

## GCSE Health and Social Care

### Course Specifications

**Course Title:** Cambridge Nationals Health and Social Care

**Exam Board:** OCR

**Link to specification:**

<https://www.ocr.org.uk/Images/610950-specification-cambridge-nationals-health-and-social-care-j835.pdf>

**Grading:** All results are awarded on the following scale: Level 2 – Distinction\* (\*2), Distinction (D2), Merit (M2), Pass (P2) Level 1 – Distinction (D1), Merit (M1), Pass (P1) and Fail/Unclassified.

### Course Details

#### What will you learn?

**Year 10**

#### Autumn

**RO33: Supporting individuals through life events**

**Topic Area 1: Life stages**

1.1 Life stages and development

**Topic Area 2: Impacts of life events**

2.1 Life events and their impacts on individuals

#### Spring

2.1 Life events and their impacts on individuals

**Topic Area 3: Sources of support**

3.1 Sources of support that meet individual needs

#### Summer

**R035: Health promotion campaigns**

Topic Area 1: Current public health issues and the impact on society

1.1 The importance of a healthy society

1.2 Public health challenges for society

1.3 Current health promotion campaigns and their benefits

**Topic Area 2: Factors influencing health**

## 2.2 Leading a healthy lifestyle

**Year 11****Autumn****R035: Health promotion campaigns continued****Topic Area 2: Factors influencing health**

## 2.3 Barriers to leading a healthy lifestyle

**Topic Area 3: Plan and create a health promotion campaign**

## 3.1 How to plan a health promotion campaign

**Topic Area 4: Deliver and evaluate a health promotion campaign**

## 4.1 How to deliver a health promotion campaign

## 4.2 How to evaluate own performance

**Spring****R032: Principles of care in health and social care settings****Topic Area 1: The rights of service users in health and social care settings**

## 1.1 Types of care settings

## 1.2 The rights of service users

## 1.3 The benefits to service users' health and wellbeing when their rights are maintained

**Topic Area 2: Person-centred values**

## 2.1 Person-centred values and how they are applied by service providers

## 2.2 Benefits of applying the person-centred values

## 2.3 Effects on service users' health and wellbeing if person-centred values are not applied

**Topic Area 3: Effective communication in health and social care settings**

## 3.1 The importance of verbal communication skills in health and social care settings

## 3.2 The importance of non-verbal communication skills in health and social care settings

## 3.3 The importance of active listening in health and social care settings

## 3.4 The importance of special methods of communication in health and social care settings

## 3.5 The importance of effective communication in health and social care settings

**Topic Area 4: Protecting service users and service providers in health and social care settings**

## 4.1 Safeguarding

## 4.2 Infection prevention

**Summer****Topic Area 4 Continued**

4.3 Safety procedures and measures

4.4 How security measures protect service users and staff

**How will you be assessed?****During the course:****Year 10:**

R033 Completed Coursework unit

R035 Partial Coursework Unit

**Year 11:**

R032 External Exam

R035 Completed Coursework Unit

**At the end of the course:****Your final grade will be awarded based on the following examinations and / or coursework.**

R032: Exam unit (40%)

R033: Coursework unit (30%)

R035: Coursework unit (30%)

**What independent work can you do?****Learn:**

Glossary of Key Terms

**RAG and Revisit:**

PLCs

**Explore:**

Recommended Reading

**Revise:**

Top tips and strategies

**Prepare:**

**Which resources should you use?**

**Textbooks, websites, online resources**

Revision Materials uploaded on GC

Past Exam Papers

Online Research for NEA units