

Sport & Health Core

All students follow a compulsory Core programme, designed to encourage future participation in exercise. This is not an examined subject. Participation is compulsory for all students until the end of Y12.

Course Details
What will you learn?
Year 10
<p>Year 10 will have 4 hours of Core PE over a two week timetable.</p> <p>We follow four pathways across the academic year - Individual, Team, Alternative and OAA. These pathways allow students to experience a wide range of sports and activities, in the roles of the performer, coach and leader. Students will also cover athletics, and finish the year with a term with the summer carnival - with interform events taking place each week.</p> <p>At the end of each half term students will take part in interform competitions across a wide range of sports, with scores being collated and going towards the end of Year Sports Day results.</p>
Year 11
<p>Year 11 students have 2 hours of Core PE over a two week timetable, with practical lessons until the exams begin.</p> <p>The curriculum in Year 11 is varied and flexible, with students being offered input and selection into the activities covered in lessons. The offer of sports replicates the offer in Year 10, with a range of sports available in individual, team, alternative and OAA.</p> <p>Year 11 also participate in regular interform competitions.</p>
How will you be assessed?
During the course:
<p>Year 10 & 11:</p> <p>Students will be assessed using the practical subject ACS level descriptors ASSURED, SECURE, DEVELOPING and EMERGING. An average grade will be given from all activities completed during the academic year.</p>