




A-Level Physical Education

Full course title and Exam Board	OCR A Level Physical Education (H555)	Specification QR 
Teacher(s)	Mr Bowe mbowe@enfieldgrammar.org Mr Baldwin dbaldwin@enfieldgramm.org Mr Kendrick gkendrick@enfieldgrammar.org	
Introduction	<p>Sport and fitness is a huge industry... and you can be part of it. If you are keen on sport you can make a healthy living from your passion. Whether that is working for a football club, as a personal trainer at the local gym, or training to be a physiotherapist, there are lots of opportunities. From professional sport through to amateur teams and individuals who just want to get in shape, sport and fitness is a fast-growing business.</p> <p>A Level Physical Education will give you a fantastic insight into the amazing world of sports performance. Not only will you have the chance to perform or coach a sport through the non-exam assessment component, you will also develop a wide ranging knowledge into the how and why of Physical activity and sport. Best of all, you could be in a career doing something that you love.</p>	
What is the course about?	<p>Physical Education is studied though a range of different contexts and the impact it has on both ours and other's everyday lives. You will learn the reasons why we do things, why some people out perform others, mentally and physically. You will also delve into the ethical considerations behind the use of drugs and also the influence that modern technology is having in and on physical activity and sport.</p> <p>30% Non-Exam assessment giving you the opportunity to apply the theory to your own sporting performance (as either a coach or a practitioner) and also to analyse performance in your chosen sport.</p> <ul style="list-style-type: none"> ● Simple, straightforward assessment structure ● Opportunities to either coach or perform in an activity ● All key areas of study covered. 	
How will I be assessed and what will I be studying?	<p>Non- Exam Assessment (NEA). One practical performance, as either a coach or a performer in an activity.</p> <ul style="list-style-type: none"> ● NEA. One Performance Analysis task. ● A total of four hours assessment split over three examination papers (2x 1 hour and 1x 2 hour) taken at the end of the two year course. ● A wide range of Question types including: single mark, short answer and extended response questions. ● The opportunity to demonstrate your knowledge of both theory and performance skills in both your NEA and through the examinations. 	
Current Text book and further Reading	<p><u>OCR A Level PE (Year 1 and Year 2)</u> Author: John Honeybourne, Sarah Powell ISBN: 9781510473317 Publisher: Hodder Education</p>	
Future Career Directions	<p>The subjects you learn about will be invaluable at a personal level and will help you to be better at sport, no matter what your standard.</p> <p>This 'A' Level also opens up a whole number of career options: Sport Scientist, Physiotherapist, Working for a national governing body, Psychologist, Technology in Sport, Sport and the Law, PE Teacher, Nutritionist and Sports Journalism.</p>	
Subject Entry Requirements	Grade 6 in GCSE	