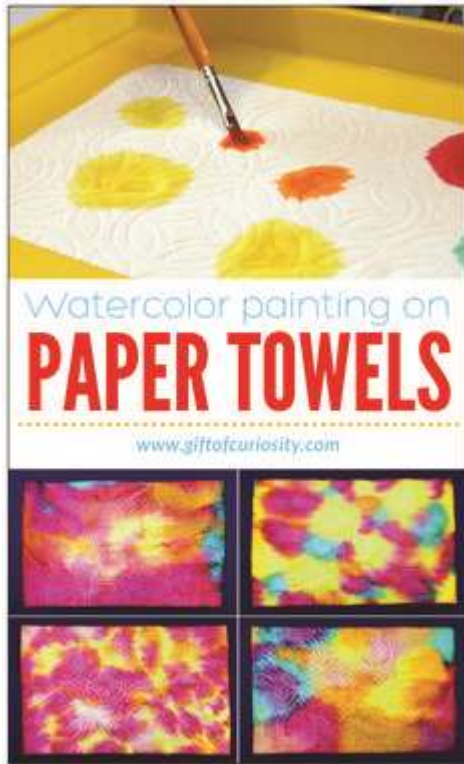


Sensory art ideas

These ideas are all under the umbrella term “Process art “which simply means that the focus is on what they are learning and how they are creating things and not the finished product. This eliminates the need for lots of hand under hand/you helping them.



PAINTING WITH BRICKS

inspired by
georges seurat



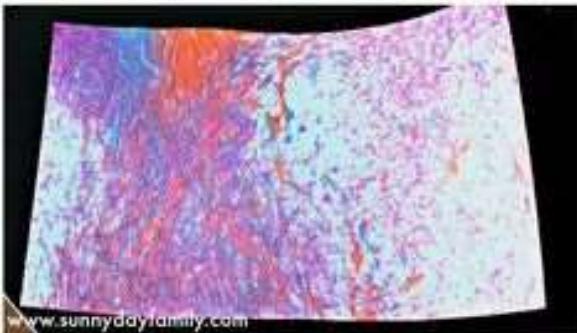
Use quite watery paints and paper towels and show how you can drop the colours on. For those with limited movement or grasp you can help them dip their fingers in and shake their hand over the towel. Allow your child’s arm to rest on your hand so that they can pull away if they want.

This will be best for those who can grasp. the brick and press it on the paper. You can do it first to show them how and just to start with you can give them a little nudge under their elbow or arm



Shake It Up!

NO MESS SPLATTER PAINTING ACTIVITY



No mess painting. Using a clean and empty jar with a lid put some blobs of paint the colour of your choice in the bottom. Add some dried beans and cover them with the paint.

Place a clean sheet of white paper inside the jar so that it curls around the sides of the jar and the two ends meet or slightly overlap. Then shake the jar. You can take turns to shake and could sing a shaking song. Get out the paper and admire your handiwork.

This is excellent for using two hands together.

The picture is self-explanatory. Even those with little movement might make. A strumming movement across the bands with a little under arm support



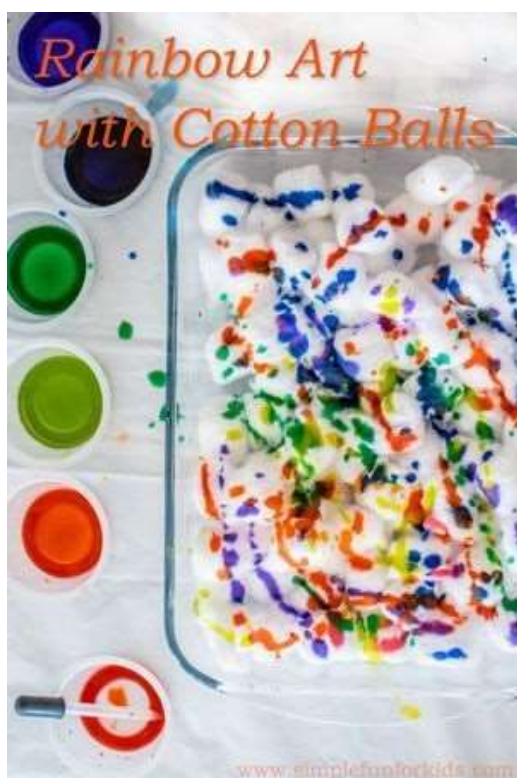
Fizzing paints. use a paste made of bicarbonate of soda and paint and have pots of different colours of this mixture. Allow your child to use their fingers [or a brush if they prefer] and spread the different colours on paper anyway they like. then use a pipette or a spoon to drop vinegar on top and watch the bubbling paint and the way the colours mix together.



Place a blob of your child's choice of colour on the paper and then use a comb or anything with a serrated edge you don't mind getting covered in paint to spread the paint across the paper in any direction



You can go for a nature walk before this activity and collect items to paint with. Dandelions are great for printing with or leaves, anything you can find can be dipped in paint and used as a paint brush



Line a baking dish or tray with cotton balls and then mix all the colours of the rainbow into little cups. You can drop, brush or anything you like the paints onto the cotton balls. Take a photo of your finished result or you may want to take a print with another piece of paper.