

Reading Age Guidance

What is a 'Reading Age'?

An estimate of a child's reading ability, in reference to an average age at which a comparable ability is found.

For example: if your child has a Reading Age of 13 years, this means they have the reading ability of an average 13 year old. Reading Age does not always match a child's actual age – it may be lower or higher.

How can my child improve their reading age?

Improving reading age is a gradual process and takes time – usually, a child's reading age will progress by a few months each year. However, the following can help:

- Making sure your child reads for at least 20 minutes every day.
- Where possible, your child should try to read books that are suitable for their reading ability by reading within their ZPD range (please [click here](#) to read more about the Accelerated Reader programme)
- Taking a reading comprehension Accelerated Reader quiz to test their knowledge once they have finished a book (this can be accessed through the school homepage).

Recommended Reading

Please click the links below to see our recommended reading lists:

[Year 7 & 8 Recommended Reading](#)

[Year 9, 10 & 11 Recommended Reading](#)

Please [click here](#) to access April (and soon, May) lower and upper school Library Newsletters, which contain lots of links for free reading resources and activities, including audiobooks, library services and podcasts.