



STANLEY
AVENUE

LIBRARY NEWSLETTER

DEC
2020

New Books coming soon!

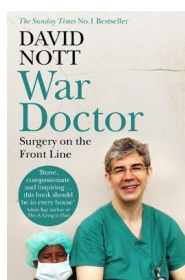


New Penguin Talk!

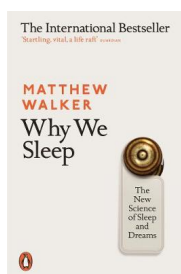
The latest Penguin Talk **How to Achieve Anything** features Sharky inviting Gareth Southgate to reflect on the lessons and experiences of his career, which he explores in the upcoming book *Anything Is Possible*. Gareth offers insight into how you can thrive and make the most of your life by being brave, being kind and following your dreams. [Click here](#) to watch.



Read around your subject!



If you're planning to study **Medicine** try **War Doctor: Surgery on the Front Line** by David Nott - For more than 25 years, David Nott has taken unpaid leave from his job as a general and vascular surgeon with the NHS to volunteer in some of the world's most dangerous war zones. From Sarajevo under siege in 1993, to clandestine hospitals in rebel-held eastern Aleppo, he has carried out life-saving operations and field surgery in the most challenging conditions, and with none of the resources of a major London teaching hospital. Driven both by compassion and passion, the desire to help others and the thrill of extreme personal danger, he is now widely acknowledged to be the most experienced trauma surgeon in the world.



STUDENT BOOK REVIEWS!

'This book written by a leading scientific expert illustrates the fascinating powers that can be obtained from sleep. The exploration and history of sleep showcases many reasons why homo sapiens are different than other species. Through his scientific discoveries, Walker talks about the importance of sleep in many aspects that can help with cognitive Without sleep, we could suffer detrimental consequences.' Kunal Magar

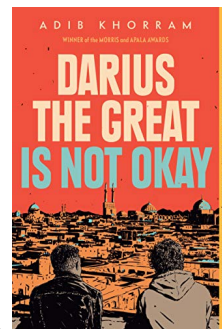
Why We Sleep

[Want to see your own review here? Post it on the ACS Book Review wall here!](#)

Books of the Month

Fiction - *Darius the Great is Not Okay* by Adib Khorram

Darius Kellner speaks better Klingon than Farsi, and he knows more about Hobbit social cues than Persian ones. He's a Fractional Persian- half, his mum's side - and his first-ever trip to Iran is about to change his life. Darius has never really fit in at home, and he's sure things are going to be the same in Iran. His clinical depression doesn't exactly help matters, and trying to explain his medication to his grandparents only makes things harder. Then Darius meets Sohrab, the boy next door, and he finally has a friend. Soon, they're playing football, eating faludeh, & talking for hours on a secret rooftop overlooking the city's skyline; making the prospect of returning home a difficult one.



Non-Fiction - *A Promised Land* by Barack Obama



In the first volume of his presidential memoirs, Barack Obama tells the story of his improbable odyssey from young man searching for his identity to leader of the free world, describing in strikingly personal detail both his political education and the landmark moments of the first term of his historic presidency - a time of dramatic transformation and turmoil.



STATISTICS TIME!



What were the most popular books last month?

