


Sensory story – Monday, Wed, Friday

| | | Resources/ actions / | Targets |
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| Slide 1 | Singing hands- it's a rainbow Press the blue button on the page this will take you to the song. | Play the music to prepare your child for the story. | To begin to anticipate a familiar routine. |
| Slide 2 | Make a pompom before the session | Stage 1 - Explore the pompom – | Stage 3 – to locate the pompom from a container. |
| Slide 3 | leave some long strings trailing for interest. | Stage 2 - hold the pompom out in different places and encourage your child to reach for it. | Stage 2 - to reach out for, to initiate exploration |
| Slide 4 | Click on the blue button which will take you to this link https://www.youtube.com/watch?v=XM2qyPem0TU | Stage 3 - put the pompom in different containers and encourage your child to locate it. Begin with containers the pompom can be seen in and develop it to containers with lids, covers or ones that are deeper. | Stage 1 - to show a reaction to an object placed within their reach. |
| Slide 5 | Click on the blue button which will take you to this link https://www.youtube.com/watch?v=ZChXK2rdr9M | Fill an empty plastic bottle with a mix of different coloured items . Swirl the bottle to mix up the colours, give your child time to explore the movement in the bottle while music is played. Coloured bubbles to be blown and popped onto paper. https://livingwellmom.com/homemade-colored-bubbles/ | To experience a different genera of music. |
| Slide 6 |  | Fill some empty bottles with water and food colouring or coloured items to make a yellow, blue, red, black, green bottle. Set out bottles slowly and deliberately in front of the children to draw attention | To develop focus on an adult led activity |
| Slide 7 | In the darkened room switch on the torch covered with a piece of yellow | Explore yellow bottles, shine the torch through, | To use a switch with purpose. |

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| | <p>material. You could colour a piece of cling film using felt tipped pens.</p> <p>Click on the blue button which will take you to this link https://www.youtube.com/watch?v=c754Tr5kzw0</p> | <p>Big mac with different laughing sounds / ipad / tablet/ smart phone with familiar peoples laughs recorded. Play these and look for reactions.</p> | |
| Slide 8 | <p>Click on the blue button which will take you to this link https://www.youtube.com/watch?v=zP-SqNJKFFQ https://www.youtube.com/watch?v=BjQEm9lXhkQ</p> | <p>Parachute/ piece of material. Place balloons or feathers in the middle and move the material to make them pop along to the music.</p> | |
| Slide 9 | <p>In the darkened room switch on the torch covered with a piece of Blue material. You could colour a piece of cling film using felt tipped pens.</p> <p>Click on the blue button which will take you to this link https://www.youtube.com/watch?v=xtF_CfjzfiQ</p> | <p>Hold up a sheet of clear laminate or a clear umbrella in front of your child. Count 1, 2 ... 3 and spray.</p> | <p>Looking for a consistent reaction and anticipation to the count of three.</p> |
| Slide 10 | | <p>Repeat 'hold hands 'and warmly hold hand with your child.</p> | <p>To remember a reaction To take the lead in initiating an action.</p> |
| Slide 11 | <p>In the darkened room switch on the torch covered with a piece of Red material. You could colour a piece of cling film using felt tipped pens.</p> | <p>Step 1 Use a drums to bang along to the music. Step 2 One to one shared drumming- follow a rhythm</p> | <p>Stage 3 To follow a rhythm Stage 2- to focus on a shared activity. Stage 1 - to show a reaction to a noisy activity</p> |

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| | | <p>Sit facing your child and bang the drum leaving a pause for them to respond. Repeat this many times leaving lots of time for them to respond.</p> <p>Step 3- change the beat, or play louder or quieter, faster or slower.</p> <p>Does your child copy. Give lots of opportunity and time for a response.</p> | |
| Slide 12 | | <p>Using voice megaphones, echo bucket, voice activated light boxes</p> <p>https://www.ehow.com/how_12167589_make-megaphone-construction-paper.html</p> | To use my voice to cause a reaction. |
| Slide 13 Slide 14 | <p>Darken room-</p> <p>(39) Halsey - Control (Official Audio) - YouTube</p> | <p>Listen to the music before pausing it and Sit in silence and wait for a sound from your child then repeat it. Continue to do this try introducing your own sounds. Does your child repeat the sound, or make a response to it?</p> | <p>Stage 1 To be aware of my voice</p> <p>Stage 2 to listen to others sounds, to be able to repeat sounds.</p> |
| Slide 15 Slide 16 | <p>In the darkened room switch on the torch covered with a piece of Green material. You could colour a piece of cling film using felt tipped pens.</p> <p>Click on the blue button which will take you to this link</p> <p>https://www.youtube.com/watch?v=KQetemT1sWc</p> | <p>Quiet music and focus on breathing. Emphasis your breath, by holding child on lap and breathing together or putting hands on shoulders and tightening with the in breath.</p> | |
| Slide 17 | | <p>Again Set out bottles slowly and deliberately in front of the children to draw attention</p> | To develop focus on an adult led activity |
| Slide 18 | | <p>Name each bottle- happiness, sadness etc</p> | |
| Slide 19 Slide 20 | | <p>Pass around the confetti balloons.</p> <p>Make paper confetti heart to sprinkle over your child.</p> <p>Share a big hug.</p> | |