

# **Enfield Grammar School**



The Duke of Edinburgh's Award Programme

Year 10
Start your
Bronze DofE at
Enfield Grammar School



### **Meet Your DofE Team**

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Mrs Field – DofE Manager
Mr Smith – DofE Assistant Manager
Mr Wragg – DofE Leader, Assistant Headteacher
Ms Miller – Teaching Assistant

They are <u>all</u> qualified **Expedition Supervisors & Assessors**Mrs Faverjon - SLT

Many staff in school will support students who are on the DofE programme and assist in assessing their sections;

- The PE Dept (Sports)
- Mr Reddy (DT)
- Mrs Rudolph (Library & Book Clubs)
- Mrs King (Science Technician)
- Mr A Trew-Walker (Science)
- Mrs Broadley (Cooking)
- Mrs Culora (Wellbeing)
- Mr Smith (First Aid)
- Mrs Field (Gardening Club)
- Form Tutors
- Music Dept
- School Kitchen



65% of students appreciate





What is the DofE?

The DofE is the world's leading achievement award for young people.

It's about going the extra mile – learning new skills for work and life, getting fitter, making a difference and broadening your horizons.

- Non-competitive
- Achievable by all
- Voluntary
- Personal development
- Personalised
- Balanced
- Progressive
- Achievement focused
- Demand commitment
- Fun





### **Bronze Award**



There's loads of activities to choose from — most activities can count towards a DofE programme. Take a look at the website for ideas: DofE.org/do/activities.

- Activities could be something that young people are already doing or something completely new. Weekend, lunch and after school clubs and activities will count.
- Minimum of one hour a week per section. A whole programme will take a minimum of six months to complete.
- A chosen Assessor will need to write a short statement when they've finished each section. This could be a family friend, neighbour, coach or teacher (not a relative).

Ŧ	Volunteering	Physical	Skills	Expedition		
Bronze (Year 9+)	3 months	3 months	3 months	2 days 1 night		
Bronz	Plus a further <b>3 months</b> in either the Volunteering, Physical or Skills section					



### Volunteering

Volunteering's all about taking action and making a difference to other people's lives.

From coaching a local football team or collecting for a foodbank to starting a campaign, young people will give up their time to help others and change things for the better.

It's extremely rewarding, grows confidence and independence — and can enable a young person to experience the world of work too.

Young people must not be replacing paid labour i.e. they cannot volunteer for commercial organisations.

**Volunteering in school:** helping in the kitchen, litter-picking in the playgrounds, Pupil Librarian, Wellbeing Ambassador, assisting gardening club



Over

3/4

Feel happier because volunteering gave them more confidence

96%

Say volunteering gave them a sense of achievement

Believe volunteering helps them feel more satisfied in life



### **Physical**







This might be the push needed for a young person to try something completely different or concentrate and improve on something they are already doing.

From yoga to going to the gym, skateboarding to wheelchair tennis — almost any dance, sport or fitness activity can count.

And doing more physical activity can help support mental health.

Young people can join a team or do it on their own — it's up to them!

Physical in school: join the football or basketball clubs, join the gym



### **Skills**

From coding to cookery, the Skills section lets young people learn a new talent, develop existing skills and discover new things to love.

By developing practical and social skills and gaining interests and talents, young people will enjoy themselves and get a real sense of achievement.

If they're interested in a specific field, this could be the perfect chance to do something related to it.

They'll grow their confidence and show they're committed, motivated and can rise to a challenge.

**Running Mentoring DIY Cooking Yoga Photography Wii Fit Coding Guitar playing Knitting Cycling Sign language Gardening Walking Painting Circuits Quizzing Jogging Campaigning Money management Vlogging YouTube fitness Dancing** Helping neighbours Dog-walking **#DofEWithADifference Languages Tutoring Singing Martial arts Sewing Pilates Crafting Blogging App design Filmmaking Combatting Ioneliness Cyber safety Family tree research** Online learning Foodbank collection Website building Book reviewing First aid Aerobics Driving skills **Programming Skateboarding** 

**Skills in school:** instrumental music lessons, cooking, gardening



# **Expedition**

Getting into the great outdoors & spending a night away with friends;

A DofE expedition will give young people lifelong memories.

As part of a small team, they will plan their aim and go on a training expedition (overnight) to make sure they're prepared and know what they are doing: routes, navigation, equipment, cooking & nutrition, first aid, safety, rehydration — then spend two days and one night away on their qualifying expedition.

The expedition will improve resilience, communication, teamwork and leadership skills. They might come home with a rucksack full of washing — and experiences they won't forget.



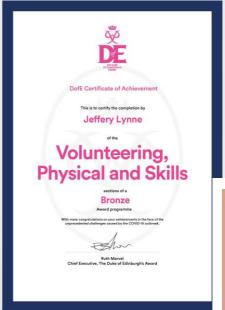
### **DofE Achievement**



Completing all sections will lead to the young person receiving their Bronze Certificate and badge.

Participants who do not complete ALL sections (volunteering, physical, skills, expedition) can still receive a certificate for the sections that they achieve, but it will not be the full award.

The full Bronze Certificate can act as a talking point on a CV or in a personal statement and help young people to stand out with university and job applications









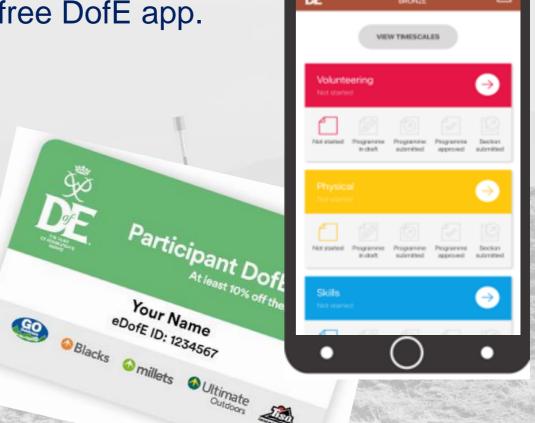
# Your Welcome Pack & eDofE



Once you've signed up to do your DofE, you'll get your own eDofE account, so you can start planning your activities online and using the free DofE app.

When you've added your home address, you'll be sent your Welcome Pack – with lots of information and advice, as well as your personalised DofE Card.

Your DofE Card will give you and your family exclusive discounts in the DofE's recommended retailers.





### The DofE App

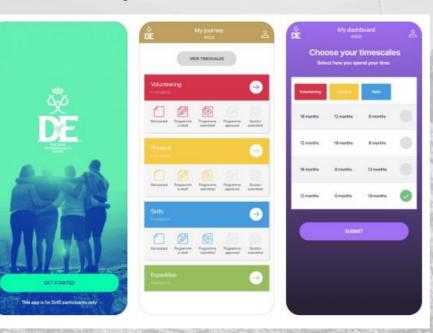


The DofE app is available for free from the App Store on iPhones and Google Play on Android phones.

Participants can use the DofE app to plan activities, get approval from Leaders, record evidence, submit programmes for completion and more.

Plus, it can sync important dates to your phone calendar and add the personalised DofE Card to the digital wallet, so you can make the most of the exclusive

discounts.





### **Assessor's Reports**



Once a young person has completed their time requirement for a section, they need to obtain an Assessor's Report.

The Assessor's Report needs to be completed by the Assessor.

(e.g. Leader, teacher, coach etc.).

It can be written by hand using the report card in the young person's Welcome Pack (which they will receive in the post when they first enroll), or via the DofE Assessor portal at DofE.org/Assessor.

#### Welcome Pack

ottu .		<i>F</i>	Assessor porta		
<b>∞</b> Ø	Participant:		, 1000000 p 0110.		
ASSESSOR'S REPORT	eDofE ID No:				
VOLUNTEERING	Level: Bronze		A A A A A A A A A A A A A A A A A A A		
Description of activity:		Assessor's Report			
Date started:// Cor	mpleted:/_	As an Assessor you can add your report directly into the participant's online aCottl account here.			
Goals set by participant:			THE WAY		
Assessor's comments:					
Please write as much as possible, talking about to What you write will celebrate the achievement of record of their DofE programme. Please note: the scanned and stored by the DofE as part of its rec share your personal data with third parties.	the young person and information you have ;	All you need is the participant's eDofE ID number, their Award level (Bronze, Silver or Gold) and the section you are them for (Volunteering, Physical, Skill, Expedition or Residential), Please ask the young person you have been supp these details. The young person must have entered their section details in eDofE before you can submit your report your comments automatically go to the participant's DofE Leader for approval before being added to the participation of th			
What progress did they make towards	their goals?				
What did they achieve, what skills did	they learn?				
How frequently did they take part in this activity?		Note: If you have a problem with the CAPTCHA code, please use a different device/hetwork/browser and this should issue. If not, please contact edofe@DofE.org.			
		Participant's ID number	What to include in your Assessor's Re		
Any other comments?		*Level	<ul> <li>Download a checklist of the informative rifer will look for when reading your Please try to include as much of this in possible in your report.</li> </ul>		
Signature:		* Section you are assessing	Please describe the achievements of ti		
Assessor's first name:	Last name:	_	participant as they undertook this sect they met their goals, what skill they ha		
Assessor's position/qualification:		I'm not a robot	developed and mention any memorals that they accomplished.		
Assessor's phone number:		7100 100			
Assessor's email:			<ul> <li>Please include the start and end dates which the young person undertook th</li> </ul>		
Participants should scan or photograph this pa	ge and upload to eDol		<ul> <li>Expedition Assessors: Please include ye accreditation number and (if applicable expedition notification number in your</li> </ul>		
			- Download a summary of what to inclu		



### **Parental Role**



#### **Guidance**

Provide guidance and support on activities, kit and Assessor choices.

#### **Encouragement**

 It can be challenging to keep the motivation going, especially over some of the longer timeframes.

#### **Expedition support**

You may be required to drop off/collect from expeditions...
 and also wash the kit when it comes home!

#### Reminders

 Keep them on track with their activities, particularly those which are being done from home.

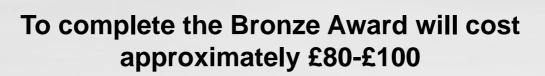
#### Recognise their achievements

 We hope all organisations will recognise the amazing achievement, and it is just as important to receive that recognition from family members.





### Costs





#### This includes:

- DofE Registration & Welcome Pack (DofE charge)
- Staff Assessors & support through the year
- Practice weekend: staffing, venue booking for overnight stay, training on all skills required, minibus transport support, plus staff that are trained and qualified in: first-aid expedition, lowland walking, expedition supervision
- Qualifying Expedition: staffing, venue booking for overnight stay, training on all skills required, minibus transport support, plus staff that are trained and qualified in: first-aid expedition, lowland walking, expedition supervision
- Equipment Loan: we have a limited stock of some equipment if you do not have it
  or are unable to purchase it; rucksacks, sleeping bags, roll mats PLUS we supply all
  the group kit; cookers & fuel, maps, compasses, first aid kits, safety whistle, storm
  shelter, survival bag etc

The cost shown above does not include any specialist clothing, kit or equipment that you may wish to purchase.

\*\*If the cost is an issue - please speak to us \*\*



### Why do the DofE?



So, why should your son do their DofE?

It's hard to list all the benefits of achieving a DofE Award, so here's a quick snapshot. They'll...

- Have lots of fun and hopefully become healthier and happier
- Meet incredible people and make lasting friendships
- Have amazing new experiences & make memories
- Become more confident and independent
- Find talents you didn't know they had
- Gain skills that employers' value, which they can reference on their CV
- Stand out from the crowd in college, university and job applications
  - DofE on your CV is a big bonus!



"As an actor I know how much Award holders' experiences and the skills they've developed matter. Without determination and passion I wouldn't be where I am today."

Benedict Cumberbatch, actor.



"Life doesn't naturally happen; you've got to get involved. What better way to do that than do your DofE. As an employer I want to work with people who have a range of skills and can see things through."

**Deborah Meaden**, entrepreneur & Dragons' Den investor



# **Our Expectations**

We want the DofE programme to run as well as it can and enjoyable for all participants and all our staff volunteers, therefore, we will expect our **students to be**;

 Willing, motivated & enthusiastic about taking part and completing this award

Patient as all things take time and to persevere (& ask for support)
if they start to struggle with something or are just unsure of

anything

Polite to staff volunteers and their peers

- Well-behaved during any DofE sessions
- Attend all necessary DofE sessions





Please be aware that if they do not complete all 3 sections, do not ttend our DofE support sessions and/or their behaviour throughout has not been acceptable, then it will be unlikely that they will be able to come on the expedition



## **Next Steps**



If your mind is already made up and you want to do it......Find your name on one
of the sheets and tick that you want to enrol.

Or you can go away tonight to think or talk about it as Mrs Field will email a link to the **DofE Bronze Award Enrolment Google Form** tomorrow, to **all** of you that are on the sheets.

The deadline date for enrolling is 6 October.

- The Google Form includes permissions for Use of Images this is important to have as we document all the trips and sessions.
- The enrolment fee of £26 will be put on your ParentPay account from 7 October and MUST be paid no later than 11 October.
- Once payments have been made, we will order the Bronze DofE Welcome Packs.



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THE DUKE OF EDINBURGH'S AWARD

The Duke of Edinburgh's Award Programme

