

KS4 PE - BTEC course

Course Specifications

Exam board: Pearson

Course type: Level ½ BTEC Course

Course Description

Students will complete 3 components;

- Component 1: Preparing Participants to Take Part in Sport and Physical Activity
- Component 2: Taking Part and Improving Other Participants' Sporting Performance
- Component 3: Developing Fitness to Improve Other Participants' Performance in Sport and Physical Activity

Internal coursework assessment:

Component 1 & 2 are internally set and moderated pieces of coursework. Component 3 is an externally set exam in which students must gain a grade L1 minimum to pass the course.

Skills & Abilities

Students with a genuine interest in working in the Sports sector are recommended for this subject.

| Assessment | | |
|------------|---------------------|----|
| Component | Assessment | % |
| 1 | Internal coursework | 30 |
| 2 | Internal coursework | 30 |
| 3 | Exam | 40 |

Careers & Progression

This is an option for students who have an interest in working in the Sports Sector (Leisure Industry, Personal Trainer).

Guidance & Advice

Students opting to study this course should have a genuine interest in Sports. The content covers a range of topics - health & fitness, training, diet & nutrition, sports sociology/psychology and coaching. The internal coursework has elements which involve students replicating skills in one chosen sport and being recorded as evidence.