



**SUBJECT:** GCSE Physical Education

**YEAR:** 10 & 11

**HEAD OF DEPARTMENT:** Mr A Sykes

**GROUPING POLICY:** Mixed ability in option blocks

**EXAM BOARD:** AQA

**ASSESSMENT:** 60% External examination; 40% Practical Performance

*(We strongly advise that only students who have a genuine interest in PE take this course AND are playing sport at a competitive level inside and outside of school as competitive practice and matches will need to be on video as part of the practical assessment)*

**Link to Specification:**

<https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582>

## **COURSE CONTENT**

### **What will my child learn?**

Over the two years of the GCSE Physical Education (PE) course, students will study the following topics:

1. Applied anatomy and physiology
2. Movement analysis
3. Physical training
4. Use of data
5. Sports psychology
6. Socio-cultural influences
7. Health, fitness and well-being

### **What will homework look like?**

Homework will range through a variety of different questions and challenges related to the specific topic studied within class time. Homework will be on a weekly basis.

### **What enrichment opportunities are available?**

- There is a range of extra-curricular clubs and practices.
- Fixtures against other teams on a local and national level.

## **ASSESSMENT**

### **How will my child's work be assessed?**

Candidates will be formally assessed throughout the 2 years during practical lessons where they will cover a variety of different activities, along with an assessment in their selected practical areas. The 60% theory grade is exam based, two written papers covering the whole GCSE grades (1-9).





Each paper will assess a set of topic areas and consist of a mixture of multiple choice/objective test questions, short answer questions and extended answer questions.

**Paper 1: The human body and movement in physical activity and sport (30%), 1hr 15mins**

- Applied anatomy and physiology
- Movement analysis
- Physical training
- Use of data (also in paper 2)

**Paper 2: Socio-cultural influences and well-being in physical activity and sport (30%), 1hr 15mins**

- Sports psychology
- Socio-cultural influences
- Health fitness and well being
- Use of data (also in paper 1)

**ADDITIONAL INFORMATION**

**How can I support my child in this subject?**

- Ensure that your child has the correct kit and equipment for each lesson to enable them to participate fully in the course.
- Revision guides will be given to pupils in Year 11 to aid revision at home.

**How can I support my child with exams?**

- Use of revision guide
- Question and answering

