



Moon Flakes

Edible Sensory Recipe

You will need:

Packets of potato flakes

Water

A large tub or tray

Edible glitter (optional)

Non-edible items:

Small cardboard boxes

Teddy

Toy picnic items

Method

1. Sprinkle a thick layer of potato flakes across the tray.
2. Add the edible glitter.
3. Arrange the non-edible items on the tray.
4. Allow the children to explore and use their imaginations in play.
5. You may like to add water to the flakes, and allow the children to form moon rocks with the sticky flakes.

*Please note that although this recipe is safe for children to taste and explore with their mouths, it is not intended for them to eat in large quantities.

*This recipe is intended to be used as soon as it has been made and not to be stored for future use. Supervise children at all times to ensure that small non-edible items do not become a choking hazard.

