

Sports News

Monday 11th October 2021



Tyson Fury defeats Deontay Wilder to retain WBC heavyweight title in Las Vegas

Black History Month



Black History Month: The sports women you should know more about.

Important Notices

STUDENT NOTICES

- We are in week 3 of our London Mini Marathon participation. Well done to all students so far, and keep going.
- Badminton club (Thursday after school) - Y7 & 8 WK1.



- 27th September - 22nd October.
- Run, jog or walk 2.6 miles.
- Record your distances and receive a participation certificate and pin provided by Virgin.

ACS LUNCH Sports Clubs

M = mixed
B = boys
G = girls

DAY	VENUE		
	SH	DS	FS
MON	Y7-9 Badminton (M) CYO	6th Form Fitness (M) MTA	Y7-9 Rowing+ Fitness (M)KMM
TUE	Y7-9 Basketball (B)MTA		
WED	Y7 - 9 Dodgeball (M) NHZ		
THU	Y7-9 Basketball (G)NHZ		Y7-9 Fitness (G) CMC

SH = sports hall
DS = dance studio
FS = fitness studio

ACS AFTER SCHOOL Sports Clubs

TUE	Y10 Netball (G) JCO		Y9 Netball (G)NHZ Y8 Netball (G) ACR	Y9 Football (B)KMM	Y7 Football (B) CMC	
WED	All Basketball(M) AVA		Year 7-9 Dance (G) ACR Week 1 only		Y7 Football (G) KGR	
THU	Week 1-7&8 Week 2-9&10 Badminton (M)KMM		Y7 Netball (G) JCO	Y8 Football (B) CYO	Y8 Football (G) KGR	Y10 Football (B) MTA
FRI	STAFF Volleyball WK1 Basketball WK2 (M) AVA				Y9 & 10 Football (G) KGR	

Go directly
to the S&H
changing
rooms for
afterschool
clubs.

Interform Competition

KLNP

Enter one team for netball and football. Both mixed.

QRST

Enter one team for netball and football. Both mixed.

VWXY

Enter one team for netball and football. Both mixed.

Matches take place after school during week beginning 18th October.

Medals for winners and engraved on the sports shields for 2021.

Weekly Profile : Miss Cole



I enjoy taking part in a wide range of sports, in particular Football and Netball. In Football I use to play at left back and in Netball I was the centre position. I support Arsenal Football Club.

When I was younger I use to also do middle distance running (800m and 1500m), I represented my school in the borough marathons and would participate each year on sports day (I came 1st in both events). I was also Sports Captain. In University, I participated in Rowing club and got the opportunity to row on the River Thames.

Currently, I go to the gym a few times a week and my aim this year is to train for a marathon next year.

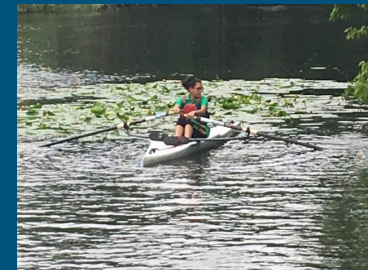
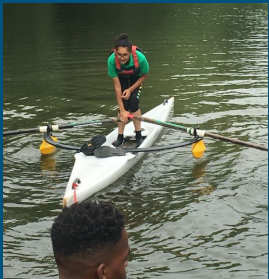
Weekly Profile: Hershey 10V



I enjoy playing football for fun. I don't play competitively, I just like playing with my friends. I support Manchester United.

One thing I enjoyed in Sports Day last year is playing volleyball as it wasn't competitive and very fun.

My target for this year is to improve my time in the 1200m run, if I do it again.






Stars of the week




NHZ
Zoe Hopkins
11N
Excellent effort in
running.

KMM
Miamee
Brown-Bleau
8T
Fantastic shooting
and positional play
in Netball.



ACR
Tasnim Jama
11v
Excellent effort in
basketball lesson.

CYO
Yahya Mohamed
11Q
Excellent effort and
maturity shown in
organising basketball
exercises and games.




Stars of the week



JCO
TzeisInnta Bounto
7Y
For
demonstrating
fantastic
leadership skills
within the
lessons.



CMC
Roshini Tamang
8T
Amazing effort in
clubs.



MTA
Ruchita Ganesh
11X
Attendance to
clubs.