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## Latest Advice and Information for Parents, Students and Staff 2020 Summer Term Edition



### Safeguarding during the Summer Holidays

We have now closed for the holidays. But that does not mean safeguarding and looking after our students takes a break. We have a number of resources and activities you can do over the holidays to help your child be safe.

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### Who do I contact if I have a concern over the summer?

If you have any concerns about a child being harmed or at risk of harm please contact:

**999**

If you think a child is in immediate danger then call the police on **999**.

**Brent Family Front Door** on **020 8937 4300** (option 1) to discuss your concern. If you are calling outside normal office hours (9am - 5pm) please call our emergency duty team on: **020 8863 5250**.



**Ealing Children's Integrated Response Service** on **020 8825 8000** – the team is available weekdays 9am – 5pm and 24 hours a day for more serious cases.



**NSPCC** : Whether you want support and advice for adapting to family life in lockdown, or you're worried about a child, you can contact the NSPCC on their helpline using the number **0808 800 5000**. You can visit their website [here](#) for more information.



This is a fantastic place for families to get advice and guidance in a digital world. Click [here](#) to visit their website. It covers a wide variety of topics for parents to get guidance and advice.

Games, apps  
and tech

Parenting

Safety and  
settings

Relationships  
and sex

Education and  
the future

Health and  
wellbeing



**Parent Activity** : Ask your child to show you their social media. Look at their phone (or tablet) with them and ask questions about what they say, who they talk to and what they post online. This is the best way to ensure young people learn to communicate online that is courteous and safe.

Here are some ideas on how to start a conversation with your child [here](#).



**National Online Safety** : This is a great resource for parents and students to find out about all the latest in staying safe online. They have easy to understand guides on pretty much everything! Each week they publish a new guide as part of their **#WakeUpWednesday**. All the guides are [here](#).

Recent topics have included sexting, being kind online, Instagram, maintaining good mental wellbeing ... plus lots more available - to view is free. If you want to download the posters you will need to register.



## Current Topics : Domestic Abuse

During the current times of COVID-19 and lockdown restrictions the number of reported incidents of domestic abuse has increased. **What is domestic abuse?**



Domestic abuse is any type of controlling, bullying, threatening or violent behaviour between people in a relationship. But it isn't just physical violence – domestic abuse includes any emotional, physical, sexual, financial or psychological abuse. It can happen in any relationship, and even after the relationship has ended. Both men and women can be abused or abusers.

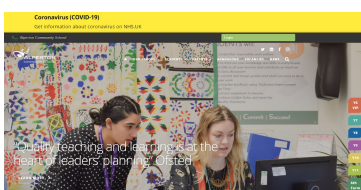
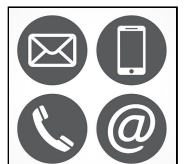
**Witnessing domestic abuse is child abuse**, and teenagers can suffer domestic abuse in their relationships. Domestic abuse can seriously harm children and young people. Domestic abuse can happen in many different ways including:

- **Physical** – hitting, punching, kicking, pushing, slapping
- **Emotional** – threatening to hurt the other person, doing and sayings things to frighten the other person, swearing at them or saying things to make them feel bad
- **Sexual** – doing or making someone do sexual things that they don't want to
- **Financial** – taking away the other person's money, not giving the other person money when they need it or not letting them get a job.

Children or a young person witnessing domestic violence in the home may be feeling very alone, frightened, depressed, confused and isolated. If you feel like this or you are concerned about a young person then you must report it ... for you or others to get help.

## Are all your contact details up to date?

If you change your home phone / email / mobile number please let the school know so that we have the most up to date contact details.



## Keep up to date by visiting our website

All the latest information about reopening in September and all other news will be updated on our website. Visit our website [here](#).