


# How to Sign Up

To attend a taster session, you must book an Eventbrite ticket **and** register for the Family Wellbeing Centres. This is quick and easy to do.

If you are age 14 or over, you can register yourself at [www.brent.gov.uk/familywellbeingcentres](https://www.brent.gov.uk/familywellbeingcentres). If you are age 13 or under, your parent/carer will need to register for you.

Click [Register to join the Family Wellbeing Centres](#)  and fill in the details.

For help registering, call Alperton FWC on 020 8937 3860.

Once registered, you can then book onto an activity via Eventbrite. You can either scan the QR code opposite or visit the link below.

<https://alpertonfwctasters.eventbrite.co.uk>

