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| **Nursery** | **Communication Skills**To say what they needTo say what they would likeTo ask for help if needed**Listening Skills (including making eye contact)**Not talking when listening to othersAnswer a questionRespond to their nameSit up, crossed legged on carpet**Social Skills (including courtesy)**Say please and thank youBegin to share toys/turn takeKind hands, feet, words**Getting dressed and undressed (including doing buttons up)**Put coat and jumper onTake shoes off and put onTake pants/trousers/skirts down to use toilet and pull back up**Riding a bike**To ride a pedal trike**Cutting out**Begin to use scissors to make snips in materials **Sticking in**Learn how to use glue, tape etc to join and how to apply**Using cutlery correctly**Use a spoon correctlyUse a fork to pick up food and feed themselves**Hygiene (including handwashing, using a handkerchief, coughing into hand)**Wash hands after using toiletFlush the toilet after usingCough into elbow**General independence**To look after their own belongings – hang up coat, put water bottle in box etc |
| **Reception** | **Communication Skills**To say what they needTo say what they would likeTo ask for help if neededTo know what the difference is between a question and statementTo hold a simple conversation**Listening Skills (including making eye contact)**Not talking when listening to othersLook at the person you are listening to – eye contactSit up, crossed legged on carpet**Social Skills (including courtesy)**Say please and thank youSay excuse meBegin to share toys/turn takeKind hands, feet, wordsLine up and follow a line**Diet (healthy and unhealthy foods)**To know fruit and vegetables are good for us**Gardening**To plant a seed**Getting dressed and undressed (including doing buttons up)**Put coat and jumper onTake shoes off and put on - velcroTo take all clothes off and dress themselves independently**Washing up**Wash their own paint pots and pallettes**Riding a bike**To ride a balance bike**Cutting out**Hold scissors correctly Use scissors to cut out shapes and around pictures**Sticking in**Learn how to use glue, tape etc to join and how to apply without making a mess**Using cutlery correctly**Knife, fork and spoon used correctly**Stranger Danger (including safe people, making an emergency call)**To know 999 is the emergency numberTo know which adults would be good to ask help from**Hygiene (including handwashing, using a handkerchief, coughing into hand)**Wash hands after using toiletFlush the toilet after usingCough into elbowBlowing / cleaning their own noseWiping their own bottoms**General independence**Looking after their own belongingsTo know their full name and their street address |
| **Year 1** | **Communication Skills**Team workSharingTurn taking**Listening Skills (including making eye contact)****Social Skills (including courtesy)**Please and Thank you**Diet (healthy and unhealthy foods)**Recognising common foodsCooking – with an adult**Getting dressed and undressed (including doing buttons up)**Zipping coat independentlyFolding clothes**Cutting out**Following lines with scissors**Sticking in**Using appropriate amounts of glue**Using cutlery correctly**Holding knife and fork correctly**Hygiene (including handwashing, using a handkerchief, coughing into hand)**Washing (themselves)Using the toilet appropriately**Stranger Danger****General independence**Using moneyGoing to the shopsCaring for petsDecision making |
| **Year 2** | **Diet (healthy and unhealthy foods)**Understanding healthy and unhealthy foodsBeginning to prepare food**Getting dressed and undressed (including doing buttons up)**Tying shoe laces**Hygiene (including handwashing, using a handkerchief, coughing into hand)**Washing up**Stranger Danger****General independence**Using money (with reference to the value of coins and notes)Creating a shopping listLearning to queueDecision Making Beginning to type |
| **Year 3** | **General independence**Going to the shops independently (shopping)Washing upTying knots – specificCaring for petsSending an emailAssessing risk |
| **Year 4** | **General independence**Preparing food independentlyReading a timetableDealing with Peer pressureBasic DIY – using a screwdriver, changing a light bulb |
| **Year 5** | **General independence**Using public transportSwimmingBasic banking/finance skills |
| **Year 6** | **Communication Skills**Public speakingDebating**General independence**Making a cup of teaTying a tie |