

# Court Fields School

## Parent Weekly 'What's Happening' Bulletin



### Message from Mrs Matthews

It's been another busy week at school, following the Half Term break, and an exciting first week as the permanent Headteacher!! We are planning for the return of our students from 8th March, which is great, as we've all missed them. We also have received our Inspection Report from Ofsted, which I emailed to you on Thursday. This was very positive, and provides a real platform for our continued improvement. We have received more information regarding the replacement for the summer Year 11 examinations, which the Government published yesterday. I have written to Year 11 parents/carers with more details regarding the Government's plans. Finally we held our raffle, to give out all the gifts that parents/carers so kindly sent to staff via the Amazon List posted on Facebook by kind parents. You can see from the photos below all the wonderful gifts we received. We made sure that every single member of staff got a randomly allocated gift, and our staff were so grateful for your kindness. Our School Chaplain, Ant, was particularly thrilled with his Thatcher's cider set!!

I hope you have a lovely weekend, and the sunny weather holds out. We will be in touch with more details about our return to school in the next few days, so that you and our students are prepared and ready for coming back to school. Do take care and keep safe. Mrs Matthews

### Friday 26th February



### Wellbeing tip: Clench and relax

This is a great technique to teach your body what relaxation feels like and to encourage areas we hold tightly, with our muscles contracted, perhaps unconsciously. This allows us to relax these areas. Starting at your feet squeeze muscles tight for 5 seconds, then release. Move your way from your feet, up your legs and torso to your shoulders, down your arms and finally focusing on your face.

Year 11 Monday  
Mindfulness  
3.15-4.00



### Creative Performing Arts - Competition Winners

A huge well done to all students who entered the Creative Performing Arts competition. We were incredibly impressed with the enthusiastic, talented, and creative entries! It was great to see such creative responses to the theme - 'Express Yourself'.

A special well done to the hugely talented Lilly C, who composed a soundtrack, created a script, and set design.

#### **Winners are as follow:**

- 1st - Lilly C - £20 Amazon Voucher
- 2nd - Martha V - 30 House Points
- 3rd - Nicola B - 20 House Points

**Achieve | Belong | Participate**

## Children's Mental Health Week PE Multimedia Competition

To increase awareness of Children's Mental Health Week, this year the PE department ran a super competition for students to get creative, and make a multimedia piece of work about how physical activity and exercise can improve a person's mental health. Mr C and the PE department were completely overwhelmed with both the quantity and quality of the entries. Due to the quality of entries, Mr C and the SLT judging panel felt that all 5 finalists deserved to finish in the top 3, as there was no separating a couple of pieces of work. The results were as follows:

Place	Name (s)	Prize
1 <sup>st</sup> Place	Oliver S (yr 7) and Olivia D (yr 7)	£15 Amazon Gift Voucher
2 <sup>nd</sup> Place	Lauren E (yr 9)	£10 Amazon Gift Voucher
3 <sup>rd</sup> Place	Georgia P (yr 9) and Jack P (yr 7)	20x House points

Well done to the 50+ students who entered. All these students who met the success criteria deservedly received 10 x house points.

To watch the outstanding winning videos please visit;

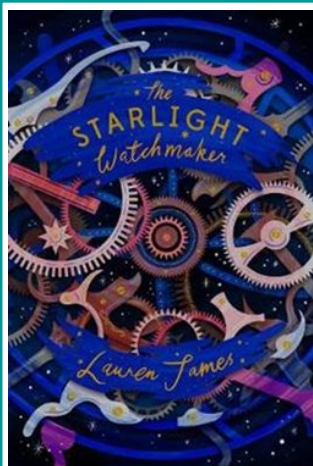
Oliver S - <https://www.dropbox.com/s/u2hsm1p5ije3xwr/Ollies%20PE%20Mental%20Health%20Awareness%20Project%20Compressed%20File.mp4?dl=0>

Olivia D- <https://photos.app.goo.gl/ep4mS2WKYQNdcXbC6>

## PE Lockdown SASP Challenges Competition

Another competition, another example of how passionate the Court Fields students are about sport. This time students were tasked with completing a broad range of sporting lockdown challenges in order to gain points. The activities included football keepy-uppys, gymnastics, fitness activities and many more. It appeared that a sibling rivalry took place and completely overwhelmed the competition - they did that many challenges, they must have been doing them through the night!

A big well done to Ellie P-K and Shannon P-K (pictured right) who came 1<sup>st</sup> and 2<sup>nd</sup> respectively and therefore picked up a £10 Amazon Gift Card each. In, addition, well done to all the other students who got involved in this fantastic competition.



## Book of the Week - The Starlight Watchmaker, by Lauren James

Hugo is an android. Ever since he was abandoned by his aristocratic owner on a planet that houses a boarding academy for the most privileged of all species in the universe, he has managed to scratch out a living making watches. It is a lonely life, and he has almost forgotten what it is to have friends... Until he meets arrogant, charming and aristocratic Dorian – who is not

an android. Together, they uncover a shocking plot and set out to discover what other secrets the academy hides.

This is a charming and funny story that can be read as a tale of friendship or a light romance. The world has a tinge of steampunk about it, as well as aesthetic echoes of the Guardians of the Galaxy film. The aliens are imaginative and readers will probably recognise the educational system that is being satirised here, where spoiled rich kids are propped up by unseen, illegal workers. However, the satire never overshadows the essential optimism of the story.

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- 3 Browse the Explore tab and borrow a book. Your book will open so you can start reading right away.
- 4 Close the book and go to your Shelf to see all your books (including assignments). From there, you can:
  - Tap Open Book or Open Audiobook to read or listen to the book.
  - Tap Options to renew or return the book, get to your notes and highlights, and more.

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