



#### Mental Health Awareness Week

Mental Health Awareness Week is from 10th-14th May this year. Mental health problems can affect anyone, at any time - the Mental Health Foundation believes that mental health is everyone's business. <u>Click here</u> for a recommended reading list of fiction and non-fiction books that can offer advice & reassurance.



MAY

2021

## New Books now in!



## New Penguin Talk - Why Poetry Belongs to All of Us



Poet and former Young People's Laureate Caleb Femi - whose debut collection *Poor* was recently longlisted for the Jhalak Prize and shortlisted for the



Prize and shortlisted for the Rathbones Folio prize talks with actress, writer and director Zawe Ashton about how poetry belongs to all of us, and

representation in literature. <u>Click here</u> to watch!

## Read around your subject!

If you are studying Sociology or History try Feminism, Interrupted by Lola Olufemi - Plastered over t-shirts and tote bags, the word 'feminist' has entered the mainstream and is fast becoming a popular



slogan for our generation. But feminism isn't a commodity up for purchase; it's a weapon for fighting against injustice. This book reclaims feminism from consumerism through exploring state violence against women, reproductive justice, transmisogyny, sex work, gendered Islamophobia and much more, showing that the struggle for gendered liberation is a struggle for justice, one that can transform the world for everybody.

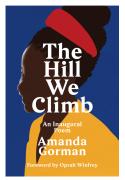
# Books of the Month

#### Fiction - Open Water by Caleb Azumah Nelson

Two young people meet at a party in South East London. Both are Black British, both won scholarships to private schools where they struggled to belong,



both are now artists - he a photographer, she a dancer - trying to make their mark in a city that by turns celebrates and rejects them. Tentatively, tenderly, they fall in love. But two people who seem destined to be together can still be torn apart by fear and violence. At once an achingly beautiful love story and a potent insight into race and masculinity, *Open Water* asks what it means to be a person in a world that sees you only as a Black body, to be vulnerable when you are only respected for strength, to find safety in love, only to lose it. (KS5)



### Poetry - The Hill We Climb -An Inaugural Poem by Amanda Gorman

On 20 January 2021, Amanda Gorman spoke a message of truth and hope to millions. Aged 22, she delivered a poetry reading at the inauguration of President Biden. Her poem, 'The Hill We Climb', addressed

the country and reached across the world: a call for a brave future.

