

Dear Parents/Carers

I am writing to share with you the latest advice on coronavirus (covid-19). As a school we are making sure we remind staff and students how to wash their hands properly: wet, soap, wash, rinse, dry; and to always use a tissue: catch it, kill it, bin it. This is the best way to protect ourselves from infection. This week we have run assemblies for all of our students on the best way to protect themselves.

Please note the latest advice from the NHS which states: if you have returned from these specific areas since February 19th, you should call NHS111 and self-isolate even if you do not have symptoms: Iran; specific lockdown areas in Northern Italy, special care zones in South Korea as designated by the Government of the Republic of South Korea; Hubei province (returned in the past 14 days).

If you have returned from the following areas since February 19th and develop symptoms, however mild, you should self-isolate at home immediately and call NHS111. You do not need to self-isolate if you have no symptoms: Northern Italy, Vietnam, Cambodia, Laos, Myanmar.

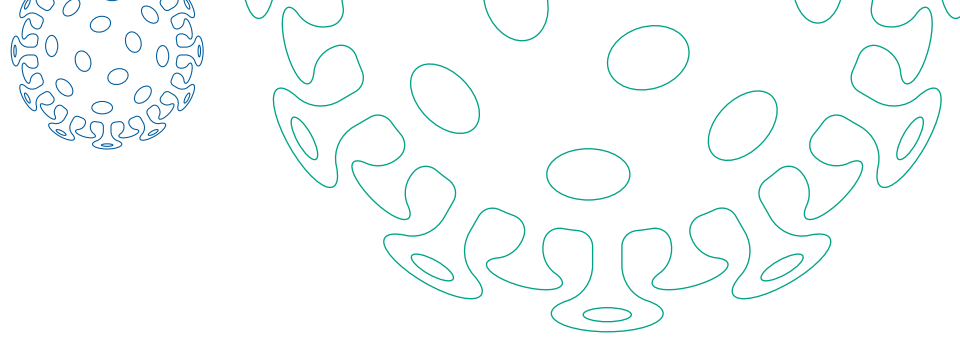
If you have returned from these areas within the past 14 days and develop symptoms, however mild, you should self-isolate at home immediately and call NHS111: China; Thailand; Japan; Republic of Korea; Hong Kong; Taiwan; Singapore; Malaysia; Macau.

Of course, we will continue to keep you updated on the government's response to Coronavirus, but please remember that Public Health England advises that the risk to individuals still remains low.

Yours sincerely



Gerard McKenna
Head Teacher



Advice on the coronavirus for places of education

How serious is the coronavirus?

- it can cause flu-like symptoms, including fever, cough & difficulty breathing
- the infection is not serious for most people, including children
- there is currently no vaccine
- most people get better with enough rest, water to drink and medicine for pain

How likely are you to catch the virus?

- you can only catch it if you have been close to a person who has the virus
- the chance of being in contact with the virus is currently low in the UK
- if you have travelled to areas where many people are infected, your chance of catching the virus is higher, i.e. China and any affected areas

How can you stop coronaviruses spreading?

If you need to cough or sneeze



Catch it with a tissue



Bin it



Kill it by washing your hands with soap & water or hand sanitiser

You should wash hands with soap & water or hand sanitiser



After breaks & sport activities



Before cooking & eating



On arrival at any childcare or educational setting



After using the toilet



Before leaving home



Try not to touch your eyes, nose, and mouth with unwashed hands



Do not share items that come into contact with your mouth such as cups & bottles



If unwell do not share items such as bedding, dishes, pencils & towels



Stop germs spreading with our e-Bug resources on hand and respiratory hygiene lesson plans for KS1, 2 and 3: campaignresources.phe.gov.uk/schools

What should you do if you feel unwell?

Keep away from others and stay at home to stop the infection spreading. Avoid public transport if you think you have symptoms of coronavirus. If you become unwell at a place of education, tell a member of staff and let them know if you have travelled to any other countries in the last 14 days.

If your staff member or parent thinks you have symptoms of coronavirus, they should call **NHS 111** for advice. Follow the UK Government advice for childcare or educational settings gov.uk/government/publications/guidance-to-educational-settings-about-covid-19. Parents can visit **NHS.UK** to find out more information. Teachers and support staff should follow the UK Government advice.

Staff, students and pupils who have returned from Wuhan and Hubei Province in China should self isolate, and NOT attend education or work for 14 days. See **NHS.UK** for advice on coronavirus.

If there is an emergency, call 999 immediately

