

Sports News

Tuesday 3rd November 2020



[England seal Grand Slam with 54-0 win over Italy](#)



[Indian Premier League: Royals and Kings XI out as KKR keep play-off hopes alive](#)

Important Notices

STUDENT NOTICES

- **All students must wear the full ACS Sports kit to school when they have a sports lesson. No hoodies other than the ACS green one are allowed on site.**
- **Face masks - students must wear face masks when moving around the building, this applies when walking to sports lesson venues.**
- **Gymnastics and dance - creative activities in lessons this half term. Performance week at the end of term.**

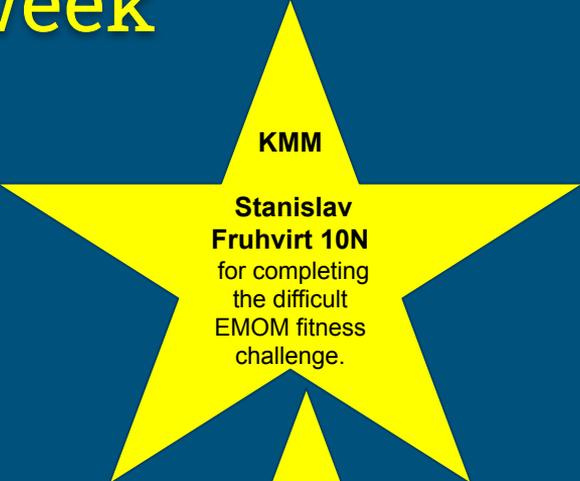


Stars of the week



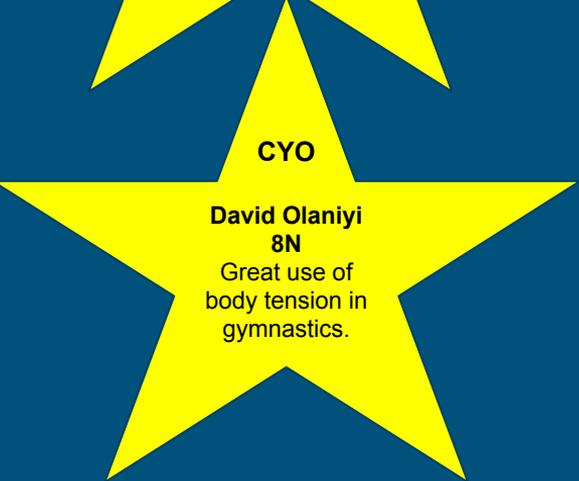
NHZ
Tinkal Nanji 11V
Amazing
handball skills.

KMM



**Stanislav
Fruhvirt 10N**
for completing
the difficult
EMOM fitness
challenge.

CYO



**David Olaniyi
8N**
Great use of
body tension in
gymnastics.



ACR
Preethi Sriniva.
Great effort.





Stars of the week

SFU

Rebecca Cox 9R
So much
enthusiasm and
great rhythm in
new street dance
unit!

RWH

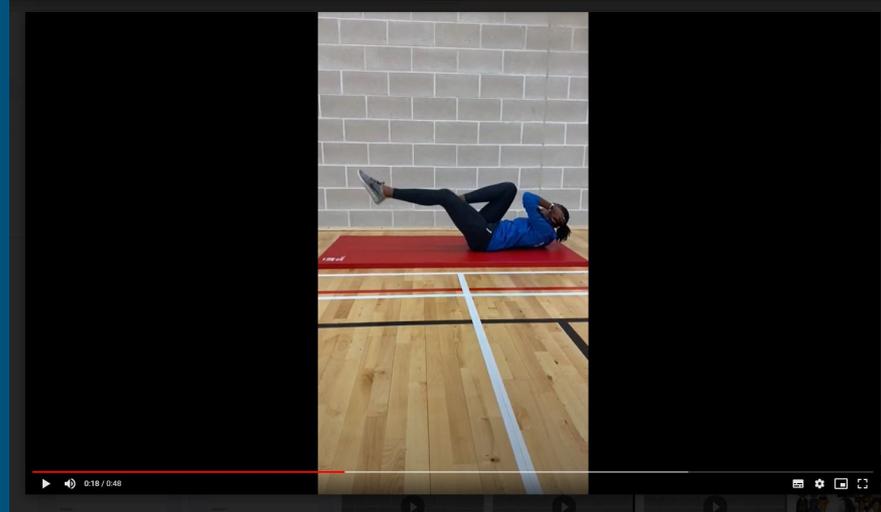
Ashanti Reid 9T
Fantastic
goalkeeping in
handball!

MTA

Pierre
Austin-Ramtahal
10V
Fantastic Handball
Skills



Weekly Challenge



Have a go yourself! Submit your scores on the [Google Form](#).

Recipe of the week

This week the year 9's are cooking a Thai green Curry.



Staff Profile



Miss White

Student Profile



Salim M 8Y

What is your favourite sport? Football

What is your most memorable sporting moment? Being the fastest in my primary school beating everyone else!

Who is your favourite sports personality? Lionel Messi

Why? Fantastic all round player

Word of the week

Choreography

Choreography is the art or practice of designing sequences of movements of physical bodies in which motion, form, or both are specified.

Can you use the word 'Choreography' in a sentence?

MINDFULNESS

Take a moment to stand up, stretch your legs and refocus.

Think about how you are going to be productive throughout today.



Set yourself a goal you want to achieve today. Eg. be kind to someone, or do something helpful without being asked.