

# Exam Reflection

**I ran out of time**

**Practise under Timed Conditions**

**Practise writing succinctly**

- Select Key Terms
- Pick out main points
- Set a word limit
- Use Post It Notes

**My answers lacked detail**

**Use the 4 Part Exam Technique**

**Practise using PEEL**

1. Review notes
2. Do exam questions
3. Mark & Improve
4. Update your notes to clarify misconceptions

**My mind went blank**

**Change Retention Strategies**

**Sleep, Eat & Practise Mindfulness**

- Acronyms
- Spaced retrieval
- Chunking
- Use Colours/Diagrams

**My content was inaccurate**

**Change your style of making notes**

**Speak to your teachers for support**

- Make Flash Cards
- Focus on Key Terms
- Use your PLC's
- Review Mark Schemes