

Monday 1 December 2025

Sports News

Lionesses impress - but did Wiegman learn much?



England fans could not have hoped for a more entertaining evening at Wembley Stadium - but with Sarina Wiegman resisting the urge to be more experimental, how much did she actually learn from it?

After winning Euro 2025, the Lionesses have played three of their four friendly matches which were designed as a "homecoming" celebration.

Their latest, an 8-0 demolition of China on Saturday evening, was the pick of the bunch but it was not the test they perhaps hoped for.

Important Notices

STUDENT NOTICES

- **Week 1 clubs this week.**
- **Year 8 Boys Football is back on this week! Thursday!**
- **As the weather is getting colder please ensure you dress appropriately and bring in your green alperton hoodie.**

Breakfast Sports Clubs

7.30-8am

M - mixed
G - girls only
B - boys only

Full ACS kit needed.

	Sports Hall	UMU	FS
MON			
TUES			
WED			
THUR			
FRI			Y10 & 11 B Basketball SAO

Lunch Sports Clubs

WK1	Sports Hall	Dance Studio	Fitness Studio	Playgrounds
MON	Y7-9 M Football SBH		Y7 - 9 M Fitness CYO	
TUE	Y7-9 M Basketball NHZ			
WED	Y7 - 13 M Dodgeball JGI & MRO	Y7 - 9 M Archery/ Boccia CST		Yr8 (Outside) Table Tennis M MTA
THUR	Y7 - 9 M Cricket MRO	Y7-9 M Just Dance/ Gymnastics SBH	Y7 - 9 M Table Tennis SAO	
FRI	Y8 Cricket (Invite Only)			

WK2	Sports Hall	Dance Studio	Fitness Studio	Playgrounds
MON	Y7 M Endball SBH		Y7 - 13 M Rowing MRO	
TUE	Y7-9 M Basketball NHZ			
WED	Y7 - 13 M Dodgeball JGI	Y7 - 9 M Archery/ Boccia CST		Y8 (Outside) Table Tennis M MTA
THUR	Y7 - 13 M Spikeball MRO	Y7-9 M Just Dance/ Gymnastics SBH	Y7 - 9 M Table Tennis SAO	Y7 (MMU) Basketball M CYO
FRI	Y8 Cricket (Invite Only)			

After School Sports Clubs

M - mixed
G - girls only
B - boys only

Full ACS kit
needed.

		SH	DS	FS	Canteen	UMU	LMU	MMU	Playground	Woodstock
			Dance Society WK1&2							
TUE	3.15-4.15	Y10-Y11 M Badminton SAO		JRF Club (invite only) G		Y7 B Football MRO (Week 2)	JRF Club (invite only) G		Y 7 -9 G Football JGI/CST	
WED	3.15-4.15	Y7-Y9 M Badminton CYO		Y7-13 G Girls Active NHZ	Y7 - 13 M Boxing RCA	Y9 B Football MTA	Y7-13 G Netball JGI, SBH, NHZ, CST	Y10 B Boys Move SA Playground		Y10 - 13 G Football MCA (SA)
THUR	3.15-4.15	No volleyball this week	Dance Society WK2		Y7 - 13 M Boxing RCA	Y8 B Y8 Boys Football SAO	Y7 B Football MRO (Week 1)			Y10 B Football CYO
FRI		Staff Badminton		Y8 M Table Tennis KGR						

Y7 Boys Football - ACS v QPCS



Team:

Krutan (GK) 7K
Kyrell 7L
Sakhi 7T
Imran 7W
Nour 7X
Omar 7P
Nathaniel 7L
Amir 7Y
Aayan 7X
Ahmed-Nur 7R
Ali 7X
Malik 7Y
Tyler 7W
Ahmed 7Q

Alperton traveled to Queens Park on a cold wet Tuesday night under the lights. Alperton started very nervy and were punished for this by conceding two early goals, one from a deflected cross and the other parried in from a scruffy shot. ACS grew into the game and yet again some great individual play from Nathaniel (7L) buried one low into the bottom corner from the edge of the box 2-1 and the confidence was up.

Whilst ACS pushed for an equaliser by playing some really good football, QPCS caught us on the counter which was swept home into the top corner 3-1. Not allowing our heads to drop ACS continued to show resilience and fight to play until the final whistle. Many chances were created, but ACS were just slightly off with the final product unfortunately. A very late tidy finish from Tyler (7W) into the bottom corner made it 3-2. However, it was just a little bit too late to revive the comeback.

Lessons learned for next time. Fantastic spirit!



Year 8 Football Result v Preston Manor 28/11/25

Year 8 travelled to Preston Manor for their second league fixture of the season. Alpertown started well and had a lot of the ball in the first half. This pressure was rewarded when we took the lead half way through the half. Alpertown then went on to score a second shortly before half time. Preston Manor pulled one back shortly afterwards but when Muhammad broke through to score Alpertown's third the game was as good as over.

MOM- Om for an outstanding defensive performance.



Fixtures this week

Date	Sport	Staff	Year	Opposition	Venue	Meet Details
3/12	Netball	NHZ	7	WHTS	Home	3.15 ER Changing
4/12	Football	MRO	7	Harris Lowe	AWAY	3.15 ER Changing

Stars of the week

SAO

**Bilal Vahora
7P**

Excellent effort and
performance in
lessons this week-
well done!

NHZ

**Maya Haszonits
7N**

Improving skills in Netball
and Tag Rugby

CST

**Mialy Toure
8N**

Brilliant understanding
and helping others in
her team in netball

MRO

**Nathaniel Konyani
7L**

Excellent fight and spirit
representing the school.

Stars of the week

CYO

**Mohammad Ali Nori
8R**

Outstanding effort and
understanding shown
for both Netball and
Tag Rugby

SBH

**Olethea Estibeiro-
10V**

Consistent effort in all
lessons, and
remarkable resilience

JGI

**Serena Iyoha
7P**

For always working hard
and displaying great skill in
Tag Rugby and Netball.

MTA

**Krunal Vinod
7P**

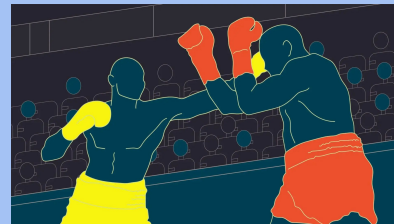
Excellent Netball Skills

Student Profile- Jaquan 7R



Hi my name is Jaquan,

I enjoy basketball and boxing. I started boxing club recently and I am enjoying it. I have Mr Adcock and Mr Roberts as my Sport & Health teachers and I like learning new skills in lessons.



I would encourage any student to join a club because you get to enjoy yourself and learn new skills.

