



Title: Dealing with Conflict

DATE:

Ready to Learn Reminders

- Sit in the seating plan.
- Take your coat/hat/scarf off.
- Get equipment out (including green pen).
- Write title, date, subheading and underline – keep your book beautiful!
- Complete DNA in silence.



Do Now Activity

Retrieval

Practice

Starter



EFFECTIVE GROUND RULES

CREATIVE CURRICULUM

PSHE

EFFECTIVE GROUND RULES

CREATIVE CURRICULUM

Show respect

- By listening
- Not interrupting
- Only 1 person talking at a time

Be open and honest but **no personal comments** – Discussions will be about **'general situations'**

Don't make assumptions about people's values, attitudes, behaviours, life experiences or feelings

You don't have to say things about yourself if you don't want to (**You have the right to pass**)

PSHE CLASSROOM RULES DEALING WITH SENSITIVE TOPICS

There are **no stupid questions**. A question box for anonymous Questions

It's OK to get things wrong

SAFEGUARDING YOUR WELFARE & HAVING YOUR INTERESTS AT HEART

Have a **non-judgemental approach**. No put downs and challenge the opinion not the person

Enjoy the lesson, Challenge your perceptions and **understand how to seek further advice and support**

Use the agreed appropriate Language (**Avoid slang terms**)

Don't show the fact you are embarrassed through silliness

Conversations stay in the room unless it is a **safeguarding issue**



Conflict and how to manage it



ASSESSMENT FOR LEARNING

BASELINE CONFIDENCE CHECKER



BEFORE THE LEARNING	1	2	3	4	5	6	7	8	9	10
		NOT CONFIDENT				CONFIDENT			VERY CONFIDENT	
I know a range of conflict management strategies										
I understand the different causes of conflict										
I would be confident in diffusing future conflicts I may have in my relationships										



Complete a baseline assessment of where you think you are at for this lesson
(Discussion or complete sheet)



2 Minutes

←

	I'm not confident at all		I'm getting more confidence		Confident		Very confident		Super confident
--	--------------------------	--	-----------------------------	--	-----------	--	----------------	--	-----------------

PAIR &
SHARE

THOUGHTS &
FEELINGS

DID?

MIGHT?

COULD?

CAN? /
WILL?

IS?
DOES?

SECOND

HOW?

WHAT?

WHERE?

WHO?

WHY?

FIRST



Using the grid above come up with
three questions about the image

2 Minutes



NEW KEY TERM

International and Domestic Conflicts

CONFLICT

A physical or verbal disagreement between two or more people/countries. This can be caused by a single act or actions built up over time.



Synonym:

Fight

In a sentence:

In Syria, President Assad is in **conflict** with his own people who demand Human Rights

Exam technique:

What causes conflict to occur?
How can we prevent conflict from happening?

NEW KEY TERM

International and Domestic Conflicts

DIVORCE

A legal separation of a married couple by a court or other competent body.



Synonym:

Break up

In a sentence:

Recently my parents got a **divorce** and now my dad has moved out and I stay at his house every weekend.

Exam technique:

What factors can cause a divorce?
Can divorce sometimes be a good thing?
What makes a happy marriage?

1



2



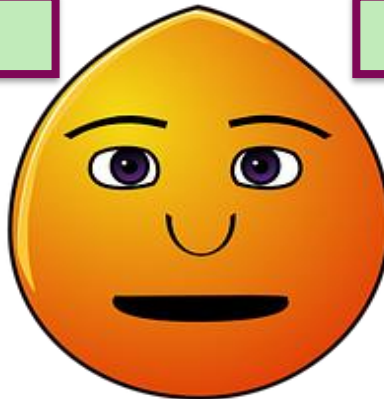
3



4



5



6



7



8



9



Come up with something that makes you feel each one of these stages.

E.G. 3 = Passing a test
9= A bird pooing on your head





What can cause conflict in a relationship or even a friendship?

Conflict Resolution



Play video



What thinking is needed? next steps? Where are we now

What is wrong? Is it safe? can it be done?

THINKING

JUDGEMENT

BrainPop Conflict Resolution Video

Task: Pick one or two colours and answer all the related questions



What facts do I know? What else do I need to know? What do I want to know?

INFORMATION



How do I feel about this? What don't I like about this? What do I like about this?

FEELINGS



Can something be done? New ideas? What are the solutions/suggestions?

CREATIVITY



5 Minutes

THINKING
HATS

Sad

Frustrated

Where do you stand?

Angry

Annoyed

Jealous

Upset

Happy

1. Your brother is getting more pocket money than you.
2. You find out your parents are going to ground you unfairly.
3. Your family moves to a new house and you get the small bedroom.
4. Your curfew is earlier than you want.
5. You have a disagreement with a classmate over something you believe they have said about you.
6. You have a disagreement with a teacher over being accused of doing something you really didn't do!

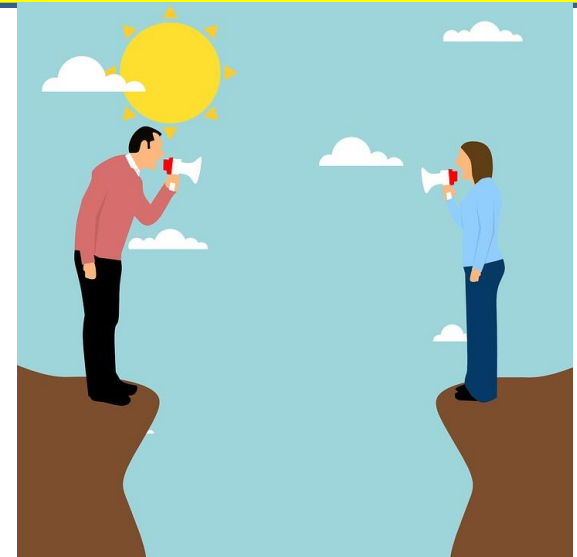
Pick a statement and explain the cause of the conflict.

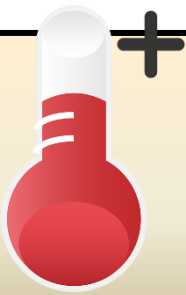
Explain how you would feel/ what you would do.

Explain how you could solve the conflict.

CHALLENGE” Describe the possible positive and negative outcomes/solutions

Extension- Repeat for another statement





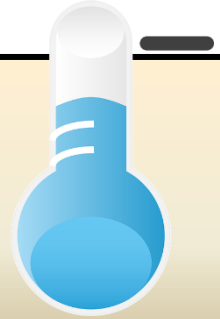
HOT



Highly emotional: Angry & aggressive, shouting & loss of control, colourful language

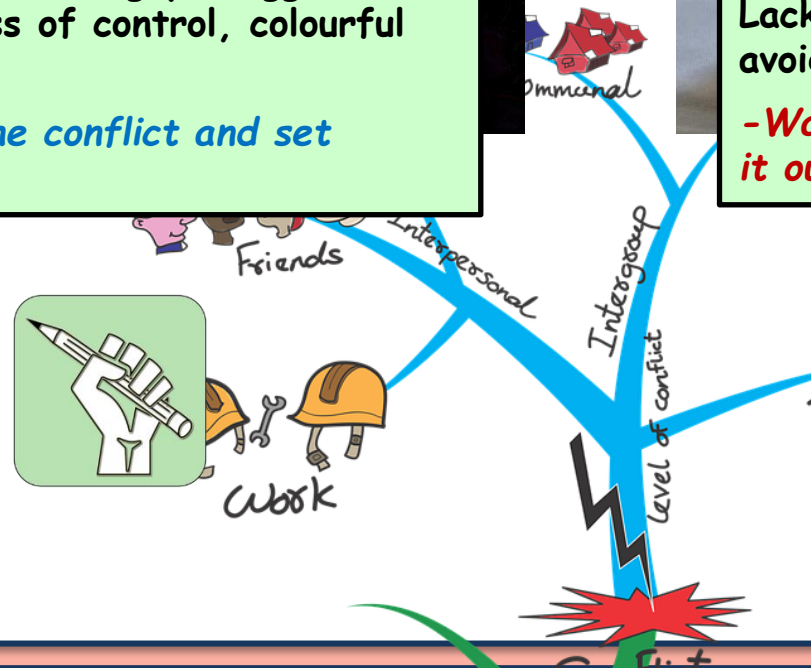
-Cool down the conflict and set ground rules

COLD



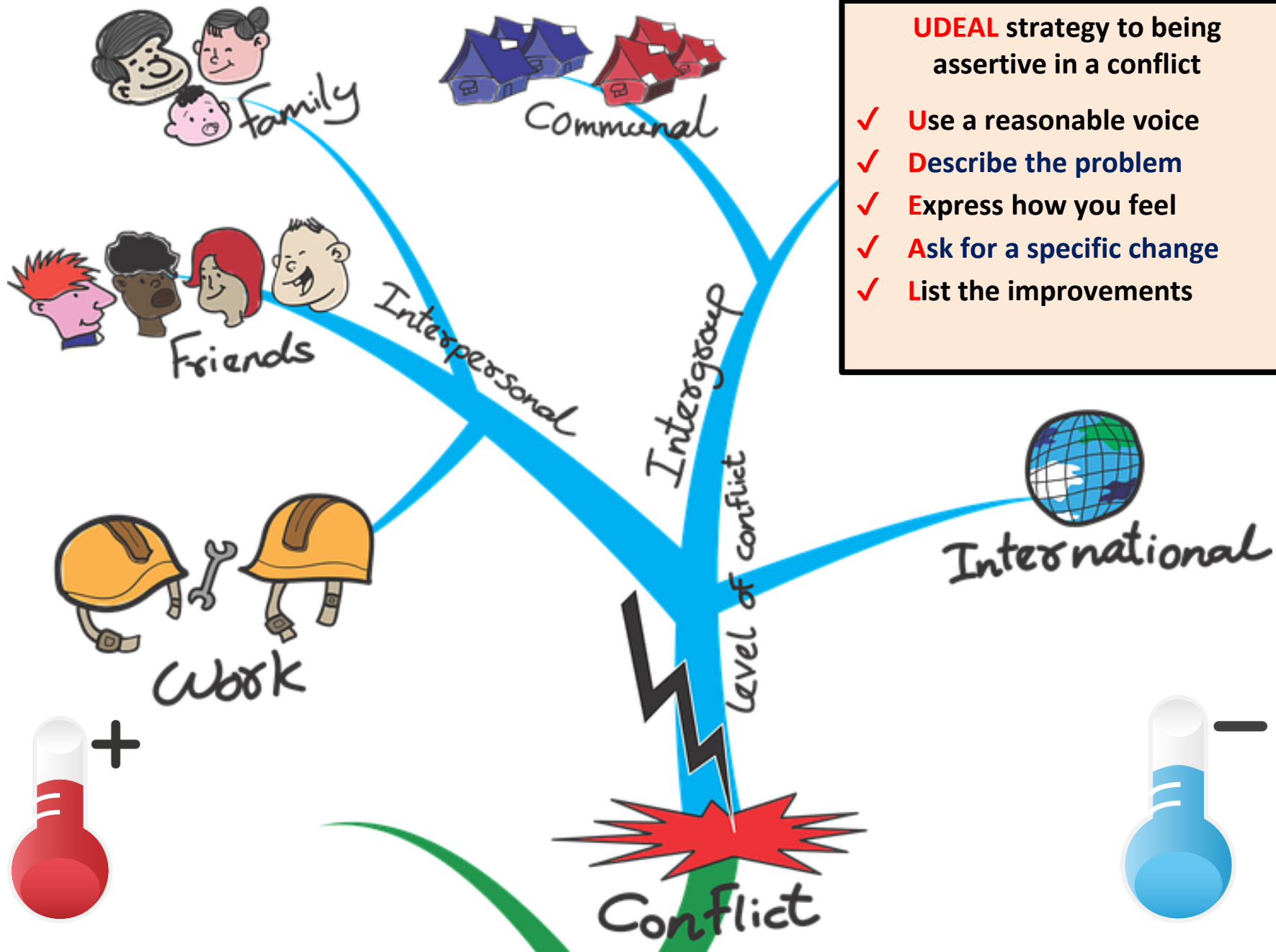
Lack of emotion: Passive, quiet, avoidance, withdrawn, muttering

-Warm up the conflict a little to thaw it out



Conflict Resolution scenarios

Task: Pick an area from the tree and a temperature and come up with a conflict – the class will then try to solve it



Conflict resolution ideas

Cool off and take 10 before you say something you might regret. Take deep breaths and never say something when you are angry.

Find out what has upset the other person. Listen to what they have to say

Get advice from people outside the conflict that you trust and respect

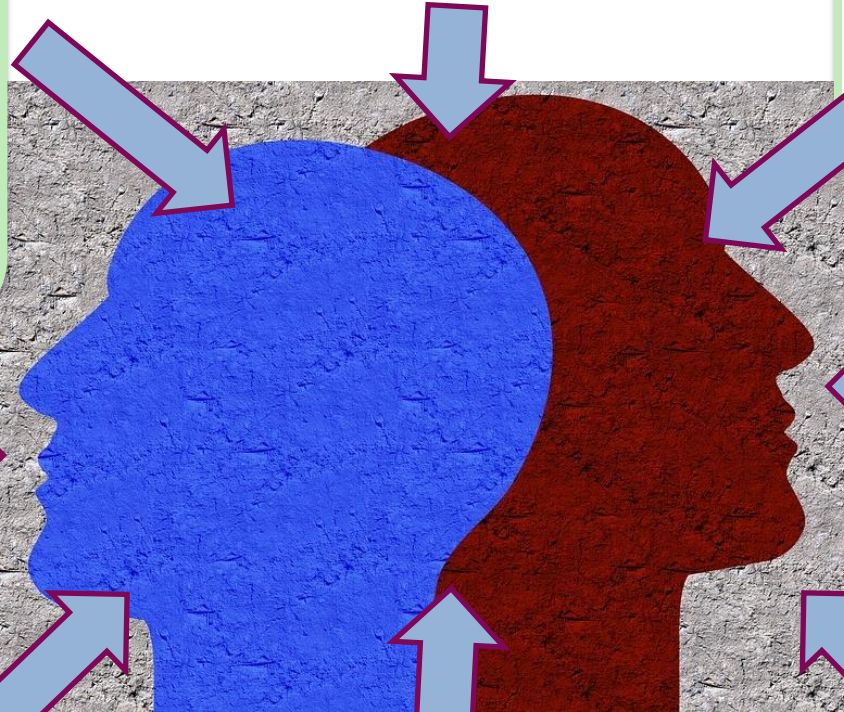
Stop walk and talk
(Share and take turns to talk)

Agree to a win win solution if possible

Try to be accommodating and compromising

Try to get someone to help mediate the conflict if you are unable to do it yourselves. In law this would be mediation, conciliation or even going to court!

Confront the root cause of the issue



You are less likely to get conflict in any type of relationship if the core values of both people in the relationship are the same!!

Integrity

**Honesty
and
Trust**

Sharing

Ambition

**What are your
core values?**

Support

Creativity

Kindness

Enjoyment

Conflict in Relationships

“Sometimes it lasts in love but sometimes it hurts instead”

Love can be a gamble is it worth taking?



- How would you respond if your partner told you this?

Your skirt is too long – go and change!

Why don't you eat more healthily and go to the gym more?

You opened my snap but didn't reply – who else are you talking to?

You promised to see me tonight. Tell your friends your busy

Tell your parents you're staying at a friend's and come to a party with me instead

Forget your homework – spend time with me instead!

Why didn't you message me as soon as you woke up?

How would you respond if your partner told you this?

Task: Pick a scenario and role play it with a partner



“It is always better to avoid conflict if you can”

Talking points

- I think that ...
- I don't think... is right because...
- My opinion is...
- I would argue the same because...
- I disagree with... because
- Building on what ...
- An alternate way of looking at this is...
- I sort of agree, however....
- In my view...
- I would challenge what... said because ...

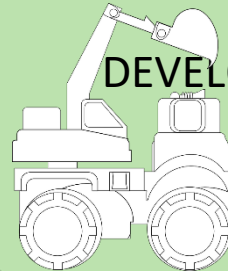
AGREE



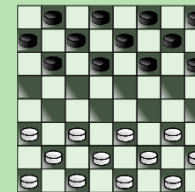
DISAGREE



DEVELOP



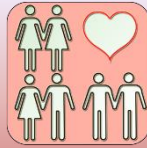
CHALLENGE



ALTERNATE IDEA



LEARNING OUTCOMES



STOP!






Let us review our learning outcomes for this lesson
Knowledge, Skills & Actions

PAIR & SHARE

ASSESSMENT FOR LEARNING

Confidence Checker



AFTER THE LEARNING	1	2	3	4	5	6	7	8	9	10
	NOT CONFIDENT				CONFIDENT				VERY CONFIDENT	
I know a range of conflict management strategies										
I understand the different causes of conflict										
I would be confident in diffusing future conflicts I may have in my relationships										



Complete the confidence checker of where you think you are at for this lesson (Discussion or complete sheet)



3 Minutes

	I'm not confident at all		I'm getting more confidence		Confident		Very confident		Super confident
--	--------------------------	---	-----------------------------	---	-----------	---	----------------	---	-----------------

IMPORTANT INFORMATION

SEEKING SUPPORT

Enjoy the lesson, Challenge your perceptions and understand how to seek further advice and support

IMPORTANT INFORMATION

FOR MORE INFORMATION ABOUT THE TOPICS COVERED IN THIS UNIT WE WOULD ADVISE ONE OF THE BELOW:

SPEAK TO YOUR PARENTS/GUARDIANS OR HEAD OF YEAR, TRUSTED ADULT OR FRIEND IF YOU HAVE ANY CONCERNS ABOUT YOURSELF OR SOMEONE YOU KNOW - IT IS ALWAYS IMPORTANT TO TELL SOMEONE!

SUBMIT ANNONYMOUS QUESTION TO <https://riseabove.org.uk/wall/>
VISIT THE BROOKE WEBSITE <https://www.brook.org.uk/> FOR ADDITIONAL SUPPORT ON SEXUAL HEALTH AND WELLBEING FOR UNDER 25s

SPECIFIC FURTHER INFORMATION ON THIS TOPIC CAN BE FOUND HERE:

-
-
-
-



2 Minutes

SIGNPOSTING SUPPORT

HELP & SUPPORT SERVICES

FURTHER INFORMATION



REFLECTION PLENARY

I know if I need further support or help I could speak to.... or contact...

Before I could/would say and do ... but now I feel I am able to say

Before I only knew ... now I also know ...

I supported others by...

One thing I didn't realise was... now I know that...

The key words for this lesson are...

I always knew ... but now I can see how it connects to...

The most important thing I have learnt today is...

I'm really proud of the way I have...

I used to feel ... but I now feel ..

I would like to learn...

A question I would like to ask is...

Before I thought that ... but now I realise..

One assumption of mine that was challenged

Today I have tried to...

Next lesson I would like to..

Before I would have done... Now I will ...

Before I would have said ... but now I will say...

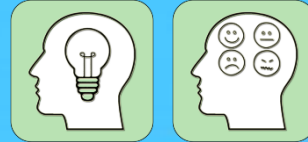
A problem I overcame today was...

2 Minutes



REFER TO MINDFULNESS

▶▶▶ POWERPOINT



Time for a little something extra?

?? Minutes

