

Level 3 Health and Social Care:

| | |
|--|---|
| Exam board & Specification Number | Cambridge OCR Level 3 Alternative Academic Qualification Cambridge Advanced National in Health and Social Care (Extended Certificate) |
| Qualification Accreditation Number (QAN) | 610/3986/X |
| Link to Course Details Webpage | Course Details |
| Duration, Delivery and Study Mode | Two Years Full Time Day Time Study |
| Start Date (not flexible) and Campus | 01 September from Stanley Avenue Campus |

Course Details: Who is this Course for?

This course is for students progressing from GCSE into Level 3 (A Level or Equivalent) studies, with a view to study this subject or related subjects at degree level.

Course Details: What Will You Learn?

| | |
|--------|---|
| Year 1 | <p>Unit F090: Principles of health and social care: This unit will help you to understand the implications of diversity on practice and also the effects of discriminatory practice on individuals who require care or support.</p> <p>Unit F092: Person-centred approach to care: This unit introduces the principles and values of person-centred care and the practical tools used to develop individualised care plans. Learners will explore effective communication, relationship-building, barriers to care, and reflective practice to support high-quality person-centred care.</p> <p>Unit F093: Supporting people with mental health conditions: This unit explores mental health, mental health needs, and the main types of mental health conditions and their impact on individuals' lives. Learners will examine ways to support mental wellbeing, manage conditions, and understand available treatments and support services.</p> |
| Year 2 | <p>Unit F091: Anatomy and Physiology for health and social care: Introduction to the basic structure and functions of the body systems involved in everyday activities and maintenance of health, including cardiovascular, respiratory and digestive systems.</p> <p>Unit F094: Supporting people with long term physiological conditions : Looks at different types of long term physiological conditions, how these are caused and the daily and long term effects on individuals. In addition, you will develop an understanding of the different methods of monitoring these conditions as well as treatments. You will have the opportunity to conduct your own research and gather data on services in your local area; this data will be used to present your ideas on the effectiveness of the local services.</p> <p>Unit F097: Supporting healthy nutrition and lifestyles: This unit explores healthy eating and physical activity guidelines, nutritional labelling, and sources of nutrients. Learners will use this knowledge to plan balanced meals for different needs and examine barriers to healthy eating and the support required.</p> |

Course Details: How will you be Assessed?

| | |
|---------------------|---|
| F0901: 60 raw marks | Assessed by an examination in January. |
| F092: 24 raw marks | Assessed Internally and Sampled by the Exam Board. |
| F093: 24 raw marks | Assessed Internally and Sampled by the Exam Board.. |
| F094: 60 raw marks | Assessed by an examination in January. |
| F096: 24 raw marks | Assessed Internally and Sampled by the Exam Board. |
| F097: 24 raw marks | Assessed Internally and Sampled by the Exam Board. |

| | |
|--|--|
| | |
|--|--|

Course Details: Entry Requirements

Please see our [webpage](#) for details of our course entry requirements.

Students must achieve a D grade or higher at the end of Year 12 in order to progress into Year 2 of this course.

Additional Course Information

Course Details: How will you Learn?

Delivery Mode:

- Classroom based teaching
- Flipped Learning based independent study

Course Details: Equipment / Materials you will need

- Writing Paper and Stationary including Ruler
- Exercise book
- Chrome Book

How can I prepare for and explore this course further?

- Course Handbook
- Exam Papers
- Health & Social Care VIP Zone

Careers & Progression (Where Next)?

Career ideas and Progression route:

Level 3 qualifications in Health & Social Care will enable students to enter courses in all healthcare settings including Nursing, Childcare and Social Care / Social Work. The skills and knowledge you gain is also transferable to all customer facing professions.

[Click here for information on Careers in Health & Social Care](#)

