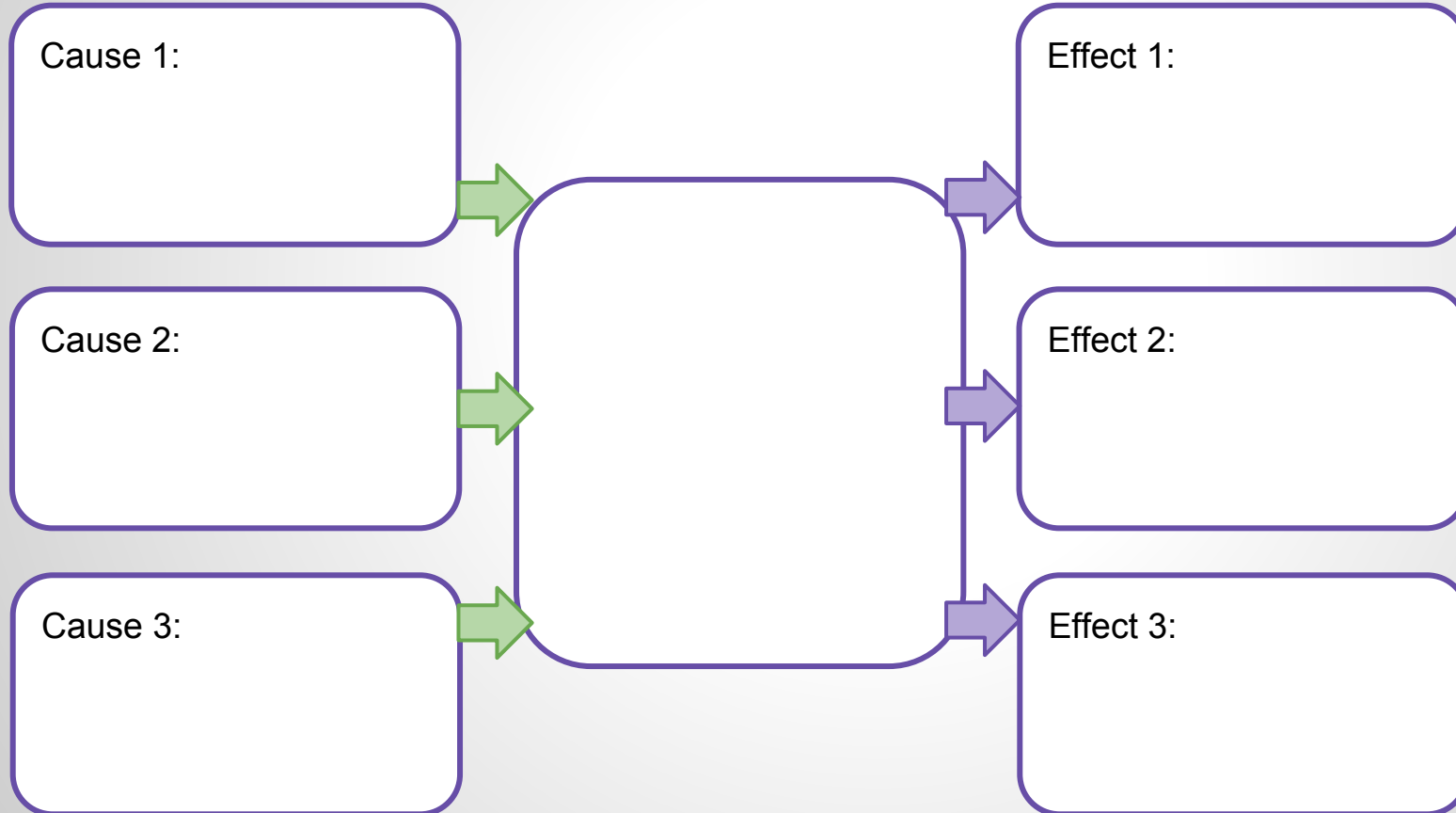
Other possible uses:

- Compare two characters in a novel
- Compare two different types of rock
- Compare covalent and ionic bonding



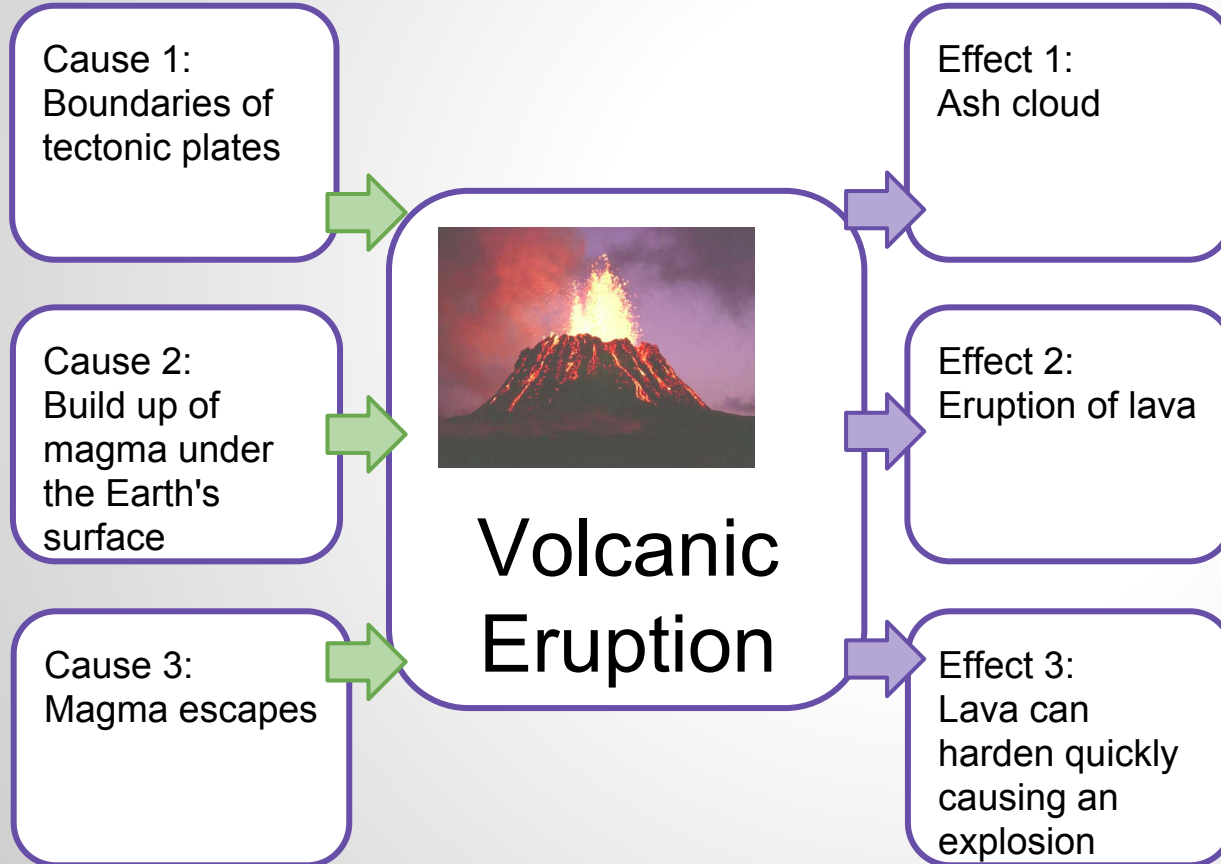


4. Cause and Effect map. For considering actions and consequences





Explore the causes and effects of a volcanic eruption



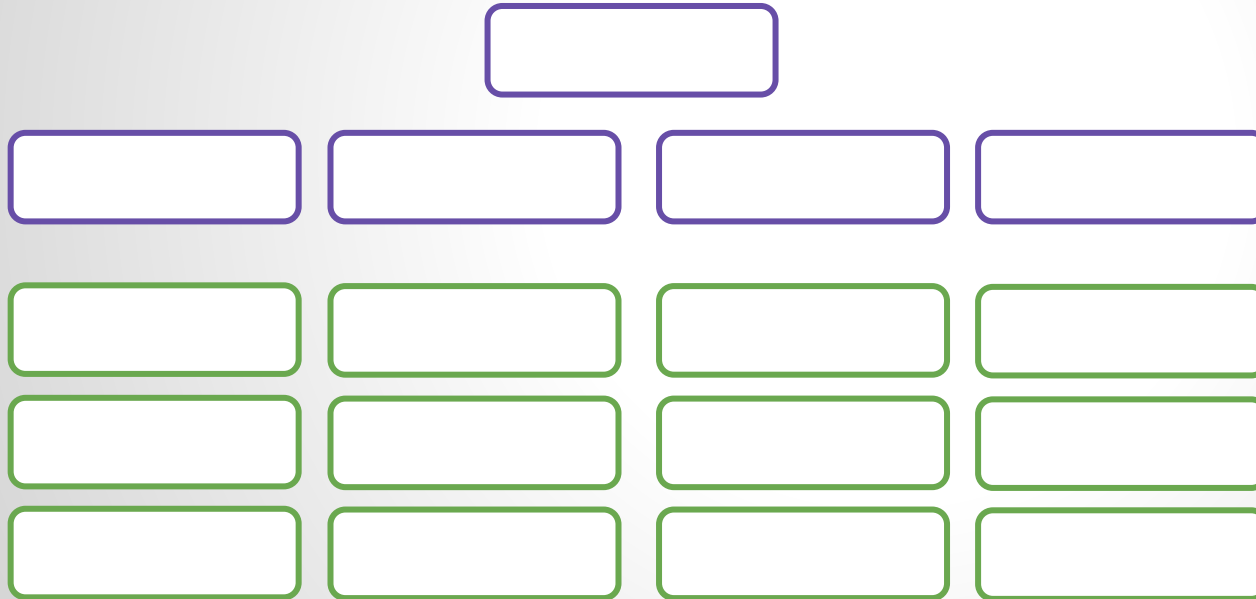
Other possible uses:

- What were the causes and effects of World War 1
- What are the causes and effects of anaerobic respiration during exercise?
- What are the causes and effects of deforestation?



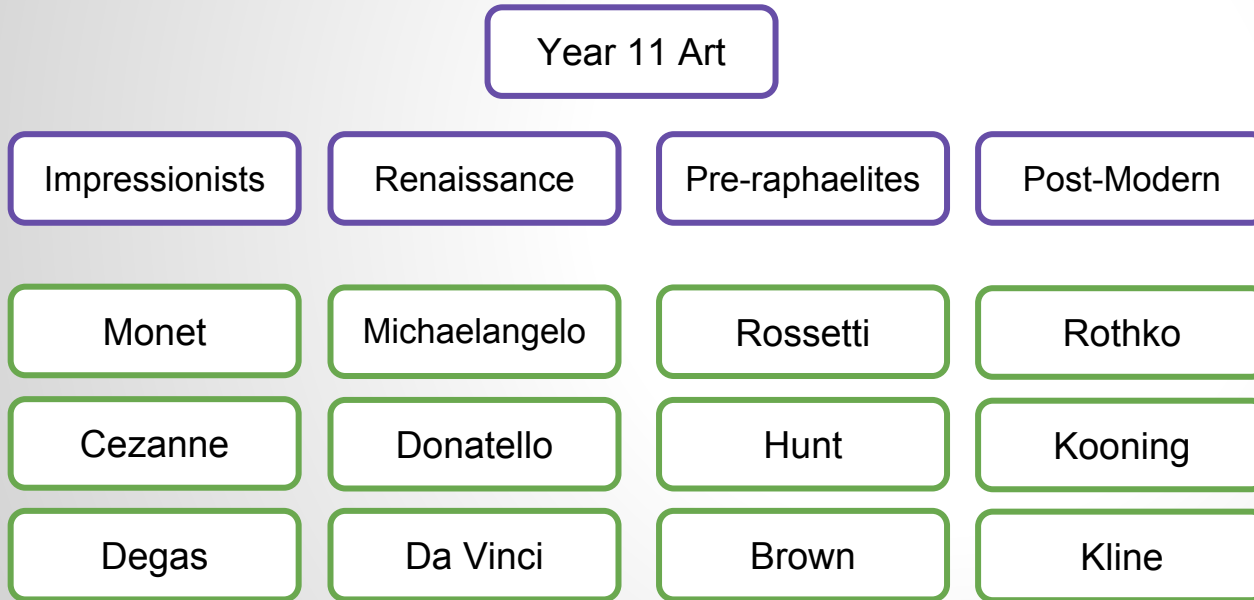


5. Tree map. For classifying or grouping ideas





Use a tree map to classify the different genres of art we have studied in the last year



Other possible uses:

- Classify the different types of software that are commonly used (then list their features)
- List different dramatic techniques along with examples
- List the different word classes, with examples

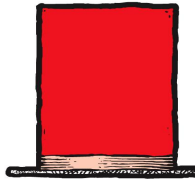




6. Thinking Hats. For considering all sides of a problem or issue.

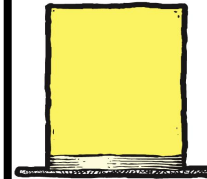


What is the big question?



Emotions

How do you feel about this issue?



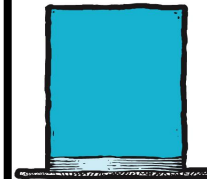
Positives

What are the benefits or positives around this issue?



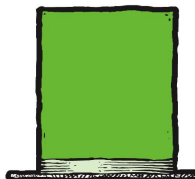
Problems

What problems are there with this issue?



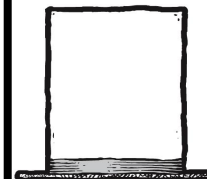
Planning

What plans can you make about this issue?



Ideas

What ideas do you have about this issue?



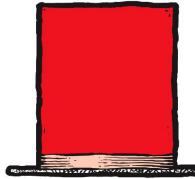
Facts

What are the facts?



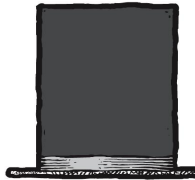
Use the Thinking Hats to explore the issue of revision

What do I think about revision?



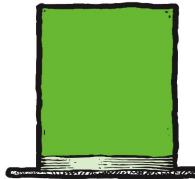
Emotions

I don't really like doing it because I'd prefer to have free time



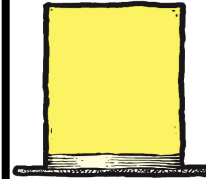
Problems

Sometimes I have none, other times I have lots.



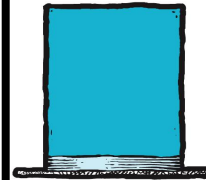
Ideas

I think that I perform best with revision when it is computer based



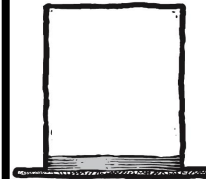
Positives

I often feel that I understand the class work better when I've done revision



Planning

Perhaps I could put together a timetable to manage my revision effectively



Facts

I need to revise for 11 GCSEs
I have 5 months to do this



Additional Information

- Your child's progress can be monitored through the parental portal. If you are unsure about login details please contact office@mardenhigh.net and the request will be directed to ICT support.
- A copy of the revision timetable can be viewed through the school website (www.mardenhigh.net). This shows when extra sessions are taking place which your child can attend. Some teachers may have requested that attendance is compulsory for some sessions.
- If you have any other queries or questions about your child's progress please contact Mr Topping through the school office or at s.topping@mardenhigh.net.



Useful contacts

s.topping@mardenhigh.net	Year Coordinator
s.lively@mardenhigh.net	Examinations Officer
n.richards@mardenhigh.net	11 M form tutor
e.green@mardenhigh.net j.todd@mardenhigh.net j.ranson@mardenhigh.net	11 A form tutor
m.raper@mardenhigh.net	11 R form tutor
d.parker@mardenhigh.net	11D form tutor
c.mellor@mardenhigh.net j.brickwood@mardenhigh.net	11 E form tutor
a.stobart@mardenhigh.net l.hall@mardenhigh.net	11 N form tutor



- Year 11 Group Photo - Friday 20 January 2017
- Year 11 Data Collection - 5 throughout the school year (Sept, Nov, Jan, Feb, April)
- Year 11 Reports - Ready before consultation event
- Year 11 Consultation - 26th January 2017
- Year 11 Exams start - (DC5 5th April 2017) exams will start within a month of this date.
- Year 11 Prom - Wed 28th June 2017
- Year 11 Leavers Assembly - Friday 30th June 2017



Summary

- Routines and habits
- Preparation
- Revision/Independent Study
- Revision Techniques
- Finding what works for your child early on
- Know where to get help and support
- Key dates
- Think ahead to the next step



Marden High School
Media Arts College

Welcome to our exam support evening

**Please feel free to join us for
some tea and coffee.**

**Staff are available to answer
any questions or queries you
may have.**

