Term	Autumn	Autumn	Spring	Summer	Summer
Link to session	Careers library treasure hunt - 1	What are skills?	Interests profile	Recording activities	What's your dream job?
Description	What is Unifrog? Introduce the platform to students, get all students logged on, and complete the Careers library treasure hunt	Introduce students to skills and why they matter. They can then use this knowledge to identify their own skills!	Students complete the Interests quiz on Unifrog and find out which jobs might be of interest to them.	Students find out how to identify their activities and record them for future use.	Students explore dream jobs on the Careers library and how to choose them.
Teacher preparation	Add as an interaction by clicking Advanced view>Sort by school leaving year>[filter for specific students]>+interaction. Familiarise yourself with the Unifrog Careers library (Student side>Careers library) and the way students can record competencies on in the Competencies tool (Student side>Competencies>Add example). For a 45 minute offline classroom lesson, provide a sheet of writing paper for each student. For a distance lesson or 15 min classroom lesson, email or print one 'Careers library treasure hunt 1' Distance learning worksheet per student in your class, making sure to delete the first pages of teacher notes. Use the platform's Usage charts to see a graph of students' popular career areas and recorded competencies once they've	For a 45 min classroom lesson, print off one 'What are skills' worksheet per group or pairing in your class. For a distance lesson or 15 min classroom lesson, email or print one	school leaving year>[filter for specific students]>+interaction. • Familiarise yourself with the Unifrog 'Holland codes' guide (Student side>Know-how library>Search 'Holland codes') and the Interests quiz that students will take as part of the	Add as an interaction by clicking Advanced view>Sort by school leaving year>[filter for specific students]>+interaction. Familiarise yourself with the way students can record their activities on the Unifrog platform (Student side>Activities>Add an activity). For a distance lesson or 15 min classroom lesson, email or print one 'Recording activities' sheet per student in your class, making sure to delete the first page of teacher notes. Use the platform's Usage charts to see a graph of students' recorded activities once they've completed the lesson (Usage charts>Customise and filter> Activities recorded).	 Add as an interaction by clicking Advanced view>Sort by school leaving year>[filter for specific students]>+interaction. Familiarise yourself with the Unifrog Careers library (Student side>Careers library) and the way students can record competencies on in the Competencies tool (Student side>Competencies>Add example). For a distance lesson or 15 min classroom lesson, email or print one 'What's your dream job?' sheet per student in your class, making sure to delete the first pages of teacher notes. Use the platform's Usage charts to see a graph of students' popular career areas and recorded competencies once they've completed the lesson (Usage charts>Customise and filter>Most popular career areas/Competencies logged).
Objectives	completed the Jesson (Usage · To learn about a variety of different careers and become familiar with the Unifrog Careers library	 To learn what skills and competencies are, and how to demonstrate them. To use this knowledge to identify students' own skills and learn how to record them on the Unifrog platform. 	· To allow students to learn more about themselves and explore the careers commonly associated with their interests.	 To understand why recording activities is important, and how this will be useful in the future. To learn how to record activities on the Unifrog platform. 	 To explore what students' dream jobs are and how they can consider different possible jobs. To familiarise students with the Careers library so they can learn more about various jobs and research what they need to do to achieve their goals.

Tasks for students	- Discuss the definition of a career and the things that are important when choosing a career - Log in and complete a treasure hunt on the Unifrog Careers library - Use students' understanding of the different search functions in the library to research their top three careers	- Explore the definitions of hard and soft skills - Practise listening skills and discuss why different write ups of competencies are effective and unhelpful - Learn about the STAR method - Write records of their Unifrog competencies and understand why this is important.	- Read the Know-how library guide on Holland Codes and guess which personlity type they might be Take the Interests quiz on Unifrog Research careers associated with their Interests profile results	 Explore the definition of an 'activity' and why recording them is important Discuss contrasting write ups of activities and reflect on top tips for recording them well Write records of students' own activities in the Unifrog Activities tool 	- Explore the different things students might consider when deciding on a dream job Understand the Unifrog tools with which to research, filter, and narrow down their favourites on the Careers library.
Tracking progress on Unifrog	Advanced view>Sort by>Competencies Advanced view>Sort by>Library profiles in Favourites	Advanced view > Sort by > Competencies	Advanced view > Sort by > Interests quiz Advanced view>Sort by>Library profiles in Favourites	Advanced view > Sort by > Activities	Advanced view>Sort by>Library profiles in Favourites Advanced view>Sort by>Competencies
Know-how library	Getting prepared: 4 things to put in place in Key Stage 3 (ages 11-14) (Student side>Know-how library>Search 'Getting prepared: 4 things to put in place in Key Stage 3 (ages 11-14)') How to decide on a career path: 6 tips (Student side>Know-how library>Search 'How to decide on a career path: 6 tips')	Competencies: what are they and why do they matter (Student side>Know-how library>Search 'Competencies: what are they and why do they matter?')	Holland codes (Student side>Know-how library>Search 'Holland codes'	Getting prepared: 4 things to put in place in Key Stage 3 (ages 11-14) (Student side>Know-how library>Search 'Getting prepared: 4 things to put in place in Key Stage 3 (ages 11-14)')	How to decide on a career path: 6 tips (Student side>Know-how library>Search 'How to decide on a career path: 6 tips')
Gatsby Benchmarks	Stable careers programme Learning from careers info + LMI Addressing needs of each pupil Linking curriculum learning to careers	 Stable careers programme Addressing needs of each pupil Linking curriculum + careers 	Stable careers programme Addressing needs of each pupil	Stable careers programme Addressing needs of each pupil	 Stable careers programme Addressing needs of each pupil Linking curriculum + careers
CDI Framework	Explore possibilities Manage career See the big picture	Growth throughout life Explore possibilities Manage career Create opportunities	Explore possibilities Manage career	Growth throughout life	Explore possibilities Manage career
Career Education Standards (Scotland)	Finding careers information Careers profiling	Developing work skills Finding careers information	Finding careers information Careers profiling Access to a range of pathways	Developing work skills	Developing work skills Finding careers information Careers profiling
Competencies	Aiming high Teamwork Reading Writing	Teamwork Listening Reading Writing	Listening Independence Writing	Teamwork Independence Reading Writing	Aiming high Creativity Teamwork Reading Writing
PSHE Association	Work and career	Learning skills Work and career	Self-concept Choices and pathways	Learning skills	Work and career Choices and pathways