

## London Youth Games 2021/22 – Cross Country Event

### Team Enfield – Event Date Saturday 20<sup>th</sup> Nov 2021 at Parliament Hill

Event for the following ages:

Age Categories	Event Distance	Oldest DOB	Youngest DOB	Likely School Year
Under 11's	1500m	01/09/2010	31/08/2011	Yr 6
Under 13's	2000m	01/09/2008	31/08/2010	Some Yr 6, 7 & 8
Under 15's	Girls 2000m Boys 3000m	01/09/2006	31/08/2008	Yr 9 & 10
Under 17's	Girls 3000m Boys 4500m	01/09/2004	31/08/2006	Yr 11 & 12

#### How to enter and run for Enfield

To be able to represent Team Enfield at the London Youth Games cross country event, you need to either live in or go to school in the Borough of Enfield. We will choose the team based on the fastest times for a:

- 5km Parkrun for age categories U13, U15 & U17
- 2km Junior Parkrun for age category U11
- For age category U11, if you took part in the Schools Cross country event at Forty Hall on Friday 8<sup>th</sup> October, you may submit this time as an alternative to taking part in a Junior Parkrun.

**To submit your interest in being in Team Enfield, you need to do the following;**

**Step 1** - Register and have attended at least one Parkrun event in or close to Enfield between Saturday 4 September and Saturday 30 October 2021.

**5k Parkruns** take place every Saturday at 9am. See links below for Parkrun locations in or close to Enfield;

Grovelands Park Run - <http://www.parkrun.org.uk/grovelands/>

Pymmes Park Run - <http://www.parkrun.org.uk/pymmes/>

Gunpowder Park Run - <https://www.parkrun.org.uk/gunpowder/>

**2k Junior Parkrun** takes place every Sunday at 9am at Enfield Town Park.

Enfield Town Park - <https://www.parkrun.org.uk/enfieldtown-juniors/>

**Step 2** – Complete the registration form and parental consent form via the link below, also include your quickest time achieved in a Park Run during the required dates, please include the venue and date of the run, so that we can check it on the Park Run website. Please complete the registration form and parental consent by **12pm on Wednesday 3<sup>rd</sup> November 2021**.

<https://www.cognitoforms.com/ActiveEnfield/LondonYouthGamesCrossCountry202122TeamEnfield>

**Step 3** - All submitted forms will be assessed and times checked, and then teams chosen. A maximum of six runners are allowed in each age category for boys and girls. We will contact you by 5pm on Friday 5<sup>th</sup> November to confirm if you have been selected and to provide further information for those selected.

**Step 4 – If selected** parents/ carers may be required to provide additional information at the request of the London Youth Games. If this is the case, we will let you know what you need to do.

If you have any questions, please contact us at [sport@enfield.gov.uk](mailto:sport@enfield.gov.uk) and we will reply to you quickly. Good luck!

For more info on London Youth Games head to their website via the link below:

<https://www.londonyouthgames.org/sports/athletics/cross-country/>

**Please note: If selected, participants will need to make their own way to Parliament Hill on Sat 20<sup>th</sup> Nov. More details will be provided to those selected.**