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Thurston Night Line – Woods East of Centre

INTRODUCTION

Thurston Night Line is a purpose built course in Thurston's woods, east of the centre. The course follows a rope line through the woods & over/through 8 different purpose built elements. The course is designed to be used with blindfolds. It can be used as a stand alone activity for team building, communication & other group or personal development objectives, or it can be incorporated into a journey.

VENUE

Thurston woods, east of centre & south of hydro stream.

STAFFING

- Ratio: the normal instructor / student ratio
- Leader should have site specific training

EQUIPMENT

- Suitable clothing for the conditions & activity (also considering likelihood of ticks & other parasites)
- Helmets should be worn when participants are blindfolded
- Careful consideration should be given to the use of helmets when blindfolds are not worn
- Gloves should be considered

OPERATING CONSIDERATIONS

- The course is only for use under Thurston staff supervision
- The course is subject to regular inspections
- The instructor should carry out a visual inspection on all elements to be used & on the condition of the 'guide rope'
- Spotting should be used when appropriate
- Participants should be briefed to keep the 'guide rope' on their left at alltimes & to follow it wherever it goes (ensure they realise they must get low when the rope does!)
- Only one participant on each constructed element at a time
- Wind speed & direction need to be taken into consideration with awareness on tree movements in the proximity of the course.