

What do parents have to say?

“ I have learned that I’m not a bad parent and that it’s okay to set boundaries with my children. ”

“ Learning PTC-R has helped my partner and I come together as a team and support each other. ”

“ They broke it down and made it easy for me to use these skills with my daughter. ”

USA Oregon participants



How do I get involved?

Parents and Caregivers:

Ask the professional (e.g. GP, teacher, social worker) in your local authority where your child lives or goes to school for more information.



Get in touch!

Contact us to find out more:

E. GENPMTO@barnardos.org.uk

T. 07394 205458



Parent and Caregiver Information Leaflet



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What is Generation Parent Management Training Oregon (GenPMTO)?

An exciting **evidence-based** programme coming to the UK for the first time!

We aim to help parents strengthen their families at all levels.

We understand that as parent you are **change makers in your children's lives** and want to assist in preventing and reducing mild to severe behaviour problems.

Can I participate?

- Q. Is at least one of your children aged between 8 and 14 years old?
- Q. Does your child/ren live or go to school in Brent, Barking and Dagenham or Tower Hamlets?
- Q. Are you the primary caregiver for your child?
- Q. Are you or people around you concerned that your child is at risk or displaying behaviour associated with serious youth violence?

What to expect?

- ✓ 'Online' and 'in person' sessions available.
- ✓ 'In person' sessions will occur in your local borough.
- ✓ **14-week** programme.
- ✓ Interactive and fun!
- ✓ Learn **positive parenting skills** that encourage your child/ren to **cooperate** and grow **positive social behaviour**.

14-Week programme

8-14 yrs old

