



# Title: Introduction to STI's

DATE:

## Ready to Learn Reminders

- Sit in the seating plan.
- Take your coat/hat/scarf off.
- Get equipment out (including green pen).
- Write title, date, subheading and underline – keep your book beautiful!
- Complete DNA in silence.

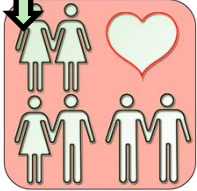


*Do Now Activity*

Retrieval Practice



**Starter**



# Treating STI's and the Clinic



## LEARNING OUTCOMES

### Knowledge, Skills & Actions

To describe the key symptoms and risks associated with a variety of different STI's

To understand the importance of sexual Health Clinics (GUM) and why young people after unprotected sex should always get themselves checked out

### New Vocabulary

Promiscuous, GUM, GP, STI, STD, Contraception, Bacterial, Viral, Parasitic

**Did you know?**  
Your local G.U.M. clinic ( Genito-Urinary Medicine) is an N.H.S. run clinic and provide confidential advice for all aspects of sexual health.

**3 Minutes**



## STARTER ACTIVITY

Can you recall the names of any STIs?  
 How can you catch an STI?  
 How can you reduce the risk of catching an STI?  
 Why do people go to the doctors?

# EFFECTIVE GROUND RULES

CREATIVE CURRICULUM

## Show respect

- By listening
- Not interrupting
- Only 1 person talking at a time

You don't have to say things about yourself if you don't want to (**You have the right to pass**)

It's OK to get things wrong

Enjoy the lesson, Challenge your perceptions and **understand how to seek further advice and support**

# PSHE

Be open and honest but **no personal comments** – Discussions will be about **'general situations'**

## *PSHE CLASSROOM RULES* DEALING WITH SENSITIVE TOPICS

## **SAFEGUARDING YOUR WELFARE & HAVING YOUR INTERESTS AT HEART**

Use the agreed appropriate Language (**Avoid slang terms**)

Don't show the fact you are embarrassed through silliness

# EFFECTIVE GROUND RULES

CREATIVE CURRICULUM

**Don't make assumptions** about people's values, attitudes, behaviours, life experiences or feelings

There are **no stupid questions**. A question box for anonymous Questions

Have a **non-judgemental approach**. No put downs and challenge the opinion not the person

Conversations stay in the room unless it is a **safeguarding issue**



# Treating STI's and the Clinic



ASSESSMENT FOR LEARNING

## BASELINE CONFIDENCE CHECKER



BEFORE THE LEARNING	1	2	3	4	5	6	7	8	9	10	
	NOT CONFIDENT				CONFIDENT				VERY CONFIDENT		
I can name a wide range of STI's											
I understand the key symptoms and risks associated with different STI's											
I understand the important role GUM clinics perform and what to expect from one											



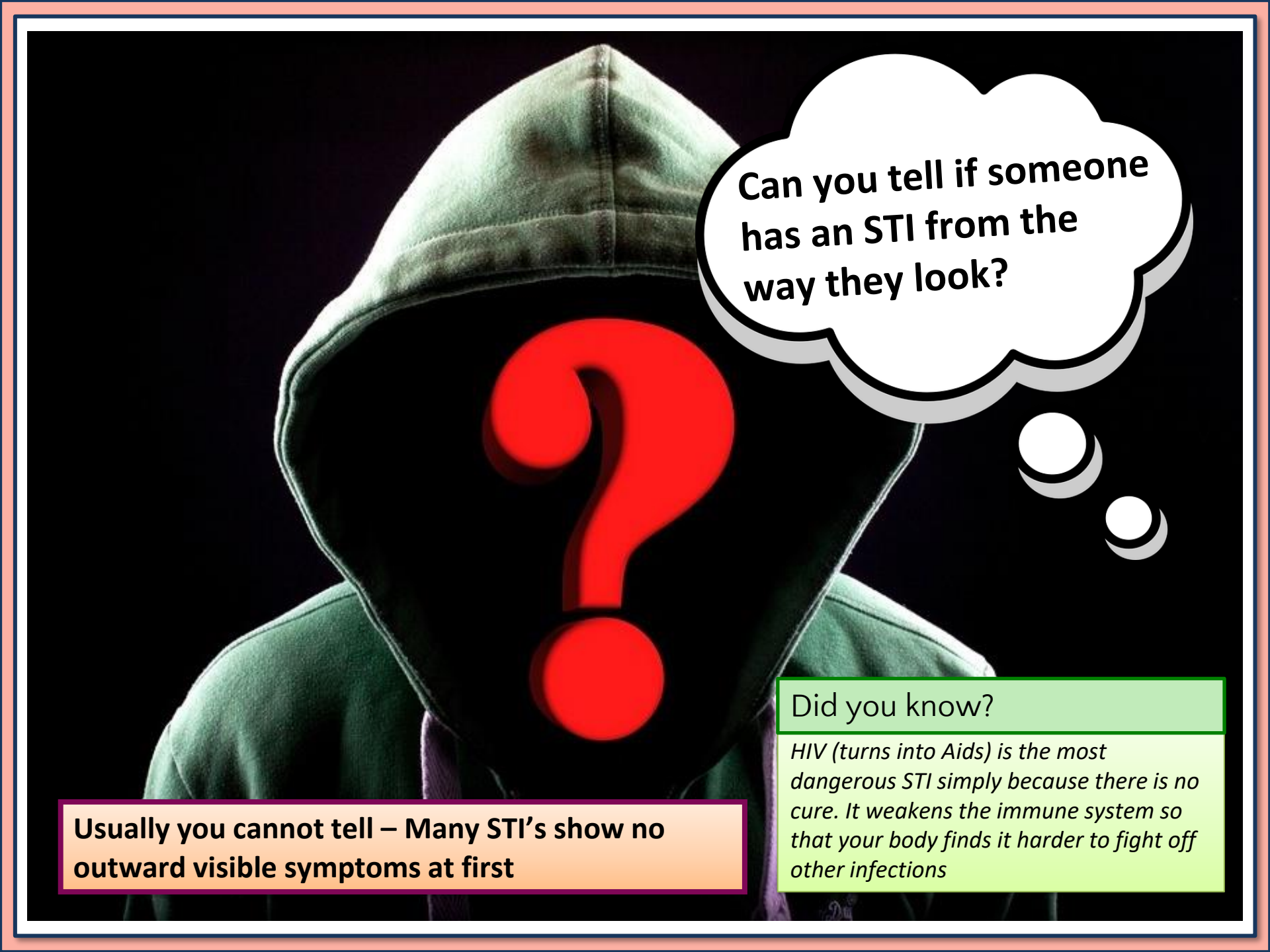
Complete a baseline assessment of where you think you are at for this lesson  
(Discussion or complete sheet)



2 Minutes

←

	I'm not confident at all		I'm getting more confidence		Confident		Very confident		Super confident
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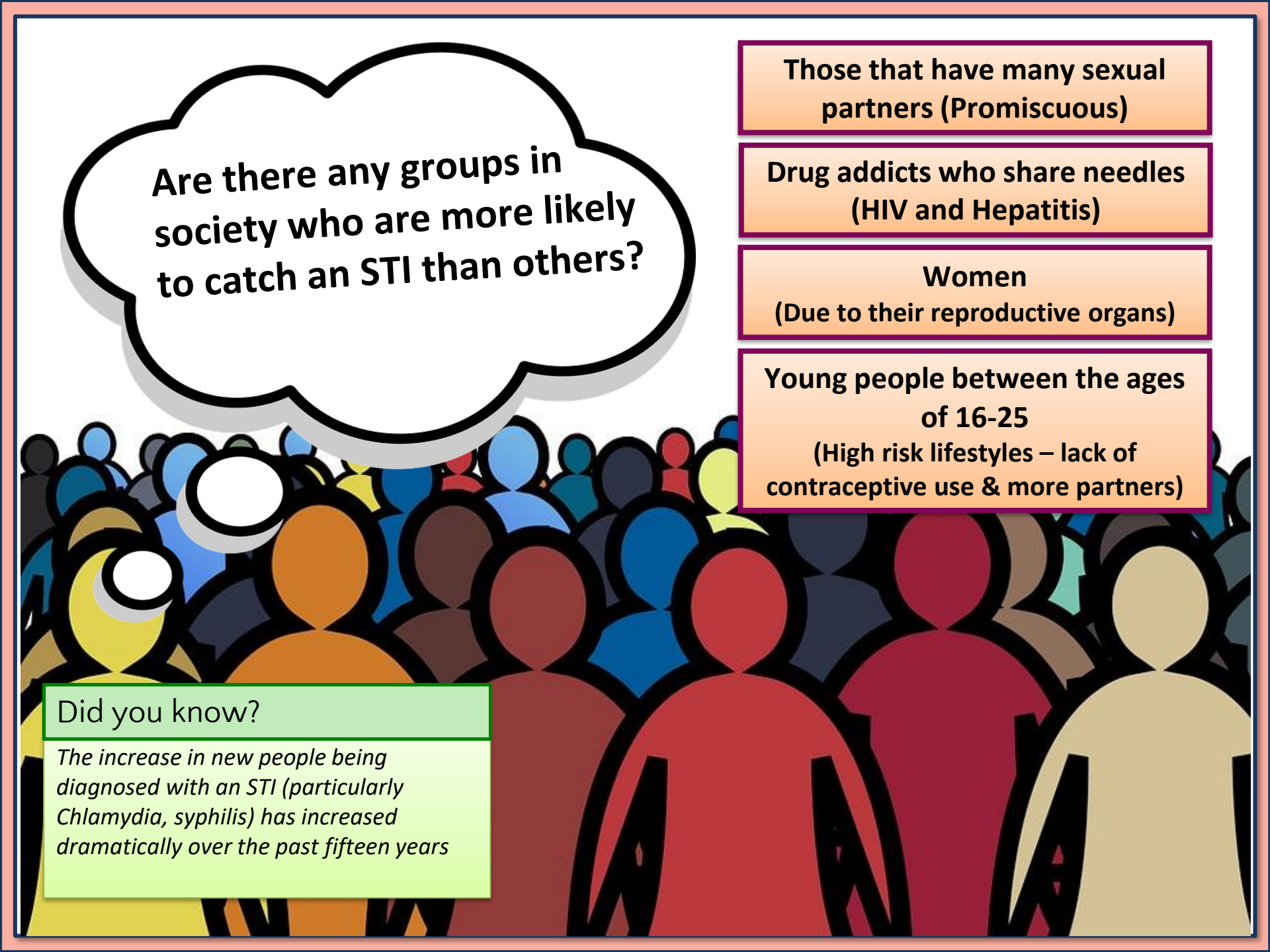
Can you tell if someone has an STI from the way they look?

**Usually you cannot tell – Many STI's show no outward visible symptoms at first**

**Did you know?**

*HIV (turns into Aids) is the most dangerous STI simply because there is no cure. It weakens the immune system so that your body finds it harder to fight off other infections*





**Are there any groups in society who are more likely to catch an STI than others?**

**Those that have many sexual partners (Promiscuous)**

**Drug addicts who share needles (HIV and Hepatitis)**

**Women (Due to their reproductive organs)**

**Young people between the ages of 16-25 (High risk lifestyles – lack of contraceptive use & more partners)**

**Did you know?**

*The increase in new people being diagnosed with an STI (particularly Chlamydia, syphilis) has increased dramatically over the past fifteen years*

## SEXUALLY TRANSMITTED INFECTIONS



A sexually transmitted infection means an infection a person can get from another person when they do something sexual with that person.

You can only get an STI from someone who has one. You may hear 'STD' or 'STI' used out in the world; the 'D' refers to 'disease,' and the 'I' to infection. There are only small differences between them and we will call them STI's



### Did you know?

*Unprotected sex (no barrier method being used) increases greatly your chances of catching an STI's (Chlamydia, syphilis, gonorrhea and HIV)*



## GET TESTED



# Sexually Transmitted Infections and Diseases – FLASH CARDS

STI / STD

Category	Score /10
Prevalence in society	
Curability	
Symptoms:	
➤	
➤	
➤	
➤	
Risk Associated with it...	
➤	
➤	

Viral  Bacterial  Parasitic

Score out of 10  
10 – Top score (Best) 1 = Lowest score (Worst)



Using any resources your teacher has made available (Internet, leaflets, print outs) pick nine STI's and complete a set of flash cards for them

Sexually Transmitted Infections and Diseases – FLASH CARDS

STI / STD	STI / STD	STI / STD	
Category	Score /10	Category	Score /10
Prevalence in society		Prevalence in society	
Curability		Curability	
Symptoms:		Symptoms:	
➤		➤	
➤		➤	
➤		➤	
Risk Associated with it...		Risk Associated with it...	
➤		➤	
➤		➤	
Viral <input type="checkbox"/> Bacterial <input type="checkbox"/> Parasitic <input type="checkbox"/>		Viral <input type="checkbox"/> Bacterial <input type="checkbox"/> Parasitic <input type="checkbox"/>	





# Sexually Transmitted Infections and Diseases – FLASH CARDS

STI / STD

Symptoms:

Long term effects



Treatments...



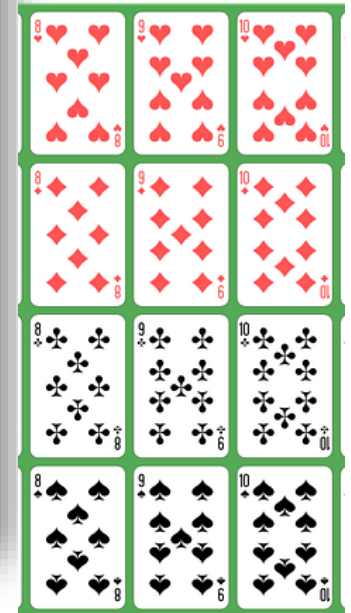
Viral

Bacterial

Parasitic



Using any resources your teacher has made available (Internet, leaflets, print outs) pick nine STI's and complete a set of flash cards for them



# STI's (And Puppy Pictures)



Play video



What thinking is needed? next steps? Where are we now

What is wrong? Is it safe? can it be done?

THINKING

JUDGEMENT

Dr Linsey Doe (Doctor Of Human Sexuality and a clinical sexologist)

**Task:** Pick one or two colours and answer all the related questions



What facts do I know? What else do I need to know? What do I want to know?

How do I feel about this? What don't I like about this? What do I like about this?

Can something be done? New ideas? What are the solutions/suggestions?

INFORMATION

FEELINGS

CREATIVITY



10 Minutes

THINKING  
HATS

Did you know?

Your local G.U.M. clinic ( Genito-Urinary Medicine) is an N.H.S. run clinic and provide confidential advice for all aspects of sexual health.

What barriers stop young people accessing help from sexual health clinics?  
*How can we overcome these?*







### Questions asked

When did you last have sex?

Was the sex unprotected?

Do you have any symptoms?

Why do you think you might be at risk?



### Local Information

Your nearest GUM clinic is .....

Nearest Pharmacy is.....



### Ways to test

Blood test

Urine Sample

Vaginal swab

Examination of genitals, mouth, anus or skin

Swab of the Vagina, throat, rectum, Cervix or Urethra



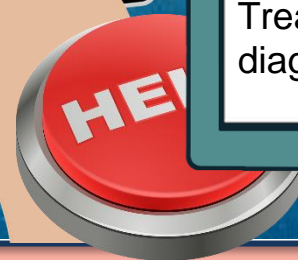
### Services

- Testing & Treatment
- Advice & Information
- Free Condoms
- Pregnancy Testing
- Other forms of Contraception (EC & Pill)
- HIV Testing & PEP Medication
- Hepatitis B Vaccinations
- Abortion Advice
- Referrals to specialists
- Help & Support for sexual assault victims



### What to expect

Confidentiality  
Professionalism  
Qualified advice  
Support  
Treatments  
diagnosis



Sexual Health (GUM) Clinics







**A trusted adult or family member or  
Local pharmacist**

**Sexual Health Clinic  
(GUM Clinic)**

**Your local GP  
(Doctor)**

**A trusted adult at  
school**



**A contraception  
Clinic**

**The NHS Website**

**[https://www.nhs.uk  
/live-well/sexual-  
health/](https://www.nhs.uk/live-well/sexual-health/)**

**Young peoples  
services national  
helpline  
0300 123 7123**

**Under 25's Brook Centers**

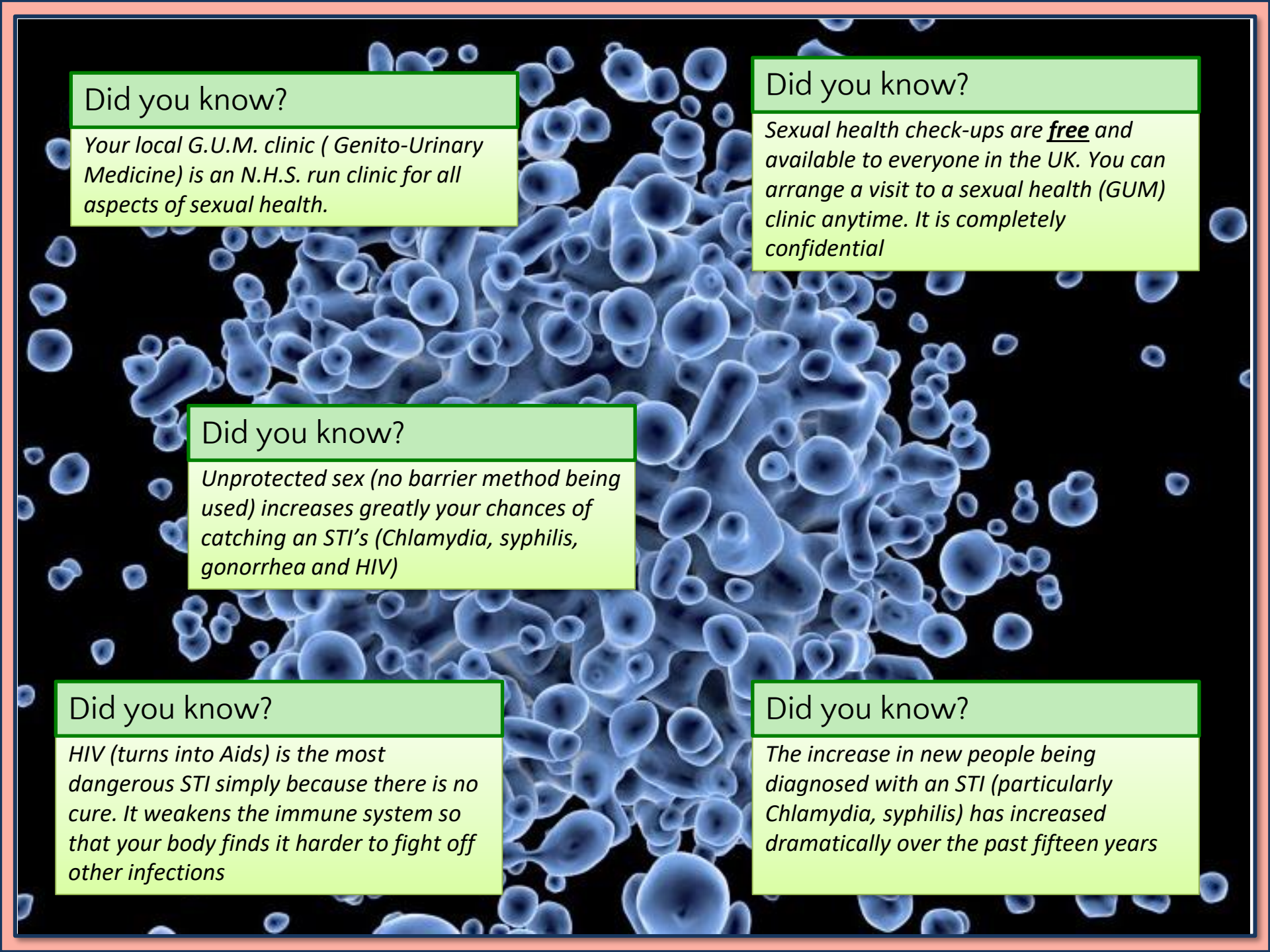
# Myth, Rumour or Fact

**HOW**

**CONFIDENT**

**ARE YOU**

Sexually transmitted infections	1	2	3	4	5	6	7	8	9	10
<b>Statements</b>	<b>AGREE (TRUE)</b>			<b>UNSURE</b>			<b>DISAGREE (FALSE)</b>			
A condom helps to stop STI's										
You cant get an STI the first time you have sex										
Its normal for women to have some vaginal discharge										
HIV can be present in breast milk and semen										
Many STI's can go away without any treatment										
You may have an STI and have no symptoms										
Having an STI and being pregnant could be harmful to the baby										
Going on the pill can prevent you from getting an STI										



### Did you know?

*Your local G.U.M. clinic ( Genito-Urinary Medicine) is an N.H.S. run clinic for all aspects of sexual health.*

### Did you know?

*Sexual health check-ups are **free** and available to everyone in the UK. You can arrange a visit to a sexual health (GUM) clinic anytime. It is completely confidential*

### Did you know?

*Unprotected sex (no barrier method being used) increases greatly your chances of catching an STI's (Chlamydia, syphilis, gonorrhoea and HIV)*

### Did you know?

*HIV (turns into Aids) is the most dangerous STI simply because there is no cure. It weakens the immune system so that your body finds it harder to fight off other infections*

### Did you know?

*The increase in new people being diagnosed with an STI (particularly Chlamydia, syphilis) has increased dramatically over the past fifteen years*

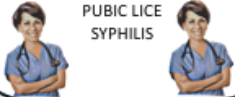


## STI INFORMATION FACT CARDS

### STI INFORMATION

Can be spread through sexual contact, including vaginal sex, anal sex, and oral sex

CHLAMYDIA  
GENITAL HERPES  
HUMAN PAPILLOMAVIRUS (HPV)  
GONORRHEA  
HEPATITIS B HIV/AIDS SCABIES  
PUBIC LICE  
SYPHILIS



### STI INFORMATION

Can be CURED easily?

CHLAMYDIA  
GONORRHEA  
SYPHILIS  
SCABIES  
PUBIC LICE



### STI INFORMATION

You are able to be treated but you are not yet curable

GENITAL HERPES (HPV)  
HEPATITIS B  
HIV/AIDS



### STI INFORMATION

A condom offers really good protection against it

CHLAMYDIA  
GONORRHEA  
HEPATITIS B  
SYPHILIS  
HIV



### STI INFORMATION

One of the MOST COMMON STIs among adolescents in the UK

CHLAMYDIA  
HUMAN PAPILLOMAVIRUS (HPV)  
GONORRHEA  
GENITAL HERPES



### STI INFORMATION

Can be transmitted through Oral sex

CHLAMYDIA  
GONORRHEA  
SYPHILIS  
HPV  
GENITAL HERPES  
HIV  
HEPATITIS B  
PUBIC LICE  
SCABIES



### STI INFORMATION

These can be transmitted via skin to skin contact

GENITAL HERPES  
HPV  
SYPHILIS  
PUBIC LICE  
SCABIES



### STI INFORMATION

It can cause a sore or outbreak of sores within two weeks of catching it

GENITAL HERPES  
SYPHILIS



### STI INFORMATION

It is caused by a parasite or bug (Not bacterial)

SCABIES  
PUBIC LICE



### STI INFORMATION

These have vaccines

HPV  
HEPATITIS B



### STI INFORMATION

These can be detected through a blood test

HERPES  
HEPATITIS B  
HIV/AIDS  
SYPHILIS



Find the Sexually transmitted infection

1 =  
2 =  
3 =  
4 =

What is the most common symptom of an STI?

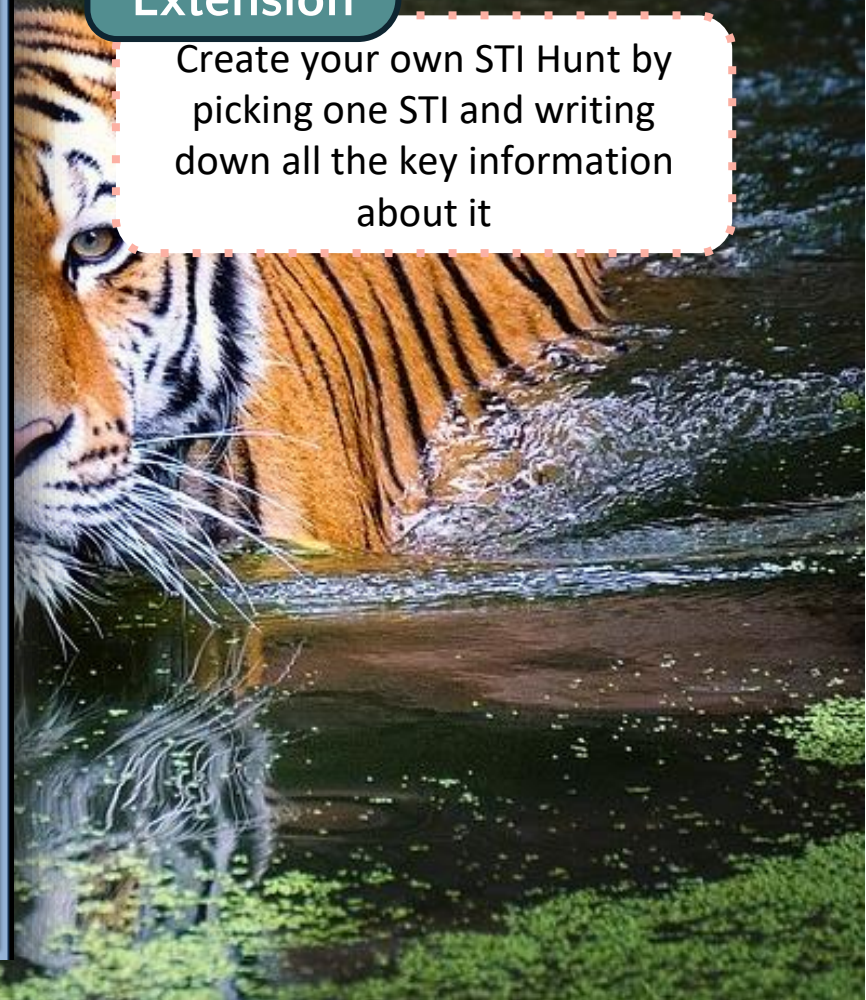
How can you protect against STI's?

## Task

Using the STI information sheet try and solve a few STI hunts....

## Extension

Create your own STI Hunt by picking one STI and writing down all the key information about it





ON THE HUNT– [Click to Reveal]

**No. 1**



ON THE HUNT– [Click to Reveal]

**No. 1**



ON THE HUNT– [Click to Reveal]

**No. 1**



ON THE HUNT– [Click to Reveal]

**No. 1**



10. You do not have a vaccine

10. You do not have a vaccine.

✓ 1 You are spread through sexual contact

1

## **SYPHILIS**

✓  
✓ 10. You do not have a vaccine

✓ You are spread through sexual contact

2

## **Scabies & Pubic Lice**

✓  
✓ 10. You do not have a vaccine.

✓ You are spread through sexual contact,

3

## **AIDS / HIV**

✓

✓ You are spread through sexual contact

4

## **Chlamydia**

✓  
✓ 10. you do not have a vaccine.

L/O: To explore Sexually Transmitted Infections

STIs

extra point if you include the risks and effects of this STI. (1point)

1. Using the booklet write down 3 examples of STIs

2. Explain what sexually transmitted infections are.

Describe a STI in detail. (4 points)

Draw a picture of 4 different STIs and write down the effects. (6 points)

extra point if you have considered the views of others and reached a clear conclusion. (1 point)

Describe Chlamydia? 2 points

3. Choose the activities you would like to do. Each question is worth points. You need to get to 26 points.

Create an activity which would help someone learn about STIs. (8 points)

Liliana should have sex with her boyfriend without a condom. She won't get a STI because he has only had sex with one other person. Do you agree? (8 points)

What are common STI symptoms? (2 points)

extra point if you discuss why this is an serious issue.

The number of people being tested for STIs has risen considerably over the past 5 years. Explain why this is. (6 points)

How can you tell if you have a STI? (4 points)

4. Write down 2 pieces of advice you would give someone who feels pressurised into having sex without a condom.

Total number of points.....



"Having unprotected sex with someone is one of the most careless things you can do"

## Talking points

- I think that ...
- I don't think... is right because...
- My opinion is...
- I would argue the same because...
- I disagree with... because
- Building on what ....
- An alternate way of looking at this is...
- I sort of agree, however....
- In my view...
- I would challenge what... said because ...

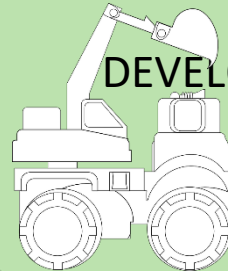
AGREE



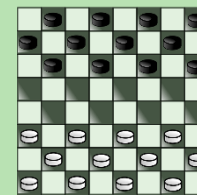
DISAGREE



DEVELOP



CHALLENGE



ALTERNATE IDEA





# SPLAT – TEAM CHALLENGE

1. The class is split in two – Nominate a player
2. Teacher will read out a definition or ask a question
3. The first nominated player to fly-swat / 'splat' the correct answer on the board gets the point. (hold it over the splat)
4. Teams may help their players

GUM Clinic

Bacterial

Barrier method

HIV and AIDS

Chlamydia

Condom

Confidential advice

Contraception

Ovulation

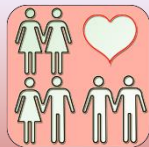
Pregnancy

The Pill

No symptoms

Pubic Lice

# LEARNING OUTCOMES



# STOP!






**Let us review our learning outcomes for this lesson**  
**Knowledge, Skills & Actions**

**PAIR & SHARE**

ASSESSMENT FOR LEARNING

## Confidence Checker



AFTER THE LEARNING	1	2	3	4	5	6	7	8	9	10
	NOT CONFIDENT				CONFIDENT				VERY CONFIDENT	
I can name a wide range of STI's										
I understand the key symptoms and risks associated with different STI's										
I understand the important role GUM clinics perform and what to expect from one										



Complete the confidence checker of where you think you are at for this lesson (Discussion or complete sheet)



**3 Minutes**



	I'm not confident at all		I'm getting more confidence		Confident		Very confident		Super confident
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IMPORTANT INFORMATION

# SEEKING SUPPORT

Enjoy the lesson, Challenge your perceptions and understand how to seek further advice and support

IMPORTANT INFORMATION

FOR MORE INFORMATION ABOUT THE TOPICS COVERED IN THIS UNIT WE WOULD ADVISE ONE OF THE BELOW:

SPEAK TO YOUR PARENTS/GUARDIANS OR HEAD OF YEAR, TRUSTED ADULT OR FRIEND IF YOU HAVE ANY CONCERNS ABOUT YOURSELF OR SOMEONE YOU KNOW - IT IS ALWAYS IMPORTANT TO TELL SOMEONE!

VISIT THE BROOKE WEBSITE <https://www.brook.org.uk/> FOR ADDITIONAL SUPPORT ON SEXUAL HEALTH AND WELLBEING FOR UNDER 25s

SPECIFIC FURTHER INFORMATION ON THIS TOPIC CAN BE FOUND HERE:

- some pharmacies
- a sexual health clinic (GUM clinic)
- a contraception clinic
- some young people's services - call the national sexual health helpline on 0300 123 7123 for details
- Brook centers - for under-25s
- GP surgeries
- NHS Website <https://www.nhs.uk/live-well/sexual-health/>



2 Minutes

SIGNPOSTING SUPPORT

HELP & SUPPORT SERVICES

FURTHER INFORMATION



# REFLECTION PLENARY

I know if I need further support or help I could speak to.... or contact...

Before I could/would say and do ... but now I feel I am able to say

Before I only knew ... now I also know ...

I supported others by...

One thing I didn't realise was... now I know that...

The key words for this lesson are...

I always knew ... but now I can see how it connects to...

The most important thing I have learnt today is...

I'm really proud of the way I have...

I used to feel ... but I now feel ..

I would like to learn...

A question I would like to ask is...

Before I thought that ... but now I realise..

One assumption of mine that was challenged

Today I have tried to...

Next lesson I would like to..

Before I would have done... Now I will ...

Before I would have said ... but now I will say...

A problem I overcame today was...

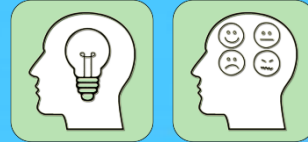
2 Minutes





**REFER TO MINDFULNESS**

**▶▶▶ POWERPOINT**



Time for a little something extra?

?? Minutes

