



# Confident Parenting

'Understanding and Supporting Your Child'

We are planning to run a remote **Confident Parenting** course, taking place on Thursday morning's and starting on **Thursday 4<sup>th</sup> March at 10.00am** (the sessions usually last for about 2 hours).

Our informal group provides opportunities to talk about any issues you have when coping with your child's behaviour, and an understanding into why children behave the way they do! There are no set topics so we are free to talk about whatever is important to you and your family.

## Our group includes the following:

- Practical advice and support
- Strategies to help at home
- Information about other support services
- 'Top Tips' to help you support your child's behaviour at home
- An opportunity to talk about your own well-being
- And most importantly - support from other parents and carer's in the group

## Dates:

Thursday 4th March  
Thursday 11th March  
Thursday 18th March  
Thursday 25th March  
Thursday 1st April

**Please return this slip to Hadrian School as soon as possible if you would like to attend Confident Parenting**

Child's Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

School (if not attending Hadrian) \_\_\_\_\_

Parent/Carer Name and Address: \_\_\_\_\_

Contact Number: \_\_\_\_\_

Email address \_\_\_\_\_

**Return to June Ball, Hadrian School, Bertram Crescent, Newcastle, NE15 6PY**