

Enrichment Guide 2024



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Enrichment at Alperton Community School

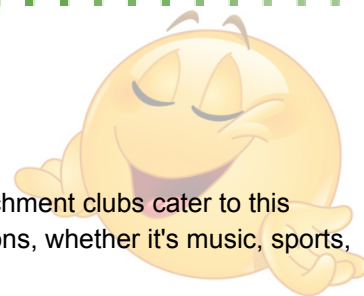
Here at ACS we believe in educating and building the whole child. This means we value a curriculum that allows students to learn traditional knowledge such as Mathematics and English, but we also wish for our students to develop confidence, problem solving, courage, teamwork and cooperation skills, all characteristics required to be a successful member of adult society. However, not everything can be covered in a lesson, this is why at ACS we put so much emphasis on our Enrichment program.

Our students have the opportunities to give to others and show gratitude and kindness in the Random Acts of Kindness club, gain confidence and work as a team member in the Boxing or Music Jam clubs, develop self regulation and consideration of others in the Chess club and a love for learning outside of the classroom in the Homework, Japanese or Physics Magic club.

We have a full timetable that is shared with students each morning. All clubs are free to attend and students are rewarded with merits for their efforts to enrich themselves and support their further learning outside of the classroom.



Why take part?



1. **Diverse Interests:** Schools are a melting pot of diverse interests and talents. Enrichment clubs cater to this diversity by offering opportunities for students to explore and cultivate their passions, whether it's music, sports, science, art, or any other interest.
2. **Personal Growth:** These clubs provide a platform for personal growth and development. Students learn new skills, gain confidence, and often discover hidden talents they might not have otherwise known about.
3. **Complement Academics:** While academic studies are essential, enrichment clubs offer a different dimension of learning. They allow students to apply what they've learned in the classroom to real-world situations or explore subjects that may not be part of the regular curriculum.
4. **Social Interaction:** Enrichment clubs foster social interaction and the development of meaningful relationships among students who share similar interests. This can help students build a sense of belonging and strengthen their social skills.
5. **Time Management:** Participation in clubs teaches students valuable time management skills. Balancing academic commitments with club activities helps them learn how to prioritise tasks and manage their schedules effectively.
6. **Leadership and Responsibility:** Many clubs provide opportunities for leadership roles. This helps students develop leadership skills, learn to work as part of a team, and take on responsibilities that are valuable both in school and later in life.
7. **Well-Rounded Individuals:** Enrichment clubs contribute to the well-rounded development of students. They encourage a holistic approach to education, where students not only excel academically but also become culturally and socially aware individuals.
8. **Career Exploration:** Some enrichment clubs relate directly to potential career paths. For example, a robotics club can introduce students to engineering concepts, potentially influencing their future career choices.

9. **Stress Relief:** Clubs also serve as a form of stress relief. Engaging in activities they enjoy can help students relax and decompress, which can positively impact their mental health.
10. **School Spirit:** Enrichment clubs can enhance a school's sense of community and pride. They often contribute to school events, performances, or competitions, creating a strong school spirit.

Enrichment clubs are vital because they offer a diverse range of opportunities for students to explore their interests, grow personally, and develop essential life skills that extend beyond the classroom. They contribute significantly to a well-rounded education and the overall well-being of students.

Enrichment opportunities



At Alperton Community School you can enrich yourself by...

1. Attending a free club during lunchtime or after school
2. Make a well informed selection for your Enrichment Curriculum choices in year 7 and year 8
3. Sign up to one to one instrumental lessons
4. Join the Duke of Edinburgh's Award in year 9
5. Join a school production or performance

Enrichment Curriculum in year 7 and year 8



1. *British Sign Language*

Promotes inclusivity and enables effective communication with Deaf individuals, fostering a more inclusive and equitable society.

2. *Alperton Garden*

Learning to grow vegetables is essential as it empowers individuals to cultivate their own sustainable and nutritious food, contributing to food security, environmental sustainability, and a healthier lifestyle.

3. *Mindfulness and puzzles*

Learning about mindfulness is crucial for enhancing mental well-being and managing stress, enabling individuals to live more present, balanced, and fulfilling lives.

4. *Adobe*

Learning Adobe develops self regulation, requiring cognitive regulation, problem solving and resilience. Communication skills are put to use through peer discussions about how they feel their ideas reflect their own character virtues.

5. *Creative stories*

Learning to tell creative stories is important as it nurtures imagination, empathy, and effective

communication skills, enabling individuals to share diverse perspectives, inspire others, and connect on a deeper level.

6. Choi Kwang Do

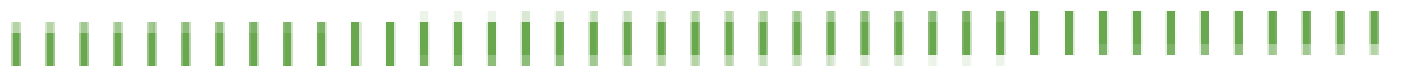
Learning martial arts is important as it not only provides self-defence skills but also fosters discipline, physical fitness, mental resilience, and a strong sense of respect, helping individuals lead more balanced and confident lives.

7. First Aid

Learning first aid as a child is crucial as it empowers young individuals to respond effectively in emergencies, potentially saving lives and instilling a lifelong commitment to helping others in times of need.

8. Environment and sustainability

It's important for a child to learn about their local environment as it cultivates a sense of environmental responsibility, connection to their community, and an understanding of the impact they can have on the world around them.



Enrichment opportunities

		Enrichment Clubs - Week 1				
		Monday	Tuesday	Wednesday	Thursday	Friday
Before school	KS3	Free Breakfast - ER canteen	Free Breakfast - ER canteen Basketball - B - Y9 - SH	Free Breakfast - ER canteen Netball - G - Y7/8 - UMU	Free Breakfast - ER canteen	Free Breakfast - ER canteen Running - UMU
	KS4 & 5	Free Breakfast - SA canteen	Free Breakfast - SA canteen Basketball - B - Y10 - SH	Free Breakfast - SA canteen	Free Breakfast - SA canteen	Free Breakfast - SA canteen
Day Activities	All		Piano lessons - E020	Violin lessons - E020	Drums lessons - E020	Guitar lessons - E020
Lunch	KS3	Fitness - FS Latin Club - E135 EAL Lunch Club - E125 Board Games - E014	Singing Club - E020 Music Jam - E022 Table Tennis - B - Y9 - FS KS3 Drama - E106 EAL Lunch Club - E125	Table Tennis - Y7 - FS Football - Y7 - MMU EAL Lunch Club - E125	Trumpet Club - E020 Music Jam - E022 Basketball - G - SH Trampolining - DS Fitness - FS Basketball - Y7 - MMU EAL Lunch Club - E125	History Book Club - E104 EAL Lunch Club - E125
	KS4	Craft Club - M121 EAL Lunch Club - M110 Board Games - E014	EAL Lunch Club - M110	Craft Club - M121 EAL Lunch Club - M110	Craft Club - M121 EAL Lunch Club - M110	EAL Lunch Club - M110
After school	KS3		Fitness - FS Football - Y9 - B - UMU Rounders - G - LMU Textiles - Y8 - E228 EAL HW Club - E125	Guitar Club - E022 Football - Y7/8 - G - PG EAL HW Club - E125 Boxing - Canteen	Football - Y7 - B - UMU Netball - Y9 - G - LMU Football - Y7/8 - G - MMU Football - Y8 - B - PG Debate mate - E323 EAL HW Club - E125 Boxing - Canteen	Volleyball - SH Calm Club - E105 EAL HW Club - E125
	KS4	EAL HW Club - M110	Badminton - Y11 - SH Fitness - FS Rounders - G - LM EAL HW Club - M110	Frisbee - Y11 - UMU Netball - Y10 - G - LMU Football - Y10 - B - WS EAL HW Club - M110 Boxing - Canteen	EAL HW Club - M110 Boxing - Canteen	Volleyball - SH Football - Y11 - B - WS EAL HW Club - M110

Enrichment Clubs - Week 2

		Monday	Tuesday	Wednesday	Thursday	Friday
Before school	KS3	Free Breakfast - ER canteen	Free Breakfast - ER canteen Basketball - B - Y9 - SH	Free Breakfast - ER canteen Netball - G - Y7/8 - UMU	Free Breakfast - ER canteen	Free Breakfast - ER canteen Running - UMU
	KS4 & 5	Free Breakfast - SA canteen	Free Breakfast - SA canteen Basketball - B - Y10 - SH	Free Breakfast - SA canteen	Free Breakfast - SA canteen	Free Breakfast - SA canteen
Day Activities	All		Piano lessons - E020	Violin lessons - E020	Drums lessons - E020	Guitar lessons - E020
Lunch	KS3	Fitness - FS Latin Club - E135 EAL Lunch Club - E125 Board Games - E014	Singing Club - E020 Music Jam - E022 Table Tennis - B - Y9 - FS KS3 Drama - E106 EAL Lunch Club - E125	Table Tennis - Y7 - FS Football - Y7 - MMU EAL Lunch Club - E125	Trumpet Club - E020 Music Jam - E022 Basketball - G - SH Trampoline - DS Fitness - FS Basketball - Y7 - MMU EAL Lunch Club - E125	History Book Club - E104 EAL Lunch Club - E125
	KS4	Craft Club - M121 EAL Lunch Club - M110 Board Games - E014	EAL Lunch Club - M110	Craft Club - M121 EAL Lunch Club - M110	Craft Club - M121 EAL Lunch Club - M110	EAL Lunch Club - M110
After school	KS3		Fitness - FS Football - Y9 - B - UMU Rounders - G - LMU Textiles - Y8 - E228 EAL HW Club - E125	Guitar Club - E022 Football - Y7/8 - G - PG EAL HW Club - E125 Boxing - Canteen	Football - Y7 - B - UMU Netball - Y9 - G - LMU Football - Y8 - B - PG Debate mate - E323 EAL HW Club - E125 Boxing - Canteen	Volleyball - SH Calm Club - E105 EAL HW Club - E125
	KS4	EAL HW Club - M110	Badminton - Y11 - SH Fitness - FS Rounders - G - LM EAL HW Club - M110	Frisbee - Y11 - UMU Netball - Y10 - G - LMU Football - Y10 - B - WS EAL HW Club - M110 Boxing - Canteen	EAL HW Club - M110 Boxing - Canteen	Volleyball - SH Football - Y11 - B - WS EAL HW Club - M110

Private Instrumental lessons

Taking private instrumental lessons at school provides personalised, one-on-one instruction that helps students improve their musical skills, build confidence, and master their instrument faster. Beyond music, the lessons support discipline, creativity, and cognitive growth, making them a valuable investment in both personal and academic development.

The Duke of Edinburgh's Award in year 9

This award enhances your college and university applications, the award offers a unique opportunity for personal growth, adventure, and skill development. It helps students build resilience, leadership, and teamwork while exploring new challenges in outdoor activities, volunteering, and skill-building projects. The program boosts confidence and provides valuable life experiences that can enhance future academic and career opportunities.

School productions or performances

Joining a school production or performance fosters creativity, teamwork, and confidence. It allows students to develop public speaking, collaboration, and time management skills, while also building friendships and creating lasting memories. Performing in front of an audience enhances self-expression and provides a rewarding sense of achievement.



Sport and Health department

Sports clubs at school provide students with opportunities to stay active, build teamwork skills, and compete while fostering a strong sense of school spirit and camaraderie.



Music department

The school's music club is a place where students come together to enjoy music. They play instruments, sing, and have fun while learning. Whether you're strumming a guitar or singing in a chorus, everyone is welcome. We practise, have a great time, and make friends. Join us for a musical adventure that turns notes into lifelong memories!

Student led department

A student-led club at school empowers young leaders to initiate, organise, and engage in activities that reflect their unique interests and passions, promoting a sense of autonomy and a vibrant school community.

Modern Foreign Languages department

The Modern Foreign Languages club at school immerses students in the rich tapestry of global cultures, promoting language proficiency, cross-cultural understanding, and a broader worldview.

Geography department

The geography club at school delves into the wonders of the world, inspiring students to discover the intricacies of our planet's landscapes, cultures, and environmental challenges through engaging discussions and explorations.

History department

The history club at school delves into the past, sparking students' curiosity about the fascinating stories, events, and people that have shaped our world, fostering a deeper appreciation for our shared heritage.

English department

The English club at school cultivates a love for literature, writing, and storytelling among students, providing a space to discuss, create, and appreciate the power of words.

Maths department

The maths club at school inspires students to embrace the beauty and logic of mathematics, encouraging them to explore challenging problems, enhance problem-solving skills, and build a strong foundation for future academic pursuits.

Science department

The science club at school ignites curiosity and a passion for inquiry among students, offering hands-on experiments, discussions, and discoveries that unlock the mysteries of the natural world.

Art department

The art club at school provides a creative sanctuary for students to unleash their imagination, express themselves through various mediums, and nurture their artistic talents, fostering a vibrant and expressive school community.

Textiles department

The textiles club at school is where students delve into the world of fabrics, colours, and design, honing their sewing and crafting skills to create unique and beautiful textile creations, from clothing to home decor.

Learning Support department

The learning support homework club at school offers a supportive environment where students can receive guidance, resources, and assistance with their assignments, ensuring that every student has the opportunity to succeed academically.

Library

Attending the library at school is crucial as it provides students with a wealth of knowledge, fosters a love for reading, and encourages independent research, all of which are essential for academic success and lifelong learning.

