

Sports News

Monday 13th September 2021

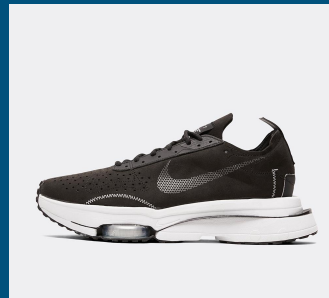


[Emma Raducanu: US Open champion 'does not want to let go' of trophy](#) *(click link to share full story)*

Important Notices

STUDENT NOTICES

- Full ACS kit is needed for all lessons.
- Reminder that trainers are all white, including the sole.
- Clubs start this week. Full ACS kit is needed for all clubs.



ACS LUNCH Sports Clubs

M = mixed
B = boys
G = girls

DAY	VENUE		
	SH	DS	FS
MON	Y7-9 Badminton (M) CYO	6th Form Fitness (M) MTA	Y7-9 Rowing (M)KMM
TUE	Y7-9 Basketball (B)MTA		
THU	Y7-9 Basketball (G)NHZ		Y7-9 Fitness (G) CMC

SH = sports hall
DS = dance studio
FS = fitness studio

ACS AFTER SCHOOL Sports Clubs

TUE	Y10 Netball (G) JCO		Y9 Netball (G)NHZ Y8 Netball (G) ACR	Y9 Football (B)KMM	Y7 Football (B) CMC	
WED	Basketball(M) AVA	Y 7-9 Dance (M) ACR				
THU	Y 7-9 Badminton (M)KMM		Y7 Netball (G) JCO	Y8 Football (B) CYO		Y10 Football (B) MTA
FRI	STAFF Volleyball WK1 Basketball WK2 (M) AVA					

Go directly
to the S&H
changing
rooms for
afterschool
clubs.

Interform Competition

KLNP

Enter one team for netball and football. Both mixed.

QRST

Enter one team for netball and football. Both mixed.

VWXY

Enter one team for netball and football. Both mixed.

Matches take place after school during week beginning 18th October.

Medals for winners and engraved on the sports shields for 2021.

Weekly Profile

Want to be our weekly profile?

Share your experience in sport and what you are doing now? Speak to our Sports Reps for further information.

Prompt questions -

- What sports do you like at school? Doing any sports outside school?
- Do you have any health and fitness goals?
- Who inspires you in sport?
- What was school sport like for you at school?
- Do you have a picture you would like to share?



Weekly Profile/Example Miss Hazley



I enjoy taking part in sports that are outdoors. My favourite is cold water swimming. I love the adrenaline rush and the relaxation techniques required to control my breathing.

At school my strengths were field hockey and volleyball. My aims this year are to increase my pace when running a 10k and to try a new outdoor sport. I am open to suggestions! Last year it was paragliding. I will give 10 merits to any student who can identify the landmark in picture 1 above.

Stars of the week




NHZ
Toure Johnson
11Q
Going above and
beyond to
complete
classwork.

KMM
Ankul Javan
9Y
Fantastic football
performance.



ACR
Tajari Mcleod
9V
Excellent start to
year and her Netball
skills.

CYO
Cayden
Hawthorne-Jacobs
10P
Showing good skill and
game knowledge in
basketball.



Stars of the week



JCO
David Zmuda
9P

For helping carry equipment to lesson and being ready to learn.



CMC
Anaiya Kumar
8L

For defining and giving a practical example of outwitting opponents



MTA
Satchel
Fernandes
7X

Great questions during our first lesson