



### **Ban Boredom this May**

Find out about a range of different activities, trips, events and opportunities offered by different play and youth providers in North Tyneside via the Ban Boredom information service.

With its own dedicated area on the council's website as well as a Twitter account and Facebook page, the campaign, created by young people for young people, highlights exactly what's on for 8 to 19-year-olds.

Stay up-to-date by following the campaign on Twitter @BanBoredomNT, search 'Ban Boredom' on Facebook or visit [www.northtyneside.gov.uk/banboredom](http://www.northtyneside.gov.uk/banboredom).

There's also a mailing list you can join which details all the activities and is sent via email before every school holiday; register by emailing [participation@northtyneside.gov.uk](mailto:participation@northtyneside.gov.uk) or call (0191) 643 8215.



**Ban Boredom  
North Tyneside**



**@BanBoredomNT**

**[www.northtyneside.gov.uk/banboredom](http://www.northtyneside.gov.uk/banboredom)**

Date	Place inc postcode	Time	Title of Activity inc Description	Cost	Contact Details	Booking Req'd	Dependent on weather or numbers?	Age Group	Universal or Disability Specific	Additional Information
26/05/2014	Rising Sun Farm NE28 9JL	10.00am - 11.30am	<b>Cheese Delights Cookery Class</b> Learn how to make cheese dippers, pastry straws and a basic tomato dipping sauce	£6 per child	0191 2344959 info@ourhandsontheland.co.uk	Y	N	5 years +	Universal	
26/05/2014	Rising Sun Farm NE28 9JL	1.30pm - 3.00pm	<b>Cheese Delights Cookery Class</b> Learn how to make cheese dippers, pastry straws and a basic tomato dipping sauce	£6 per child	0191 2344959 info@ourhandsontheland.co.uk	Y	N	8 years +	Universal	
27/05/2014	Rising Sun Farm NE28 9JL	10.00am - 2.00pm	<b>Chinese Cookery Day</b> A chance to make an array of basic Chinese foods which will be enjoyed as part of a lunchtime banquet	£20 per child	0191 2344959 info@ourhandsontheland.co.uk	Y	N	8 years +	Universal	
27/05/2014	Wallsend Parks, Richardson Dees Park Bandstand NE28 8RH	11am - 3pm	<b>Springtime Storytelling</b> Drop in and enjoy some sing-along stories and children's tales. Just turn up, free event.	free event	Wallsend Parks TEL: 643 7897 or email wallsendparks@northtyneside.gov. uk	no	no	0-10	universal	Parents must attend with children in a ratio of 1 adult for every 3 children
27/05/2014	Killingworth Lakeside NE12 6TN	8pm to 10pm	<b>Bat Walk</b> A guided bat walk around the lake, learn some bat facts, use our bat detectors and explore the behaviour of our nocturnal flying friends.	£2.50 per per	Alan Thurgood TEL 07976 307347 alan.thurgood@northtyneside.gov. uk	yes	no	all ages	universal	Parents must attend with children in a ratio of 1 adult for every 3 children
27/05/2014	Hadrian Leisure Centre NE28 7LQ	10am-12pm	<b>Climbing Wall</b> Learn to climb to the heights supervised by a qualified instructor.	£7.50 with an ease card £10.50 without	0191 643 2025 Hadrianleisure@northtyneside.gov. uk	Yes	No	8-15 yrs	Universal	Advised to wear long sleeved tops and comfortable sports wear

27/05/2014	<b>Hadrian Leisure Centre NE28 7LQ</b>	10am-12pm	<b>Burney Bear Bouncy Castle</b> Supervised by a coach have fun on the bouncy castle and parachute games	£3.50 with an ease card or £5.30 without	192 643 2025 Hadrianleisure@northtyneside.gov.uk	Yes	No	4-7 years old	Universal	Advised to bring a drink
27/05/2014	<b>Hadrian Leisure Centre NE28 7LQ</b>	10am-12pm	<b>Pool Inflatable Fun</b> Pool admission applies	£1.90 with and Esae card or £3.10 without	0191 643 2025 Hadrianleisure@northtyneside.gov.uk	No	No	0-16 years old	Universal	Pool admission applies 0-3 accompanied by an adult on a one to one basis. Children aged 4 to 7 years accompanied on a one adult to two children ratio
27/05/2014	<b>Burradon Community Centre, NE27 7NG</b>	10am-3pm	<b>Irish Dancing</b>	£5.00	0191 6437447 or 0191 6437040 or e-mail sport@northtyneside.gov.uk	Y	Y	4+	U	N/A
27/05/2014	<b>The Rising Sun Country Park, NE12 9SS</b>	9:30-3:30pm	<b>Bikeability - Cycle Safety Training (1)</b>	FREE	0191 6437447 or 0191 6437439 or e-mail sport@northtyneside.gov.uk	Y	Y	9yrs - 14 yrs	U	Children must be able to ride a bike without support, have a bike in a safe and road worthy condition and a cycle helmet. Young people must attend both sessions (full day and a half) to get their certificate and badge). A packed lunch is required
28/05/2014	<b>Cullercoats Children's Centre, Hartington Road, Cullercoats, NE30 3RZ</b>	10am-11.30am	<b>Super Sports Family Fun Event</b> Hula Hoops, Egg and Spoon Races, Obstacle Races, Penalty Shoot Out and Throw the Welly!	FREE	Cullercoats Children's Centre (0191) 643 8456	YES	NO	0-8yrs	Universal	

28/05/2014	<b>Rising Sun Farm NE28 9JL</b>	10.00am - 11.30am	<b>Pirate and Princess Picnic</b> Come along in your best outfit and enjoy making a range of pirate and princess themed foods and crafts.	£5 per child	0191 2344959 info@ourhandsontheland.co.uk	Y	N	2 years +	Universal	Parental supervision required
28/05/2014	<b>Springfield Park, Forest Hall</b>	10.30am to 12noon or 1.30 - 3pm	<b>Art in the Park</b> Bring along your favourite illustration and join the park warden to transform your picture into a chalk pavement creation.	£1.50 per child	Alan Thurgood TEL 07976 307347 alan.thurgood@northtyneside.gov.uk	yes	no	0-10	universal	Parents must attend with children in a ratio of 1 adult for every 3 children
28/05/2014	<b>Rising Sun Countryside Centre NE12 9SS</b>	10.30 - 3pm	<b>Outdoor Adventureres</b> A day of action in the park including, denbuilding, cycling and games led by fully qualified instructors. Dress for the weather. Bring your bike and helmet. No parent supervision required, consent forms must be returned before the day.	£12 per child	Reception TEL 0191 643 2241 or risingsun@northtyneside.gov.uk	yes	no	Aug-13	universal	Children aged 8 to 13, no parental supervision required, bring roadworthy bike and helmet and packed lunch
28/05/2014	<b>Hadrian Leisure Centre NE28 7LQ</b>	10am-12pm	<b>Sport and splash camp</b> Enjoy activities like dodgeball, frisbee,rounders, football,assault course, basketball etc. In the morning stay for a supervised lunch and then in the afternoon bring along your swim suit and have a splash about in the pool; all supervised by a coach.	£8.00 with an ease card or £12.70 without. Half day (morning session only) £3.50 with an ease card or £5.30 without	0191 643 2025 Hadrianleisure@northtyneside.gov.uk	Yes	No	8-15 yrs	Universal	swimwear required for the afternoon session.
28/05/2014	<b>Burradon Community Centre NE27 7NG</b>	1pm-3pm	<b>Archery</b>	£3.00	0191 6437447 or 0191 6437040 or e-mail sport@northtyneside.gov.uk	N	N	8+	U	wear a long sleeved top

28/05/2014	<b>The Rising Sun Country Park, NE12 9SS</b>	9:30-12nn	<b>Bikeability - Cycle Safety Training (1)</b>	FREE	0191 6437447 or 0191 6437439 or e-mail sport@northtyneside.gov.uk	Y	Y	9yrs - 14 yrs	U	Children must be able to ride a bike without support, have a bike in a safe and road worthy condition and a cycle helmet. Young people must attend both sessions (full day and a half) to get their certificate and badge). A packed lunch is required
	<b>Riverside Children's Centre, Minton Lane, North Shields, NE29 6DQ</b>	10am-11.30am	<b>Super Sports Family Fun Event</b> Hula Hoops, Egg and Spoon Races, Obstacle Races, Penalty Shoot Out and Throw the Welly!	FREE	Riverside Children's Centre (0191) 643 8899	YES	NO	0-8yrs	Universal	
29/05/2014	<b>Marden Quarry Car Park</b>	11am - 12noon	<b>Nature Walk</b> -Join the park warden for a fun informative session looking at all the wildlife living within the park.	£1.50 per person	Carole Maddison TEL 07866596663 or carole.maddison@northtyneside.gov.uk	yes	no	all ages	universal	Parents must attend with children in a ratio of 1 adult for every 3 children
29/05/2014	<b>Churchill Playing Fields</b>	2pm - 3pm	<b>Nature Walk</b> - Join the park warden for a fun informative session looking at all the wildlife living within the park.	£1.50 per person	Carole Maddison TEL 07866596663 or carole.maddison@northtyneside.gov.uk	yes	no	all ages	universal	Parents must attend with children in a ratio of 1 adult for every 3 children
29/05/2014	<b>Rising Sun Countryside Centre NE12 9SS</b>	10am - 12.30pm	<b>Maps and Trails</b> - Join our warden to learn how to use a map and explore the park using your new skills.	£2.50 per person	Reception TEL 0191 643 2241 or risingsun@northtyneside.gov.uk	yes	no	all ages	universal	Parents must attend with children in a ratio of 1 adult for every 3 children

29/05/2014	<b>Wallsend Parks, Richardson Dees Park Bandstand NE28 8RH</b>	2pm - 4pm	<b>Guided Bird Walk</b> - A guided tour of the park for bird lovers.	£1.50 per person	Wallsend Parks TEL: 643 7897 or email wallsendparks@northtyneside.gov.uk	yes	no	all ages	universal	Parents must attend with children in a ratio of 1 adult for every 3 children
29/05/2014	<b>Hadrian Leisure Centre NE28 7LQ</b>	10am-12pm	<b>Burney Bear Bouncy Castle</b> Supervised by a coach have fun on the bouncy castle and parachute games	£3.50 with an ease card or £5.30 without	0191 643 2025 Hadrianleisure@northtyneside.gov.uk	Yes	No	4-7 years old	Universal	Advised to bring a drink
29/05/2014	<b>Hadrian Leisure Centre NE28 7LQ</b>	10am-12pm	Pool Toys and Floats Pool admission applies	£1.90 with and Ease card or £3.10 without	0191 643 2025 Hadrianleisure@northtyneside.gov.uk	No	No	0-16 years old	Universal	Pool admission applies 0-3 accompanied by an adult on a one to one basis. Children aged 4 to 7 years accompanied on a one adult to two children ratio
29/05/2014	<b>Hadrian Leisure Centre NE28 7LQ</b>	10am-12pm	<b>Disability Archery</b> Ran by a qualified instructor enjoy hitting the target	£3.50	0191 643 2025 Hadrianleisure@northtyneside.gov.uk	Yes	No	8 years and over	Disability Specific	
29/05/2014	<b>Whitley Bay Customer First Centre, NE26 1AB</b>	9:30am - 3:30pm	<b>Bikeability - Cycle Safety Training (2)</b>	FREE	0191 6437447 or 0191 6437439 or e-mail sport@northtyneside.gov.uk	Y	Y	9years - 14 years	U	Children must be able to ride a bike without support, have a bike in a safe and road worthy condition and a cycle helmet. Young people must attend both sessions (full day and a half) to get their certificate and badge). A packed lunch is required

29/05/2014	<b>Hadrian Leisure Centre, NE28 7LQ</b>	1pm - 2pm	<b>Disability Archery</b>	£3	Contact 0191 6432025	Y	N	8+	Disability	n/a
29/05/2014	<b>Burradon Community Centre, NE27 7NG</b>	1pm- 3pm	<b>Dodgeball</b>	£2	0191 6437447 or 0191 6437040 or e-mail sport@northtyneside.gov.uk	N	Y	6+	U	n/a
30/05/2014	<b>Whitley Bay Children's Centre, Appletree Gardens First School, Appletree Gardens, Whitley Bay, NE25 8XS</b>	10am-11.30am	<b>Super Sports Family Fun Event</b> Hula Hoops, Egg and Spoon Races, Obstacle Races, Penalty Shoot Out and Throw the Welly!	FREE	Whitley Bay Children's Centre (0191) 293 9080	YES	NO	0-8yrs	Universal	
30/05/2014	<b>Rising Sun Farm NE28 9JL</b>	10.00am - 12.00pm	<b>Kings and Queens Royal Picnic</b> Come and learn how to make savoury scones and sweet whoopie pies and enjoy on the lawn with sandwiches and juice	£6 per child	0191 2344959 info@ourhandsontheland.co.uk	Y	N	5 years +	Universal	Parental supervision required
30/05/2014	<b>Rising Sun Farm NE28 9JL</b>	2.00pm - 4.00pm	<b>Kings and Queens Royal Picnic</b> Come and learn how to make savoury scones and sweet whoopie pies and enjoy on the lawn with sandwiches and juice	£6 per child	0191 2344959 info@ourhandsontheland.co.uk	Y	N	8 years +	Universal	
30/05/2014	<b>Rising Sun Countryside Centre NE12 9SS</b>	10.30am - 2.30pm	<b>Family Bushcraft Day -</b> Join the wardens to learn some basic bushcraft survival skills. Campfire refreshments included. Bring a packed lunch. Wear sturdy shoes and suitable clothes.	£10 per person	Reception TEL 0191 643 2241 or risingsun@northtyneside.gov.uk	yes	no	all ages, over 7 years	universal	Parents must attend with children in a ratio of 1 adult for every 3 children

30/05/2014	<b>Northumberland Park, Medieval Gardens</b>	11am - 12 noon	<b>Nature Walk</b> -Join the park warden for a fun informative session looking at all the wildlife living within the park.	£1.50 per person	Fiona Betts TEL 07976 307378	yes	no	all ages	universal	Parents must attend with children in a ratio of 1 adult for every 3 children
30/05/2014	<b>Hadrian Leisure Centre NE28 7LQ</b>	10am-12pm	<b>Trampolines</b> Supervised by a trampoline coach have fun and learn new skills	£5 with an ease card or £6.65 without	0191 643 2025 Hadrianleisure@northtyneside.gov.uk	Yes	No	5-12 years old	Universal	Must wear socks
30/05/2014	<b>Hadrian Leisure Centre NE28 7LQ</b>	10am-12pm	<b>Sport and splash camp</b> Enjoy activities like dodgeball, frisbee,rounders, football,assault course, basketball etc. In the morning stay for a supervised lunch and then in the afternoon bring along your swim suit and have a splash about in the pool; all supervised by a coach.	£8.00 with an ease card or £12.70 without. Half day (morning session only) £3.50 with an ease card or £5.30 without	0191 643 2025 Hadrianleisure@northtyneside.gov.uk	Yes	No	8-15 yrs	Universal	swimwear required for the afternoon session.
30/05/2014	<b>Whitley Bay Customer First Centre, NE26 1AB</b>	9:30am - 12nn	<b>Bikeability - Cycle Safety Training (2)</b>	FREE	0191 6437447 or 0191 6437439 or e-mail sport@northtyneside.gov.uk	Y	Y	9years - 14 years	U	Children must be able to ride a bike without support, have a bike in a safe and road worthy condition and a cycle helmet. Young people must attend both sessions (full day and a half) to get their certificate and badge). A packed lunch is required
30/05/2014	<b>Burradon Community Centre, NE27 7NG</b>	12-finish	<b>FIFA Competition</b>	£1	0191 6437447 or 0191 6437040 or e-mail sport@northtyneside.gov.uk	N	Y	8+	U	n/a

You have received a copy of the May Half Term Ban Boredom Activity List as you were registered on our database with the Family Information Service. The Participation & Advocacy Team have now taken over the responsibility for providing this service and aim to provide you with effective, accurate and up to date information regarding the range of activities available during the school holiday period.

If you are no longer interested in receiving this information please get in contact with us on the address below and we will remove your details from the database. However, if you know of anyone who would like to receive this information in the future they can contact us and request they be added to the database.

Participation & Advocacy Team  
2nd Floor Left  
North Tyneside Council  
Quadrant East  
Silverlink North  
Cobalt Business Park  
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NE27 0BY  
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