

The Power Hour / Study Clock		How
15 mins	Revision / Recapping	Make mindmaps / flashcards. Reduce and transform notes for them to be stored in memory
15 mins	Exam Practice Questions	Do this with your notes in front of you. This is more to apply your understanding than to test memory
10 mins	Mark Answers	Use the mark schemes AND the examiner reports if available or your notes.
15 mins	Redo Answers fully	The ones you lost even ONE mark on, do them again to replace inaccurate & faulty understanding
5 mins	Add missing concepts to your notes	Update your notes - do not redo them completely. Annotate them with information in the markscheme you didn't think to include / highlight anything you didn't remember

