|  |  |
| --- | --- |
| **Nursery** | **Communication Skills**  To say what they need  To say what they would like  To ask for help if needed  **Listening Skills (including making eye contact)**  Not talking when listening to others  Answer a question  Respond to their name  Sit up, crossed legged on carpet  **Social Skills (including courtesy)**  Say please and thank you  Begin to share toys/turn take  Kind hands, feet, words  **Getting dressed and undressed (including doing buttons up)**  Put coat and jumper on  Take shoes off and put on  Take pants/trousers/skirts down to use toilet and pull back up  **Riding a bike**  To ride a pedal trike  **Cutting out**  Begin to use scissors to make snips in materials  **Sticking in**  Learn how to use glue, tape etc to join and how to apply  **Using cutlery correctly**  Use a spoon correctly  Use a fork to pick up food and feed themselves  **Hygiene (including handwashing, using a handkerchief, coughing into hand)**  Wash hands after using toilet  Flush the toilet after using  Cough into elbow  **General independence**  To look after their own belongings – hang up coat, put water bottle in box etc |
| **Reception** | **Communication Skills**  To say what they need  To say what they would like  To ask for help if needed  To know what the difference is between a question and statement  To hold a simple conversation  **Listening Skills (including making eye contact)**  Not talking when listening to others  Look at the person you are listening to – eye contact  Sit up, crossed legged on carpet  **Social Skills (including courtesy)**  Say please and thank you  Say excuse me  Begin to share toys/turn take  Kind hands, feet, words  Line up and follow a line  **Diet (healthy and unhealthy foods)**  To know fruit and vegetables are good for us  **Gardening**  To plant a seed  **Getting dressed and undressed (including doing buttons up)**  Put coat and jumper on  Take shoes off and put on - velcro  To take all clothes off and dress themselves independently  **Washing up**  Wash their own paint pots and pallettes  **Riding a bike**  To ride a balance bike  **Cutting out**  Hold scissors correctly  Use scissors to cut out shapes and around pictures  **Sticking in**  Learn how to use glue, tape etc to join and how to apply without making a mess  **Using cutlery correctly**  Knife, fork and spoon used correctly  **Stranger Danger (including safe people, making an emergency call)**  To know 999 is the emergency number  To know which adults would be good to ask help from  **Hygiene (including handwashing, using a handkerchief, coughing into hand)**  Wash hands after using toilet  Flush the toilet after using  Cough into elbow  Blowing / cleaning their own nose  Wiping their own bottoms  **General independence**  Looking after their own belongings  To know their full name and their street address |
| **Year 1** | **Communication Skills**  Team work  Sharing  Turn taking  **Listening Skills (including making eye contact)**  **Social Skills (including courtesy)**  Please and Thank you  **Diet (healthy and unhealthy foods)**  Recognising common foods  Cooking – with an adult  **Getting dressed and undressed (including doing buttons up)**  Zipping coat independently  Folding clothes  **Cutting out**  Following lines with scissors  **Sticking in**  Using appropriate amounts of glue  **Using cutlery correctly**  Holding knife and fork correctly  **Hygiene (including handwashing, using a handkerchief, coughing into hand)**  Washing (themselves)  Using the toilet appropriately  **Stranger Danger**  **General independence**  Using money  Going to the shops  Caring for pets  Decision making |
| **Year 2** | **Diet (healthy and unhealthy foods)**  Understanding healthy and unhealthy foods  Beginning to prepare food  **Getting dressed and undressed (including doing buttons up)**  Tying shoe laces  **Hygiene (including handwashing, using a handkerchief, coughing into hand)**  Washing up  **Stranger Danger**  **General independence**  Using money (with reference to the value of coins and notes)  Creating a shopping list  Learning to queue  Decision Making  Beginning to type |
| **Year 3** | **General independence**  Going to the shops independently (shopping)  Washing up  Tying knots – specific  Caring for pets  Sending an email  Assessing risk |
| **Year 4** | **General independence**  Preparing food independently  Reading a timetable  Dealing with Peer pressure  Basic DIY – using a screwdriver, changing a light bulb |
| **Year 5** | **General independence**  Using public transport  Swimming  Basic banking/finance skills |
| **Year 6** | **Communication Skills**  Public speaking  Debating  **General independence**  Making a cup of tea  Tying a tie |