



North Tyneside Council

**Marietta Evans**  
**Director of Public Health**  
North Tyneside Council  
Quadrant East, 3<sup>rd</sup> Floor (Right)  
The Silverlink North  
Cobalt Business Park  
North Tyneside  
NE27 0BY

Tel: (0191) 643 2880  
Fax: (0191) 643 2450  
marietta.evans@northtyneside.gov.uk

15 April 2013

**To Parents/Guardians of children in all Schools and Nurseries in North Tyneside**

Dear Parent/Carer,

**Re: Measles cases in the North East**

You may have seen the recent press coverage about the ongoing measles outbreak across the country, including the North East region.

Measles is highly infectious and unvaccinated children and adults who haven't had it before are at risk.

It is **very important** at times like this to check your child's immunisation history and ensure it is up to date for their age.

**To have the best protection against measles, two doses of the MMR vaccine are required.** As part of the childhood immunisation programme the first dose of the vaccine is given at 12 -13 months and a second dose around 3 years 4 months.

**Please check that you have written proof that your child is up to date with their MMR vaccines (for example in their child health record book) and if they are not, please arrange for them to have the vaccine at your GP surgery as soon as possible. It is never too late to have this done.**

Further information about measles and its symptoms can be found on the NHS Choices website ([www.nhs.uk/conditions/measles](http://www.nhs.uk/conditions/measles)).

Any child who has measles should stay off school until **four full days** after the start of the rash.

Yours sincerely

**Marietta Evans**  
**Director of Public Health**  
**North Tyneside Council**