



Title: HIV and Aids

DATE:

Ready to Learn Reminders

- Sit in the seating plan.
- Take your coat/hat/scarf off.
- Get equipment out (including green pen).
- Write title, date, subheading and underline – keep your book beautiful!
- Complete DNA in silence.



Do Now Activity

Retrieval Practice

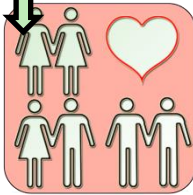


Starter

CORE THEME
UNIT & TITLE

RELATIONSHIPS
& SEX EDUCATION

CONTRACEPTION
& STI'S



HIV and AIDS



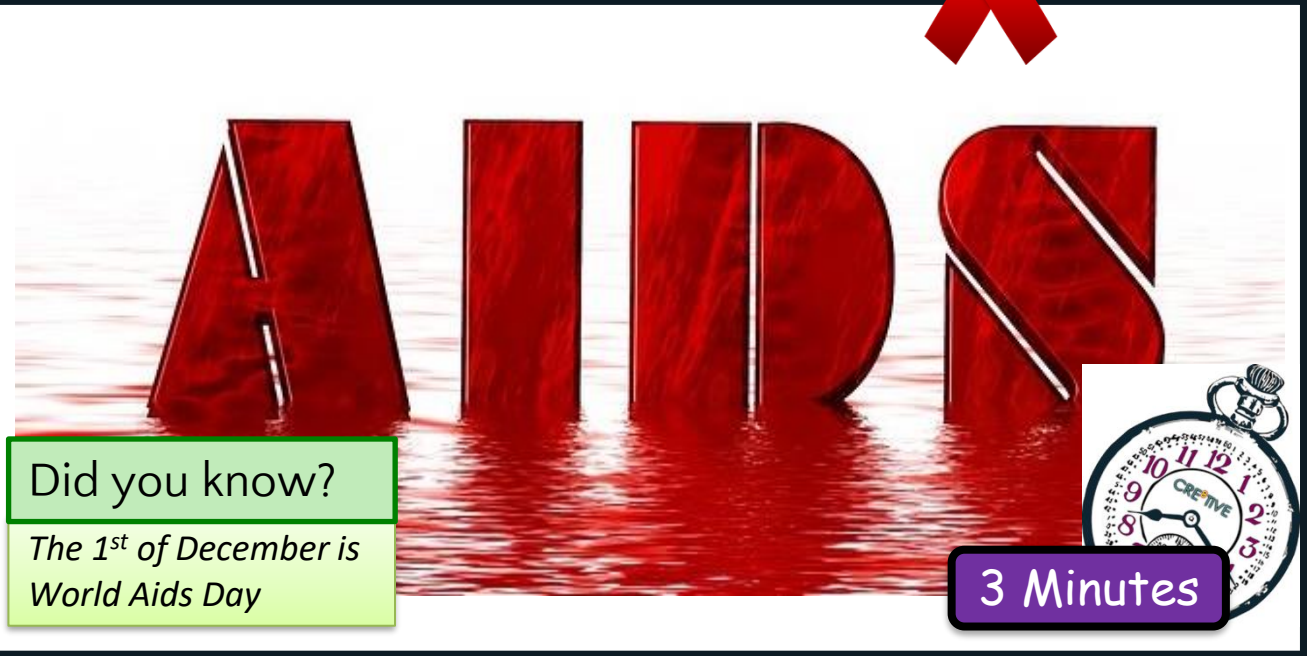
LEARNING
OUTCOMES

Knowledge, Skills & Actions

To define the terms HIV and AIDS and understand the difference


To explore the different ways HIV can be transmitted and how to reduce the risk of transmission

To evaluate the importance of support International World Aids Day



Did you know?
The 1st of December is World Aids Day

3 Minutes

 New Vocabulary
HIV, AIDS,, Anti Viral, Infection, Immune system, CD4



STARTER
ACTIVITY

When have you heard the term HIV or AIDS?
Why do we have an international AIDS day?
What does HIV stand for?

1	
2	
3	
4	
5	
6	
7	

A	B	C	D	E	F	G	H	I	J	K	L	M

N	O	P	Q	R	S	T	U	V	W	X	Y	Z

EFFECTIVE GROUND RULES

CREATIVE CURRICULUM

PSHE

EFFECTIVE GROUND RULES

CREATIVE CURRICULUM

Show respect

- By listening
- Not interrupting
- Only 1 person talking at a time

Be open and honest but **no personal comments** – Discussions will be about **'general situations'**

Don't make assumptions about people's values, attitudes, behaviours, life experiences or feelings

You don't have to say things about yourself if you don't want to (**You have the right to pass**)

PSHE CLASSROOM RULES DEALING WITH SENSITIVE TOPICS

There are **no stupid questions**. A question box for anonymous Questions

It's OK to get things wrong

SAFEGUARDING YOUR WELFARE & HAVING YOUR INTERESTS AT HEART

Have a **non-judgemental approach**. No put downs and challenge the opinion not the person

Enjoy the lesson, Challenge your perceptions and **understand how to seek further advice and support**

Use the agreed appropriate Language (**Avoid slang terms**)

Don't show the fact you are embarrassed through silliness

Conversations stay in the room unless it is a **safeguarding issue**



HIV & AIDS



ASSESSMENT FOR LEARNING

BASELINE CONFIDENCE CHECKER



BEFORE THE LEARNING	1	2	3	4	5	6	7	8	9	10
		NOT CONFIDENT				CONFIDENT			VERY CONFIDENT	
I can define HIV and AIDS and explain the difference										
I understand the main ways HIV is transmitted from person to person										
I can explain the vital importance of World Aids Day										

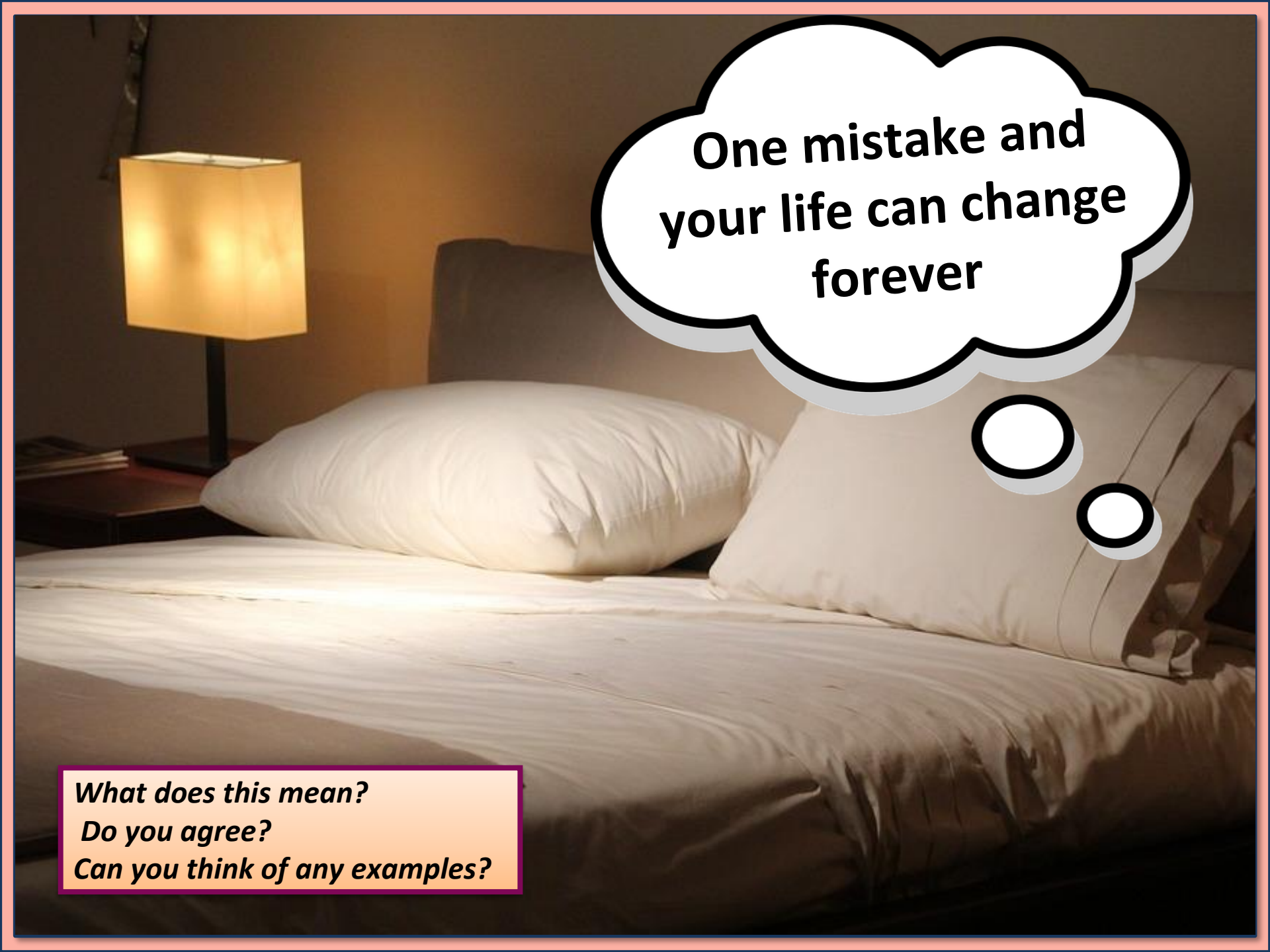


Complete a baseline assessment of where you think you are at for this lesson
(Discussion or complete sheet)



←

	I'm not confident at all		I'm getting more confidence		Confident		Very confident		Super confident
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A photograph of a bedroom at night. A bed with white linens and pillows is in the foreground. To the left, a bedside table holds a lit lamp with a square shade. A large thought bubble with a black outline is positioned in the upper right, containing the text "One mistake and your life can change forever". Two smaller circles lead from the bottom of the thought bubble towards the bed.

**One mistake and
your life can change
forever**

What does this mean?

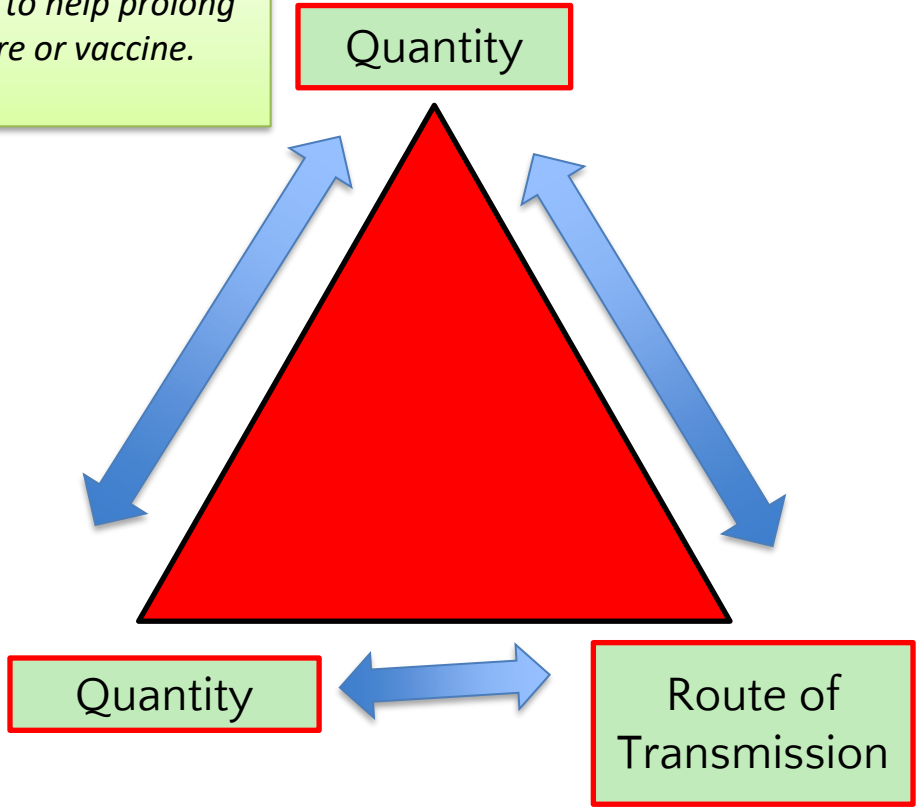
Do you agree?

Can you think of any examples?

WHAT DOES HIV DO?

Did you know?
The virus stays in the body for life. There are drugs and techniques to help prolong life. There is no known cure or vaccine. You can DIE.

- 1) When a person has HIV, they have a deficient immune system
- 1) HIV attacks the body's natural defences by infecting the white blood cells and breaks down the body's ability to fight disease it is a virus that weakens the immune system that.
- 1) The virus can allow serious illnesses to take hold like pneumonia, other infections, cancers and damage to the brain.
- 1) if it is not successfully treated with medication (which is now available on the NHS), can become AIDS."



Did you know?
By 1999, AIDS-related illnesses were the fourth-leading cause of death worldwide and the number one killer in Africa.

What is the difference between HIV and AIDS?

HIV

AIDS

HIV is a virus that attacks white blood cells (CD4) in the body's immune system.

A range of symptoms, that may develop in time in a person with HIV who does not receive treatment.

Antiviral medication can prevent **AIDS** from developing

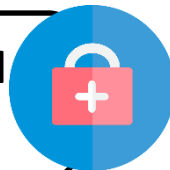
AIDS is the final stage of HIV

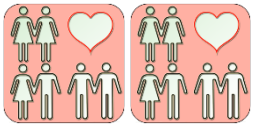
You can have HIV and never develop **AIDS**

Everyone who has **AIDS** has previously had HIV

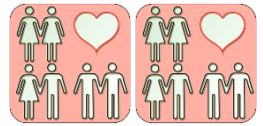
With effective treatment nearly a full life expectancy

Life expectancy once **AIDS** has fully developed is up to 3 Years





HIV & AIDS



TRUE OR FALSE

A You can catch AIDS from kissing someone with tongues

B People with HIV suffer a lot of discrimination and stigma

C Only gay people can catch HIV

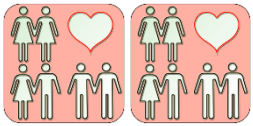
D HIV used to be called Gay Related Illness Disease (GRIDS for short)

E There is a cure for AIDS

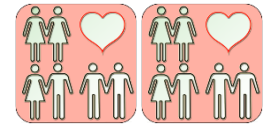
F Some countries ban tourists who have HIV / AIDS from visiting their country?

G You can catch HIV from a toilet seat

H You can catch HIV from a swimming pool



HIV & AIDS



TRUE OR FALSE

A You can catch AIDS from kissing someone with tongues - **-FALSE / MYTH**

B People with HIV suffer a lot of discrimination and stigma - **TRUE**

C Only gay people can catch HIV - **-FALSE / MYTH**

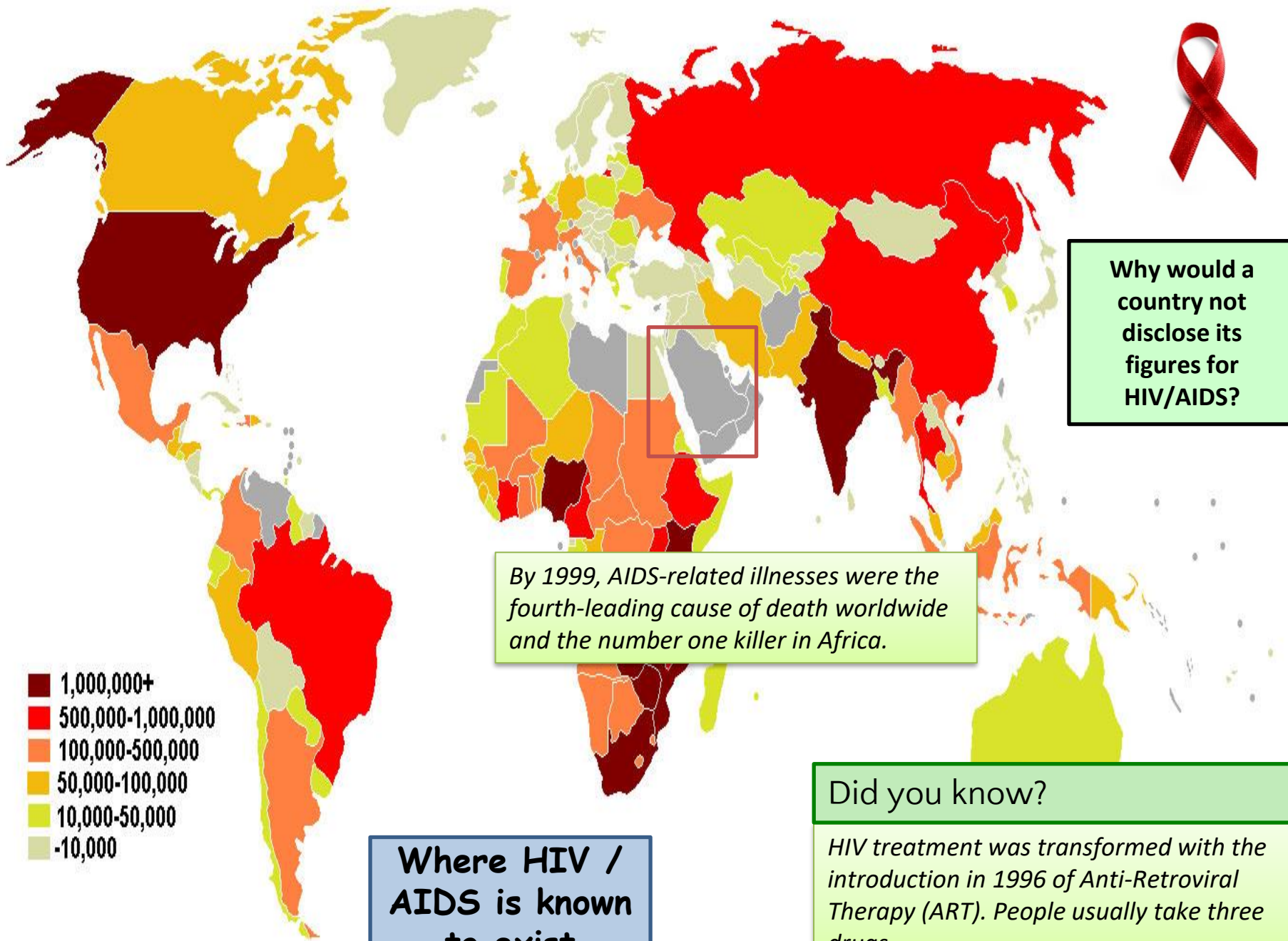
D HIV used to be called Gay Related Illness Disease (GRIDS for short) - **TRUE**

E There is a cure for AIDS - **FALSE - Working towards one**

F Some countries ban tourists who have HIV / AIDS from visiting their country - **TRUE**

G You can catch HIV from a toilet seat - **-FALSE / MYTH**

H You can catch HIV from a swimming pool - **FALSE / MYTH**



- 1,000,000+
- 500,000-1,000,000
- 100,000-500,000
- 50,000-100,000
- 10,000-50,000
- 10,000

Why would a country not disclose its figures for HIV/AIDS?

By 1999, AIDS-related illnesses were the fourth-leading cause of death worldwide and the number one killer in Africa.

Where HIV / AIDS is known to exist

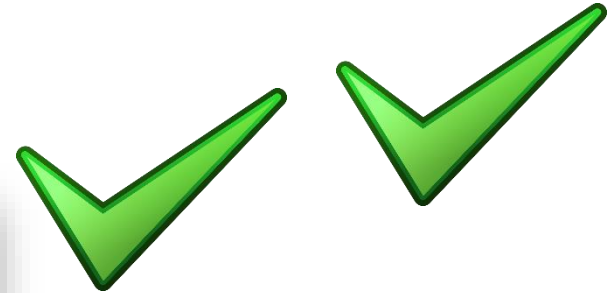
Did you know?
HIV treatment was transformed with the introduction in 1996 of Anti-Retroviral Therapy (ART). People usually take three drugs.

HIV and AIDS Education Card Sort

Shaking hands ✓ ✗	Hugging ✓ ✗	Eating in a cafe ✓ ✗
Touching a HIV infected person ✓ ✗	Kissing ✓ ✗	Unclean needles ✓ ✗
Visiting the doctor or the dentist ✓ ✗	Sharing a toilet seat ✓ ✗	Sharing a drink ✓ ✗
Travel North Africa and the Middle East ✓ ✗	Sharing sex toys ✓ ✗	Sharing Mugs, Pots and Pans ✓ ✗
Sharing used drugs needles ✓ ✗	Having a full body massage ✓ ✗	Having unprotected sex ✓ ✗
Visiting the Gum Clinic ✓ ✗	Sharing bed linen ✓ ✗	Donating blood ✓ ✗



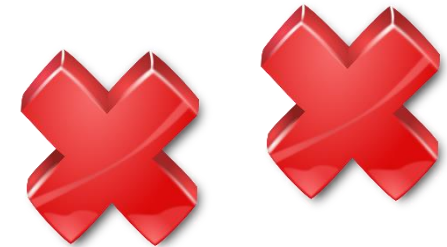
SAFE



HIV and AIDS Education Card Sort

Sharing a place of work ✓ ✗	Coughing and sneezing ✓ ✗
Unsterilized tattooing and ear piercing ✓ ✗	Sharing food items ✓ ✗
Having a baby ✓ ✗	Mixing blood ✓ ✗
Donating Sperm ✓ ✗	Adopting a child ✓ ✗
Being friends with someone who has HIV ✓ ✗	

UNSAFE



SAFE ✓ ✓	UNSAFE ✗ ✗
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- Card sort**
1. Get into teams
 2. Sort the cards

How many of the below are UNSAFE for someone without HIV to do?

Guess - click below to reveal answers - Which might put you at risk of catching HIV?

Shaking
Hands

Hugging

Touching
someone with
HIV

Kissing

Unclean needles
that pierce skin

Eating in a
cafe

Visiting the
doctor or
dentist

Sharing a
toilet seat

Sharing a
drink

Travel north
Africa & Middle
east

Sharing sex
toys

Sharing mugs,
pots and pans

Drugs -
sharing used
needles

Having a full
body massage

Having
unprotected
sex

Visiting the
GUM Clinic

Sharing bed
linen

Donating
blood

Sharing a
bathroom

Sharing a
place of work

Coughing and
sneezing

Engaging in sex
acts which tear
the skin

Unsterilized
tattooing and
ear piercing

Sharing food
items

Donating parts
of your body

Group 1-

Having a
baby

Mixing blood in
a blood brother
relationship

Donating
sperm

Group 6-

Group 2-

Group 3-

Group 4-

Group 5-

Group 7-

Medical ides: HIV & AIDS



Play video



What thinking is needed? next steps? Where are we now

What is wrong? Is it safe? can it be done?

THINKING

JUDGEMENT

Nucleus Medical Media

Task: Pick one or two colours and answer all the related questions



What facts do I know? What else do I need to know? What do I want to know?

INFORMATION



How do I feel about this? What don't I like about this? What do I like about this?

FEELINGS



Can something be done? New ideas? What are the solutions/suggestions?

CREATIVITY



7 Minutes

THINKING
HATS

How many of the below are UNSAFE for someone with HIV to do?

Guess - click below to reveal answers - Which might put you at risk of catching HIV?

Shaking
Hands

Hugging

Touching
someone with
HIV

Kissing

Unclean needles
that pierce skin

Eating in a
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Visiting the
doctor or
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Sharing a
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Sharing a
drink

Travel north
Africa & Middle
East

Sharing sex
toys

Sharing mugs,
pots and pans

Drugs -
sharing used
needles

Having a full
body massage

Having
unprotected
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Visiting the
GUM Clinic

Sharing bed
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Donating
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Sharing a
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Sharing a
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Coughing and
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Group 2-

Group 3-

Group 4-

Group 5-

Group 7-

BBC: That Moment When...



Play video



What thinking is needed? next steps? Where are we now

What is wrong? Is it safe? can it be done?

THINKING

JUDGEMENT

I learnt to live WITH HIV

Task: Pick one or two colours and answer all the related questions



What facts do I know? What else do I need to know? What do I want to know?

INFORMATION



How do I feel about this? What don't I like about this? What do I like about this?

FEELINGS



Can something be done? New ideas? What are the solutions/suggestions?

CREATIVITY



7 Minutes

THINKING
HATS

World Aids Day is every 1st of December. It's the time of the year where the world stands together in the fight against HIV, where we show support for people living with HIV and remember people who have lost their battle with this deadly infection.

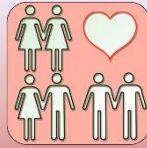


What can our school do to help support this cause?

“The hope is to bring awareness to the virus that approximately 35-million people around the globe are living with, as well as to end stigma, end HIV transmission and end the isolation of living with HIV/AIDS”

Dr Stacey Rizza

LEARNING OUTCOMES



STOP!






Let us review our learning outcomes for this lesson
Knowledge, Skills & Actions

PAIR & SHARE

ASSESSMENT FOR LEARNING

Confidence Checker



AFTER THE LEARNING	1	2	3	4	5	6	7	8	9	10
	NOT CONFIDENT				CONFIDENT				VERY CONFIDENT	
I can define HIV and AIDS and explain the difference										
I understand the main ways HIV is transmitted from person to person										
I can explain the vital importance of World Aids Day										



Complete the confidence checker of where you think you are at for this lesson (Discussion or complete sheet)



3 Minutes



I'm not confident at all



I'm getting more confidence



Confident



Very confident



Super confident

IMPORTANT INFORMATION

SEEKING SUPPORT

Enjoy the lesson, Challenge your perceptions and understand how to seek further advice and support

IMPORTANT INFORMATION

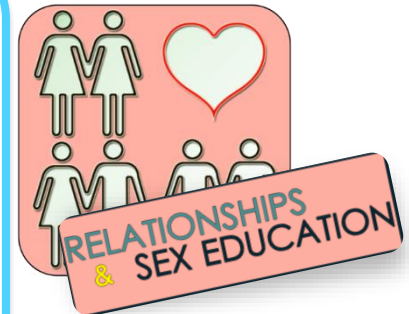
FOR MORE INFORMATION ABOUT THE TOPICS COVERED IN THIS UNIT WE WOULD ADVISE ONE OF THE BELOW:

SPEAK TO YOUR PARENTS/GUARDIANS OR HEAD OF YEAR, TRUSTED ADULT OR FRIEND IF YOU HAVE ANY CONCERNS ABOUT YOURSELF OR SOMEONE YOU KNOW - IT IS ALWAYS IMPORTANT TO TELL SOMEONE!

VISIT THE BROOKE WEBSITE <https://www.brook.org.uk/> FOR ADDITIONAL SUPPORT ON SEXUAL HEALTH AND WELLBEING FOR UNDER 25s

SPECIFIC FURTHER INFORMATION ON THIS TOPIC CAN BE FOUND HERE:

- <https://www.nat.org.uk/> National Aids Trust
- <https://www.tht.org.uk/> Terrence Higgins Trust
- <https://london.ejaf.org/> Elton John Aids Foundation
- a sexual health clinic (GUM clinic)
- a contraception clinic
- some young people's services - call the national sexual health helpline on 0300 123 7123 for details
- Brook centers - for under-25s
- GP surgeries



2 Minutes



SIGNPOSTING SUPPORT

HELP & SUPPORT SERVICES

FURTHER INFORMATION

REFLECTION PLENARY

I know if I need further support or help I could speak to.... or contact...

Before I could/would say and do ... but now I feel I am able to say

Before I only knew ... now I also know ...

I supported others by...

One thing I didn't realise was... now I know that...

The key words for this lesson are...

I always knew ... but now I can see how it connects to...

The most important thing I have learnt today is...

I'm really proud of the way I have...

I used to feel ... but I now feel ..

I would like to learn...

A question I would like to ask is...

Before I thought that ... but now I realise..

One assumption of mine that was challenged

Today I have tried to...

Next lesson I would like to..

Before I would have done...
Now I will ...

Before I would have said ... but now I will say...

A problem I overcame today was...

2 Minutes



REFER TO MINDFULNESS

▶▶▶ POWERPOINT



Time for a little something extra?

?? Minutes

