

Sports News

Monday 13th December 2021



[Verstappen wins title as protests rejected](#)

Important Notices

STUDENT NOTICES

- After school clubs - there will be a small number of clubs running this week, please make sure you check the clubs on slide 1 & 2.
- Interform competition - KS3 lessons are tag rugby interform this week. Make sure you are in full kit and ready to compete against other forms.

ACS Lunch Sports Clubs

M = mixed
B = boys
G = girls

DAY	VENUE		
	SH	DS	FS
MON	Y7-9 Badminton (M) CYO	6th Form Fitness (M) MTA	Y7-9 Rowing (M)KMM
TUE	Y7-9 Basketball (B)MTA		
WED	Y7 - 9 Dodgeball (M) NHZ	Y7 - 9 Boxing (M) RCA	
THU	Y7 Netball (G) JCO	Y7 - 9 Boxing (M) RCA	Y7-9 Fitness (M) CMC

SH = sports hall
DS = dance studio
FS = fitness studio

ACS After School Sports Clubs

WED		Y7 - 11 Boxing DS (M) RCA	
THU		Y7 - 11 Boxing SH (M) RCA	
FRI	NO CLUBS		

Go directly
to the S&H
changing
rooms for
afterschool
clubs.

Year 7 Netball Club

YEAR 7 NETBALL CLUB IS NOW ON THURSDAYS AT LUNCHTIMES.

MEET MS COLE IN THE SPORTS HALL AFTER YOU HAVE HAD LUNCH.

MS COLE WILL EMAIL ALL YEAR 7 TUTORS ON WEDNESDAY AND THURSDAY MORNINGS TO REMIND YEAR 7S TO BRING THEIR PE KIT AND COME ALONG AT LUNCHTIME.

BOYS ARE WELCOME TO COME ALONG AS WELL BUT WILL BE UNABLE TO TAKE PART IN ANY FUTURE FIXTURES.

HOPE TO SEE MANY OF YOU THERE!



Football Fixtures



Fixture	Teacher	Date	Venue	Result
Y10 Boys Football v Capital City	MTA	Tuesday 14th December	Ark Elvin	

Netball Fixtures

Fixture	Teacher	Date	Venue	Result
Y8 Girls Netball v JFS	ACR	Wednesday 15th December	ER SH	

Basketball Fixtures

Fixture	Teacher	Date	Venue	Result
Y10 v Preston Manor	AVA	01/12/21	Home	Cancelled
Y10 v Claremont	AVA	12/01/22	Home	

Y7 Boys Football - Match Report

PLAYER OF THE MATCH: Ahmed Ali - For pulling off some unreal saves and taking on feedback. Well done for being a brilliant new addition to the team.

TEAM - Ahmed, Jack, Abdulrahman, Ahmad, Yosouf, Yazan, Shukraan, Ramzi, Belal, Siraj, Bobby, Henil, Jamie, Santiago, Amarray.

The Alperton Year 7 football team played against Ark Academy on Tuesday 7th December - Away.

The team got off to a much better start, dominating the game. Jamie managed to score a goal early doors to put us in the lead 1-0. Ark managed to go on to win the game but all boys played very well and enjoyed the game despite the downpour of rain and hail that took over which resulted in us ending the game early.

Overall, it was a very intense game where we showed a much better performance than previous games. It added to our experience as a team and we will look forward to our next game against Preston Manor in the new year.

Active Row Central West Rowing competition



Well done to the Rowing team who took part in the Active Row Central West competition on Friday 10th December at the Westway Leisure Centre.

Congratulations to Abdulrahman 7T who came 6th overall in the Year 7 Boys event.

Interform December 2021

KLNP

QRST

VWXY

TAG RUGBY

Matches take place during lesson week beginning 13th December 2021.

Medals for winners and engraved on the sports shields for 2021.

Weekly Profile :

Maryam Sheikh 8Q



My favourite sports are Basketball and Football, I like playing these sports with my friends.

In my current Sport and Health lessons I like playing Tag Rugby because I like playing the matches and winning with my amazing team.

My sporting inspiration is Beth Mead, Arsenal and England women's footballer, because of the hat trick she scored against Northern Ireland in a 2023 FIFA World Cup qualification game. This was her first international hat trick.

Weekly Profile: Miss Cathcart

Favourite sport to play: Soccer/Football but always keen to play any sport

Favourite sport to watch: Olympics



Favourite sporting moment:

Going to the Women's World Cup Final (USA versus Germany) in Montreal.

Teams I support: Toronto Raptors, Ottawa Senators, Pittsburgh Steelers, Toronto Blue Jays, Ealing Trailfinders, AFC Bournemouth






Stars of the week




NHZ
Zion
Davis-Williamson
8V
Great enthusiasm
in fitness testing.

KMM
Ruchita Ganesh
10K
Fantastic effort
during Fitness.




ACR-
Jathuve Susitharan
9S
Excellent Tag Rugby
Assessment.

CYO
Harry Crowle 9X
Excellent vertical jump
score in fitness testing.






Stars of the week



JCO
Cassie Isaacs 8R
For fantastic
resilience within
lessons.



CMC
Ahmed Ali 7Q
For Outstanding effort
in the year 7 boys
football match!



MTA
Jaidev Parmar 7R
Excellent Rugby
Skills.

Merry Christmas and a Happy New year



From the Sport and Health Team