

AFA 1 Dates

Year 10

1st - 16th Dec- In classrooms

2nd December will be Sports hall/auditorium

Year 11

9th -23rd January

To find out more information of your AFA 1 schedule , a list of revision topics, helpful revision websites, and hyperlinked revision resources, please visit:

For Year 10

<https://heartlands.haringey.sch.uk/students/examinations/year-10/>

OR

On HHS website click on

“Student” ->

“Examinations”->

“Years 10”

For Year 11

<https://heartlands.haringey.sch.uk/students/examinations/year-11/>

OR

On HHS website click on

“Student” ->

“Examinations”->

“Year 11”

5 things I should do now to start preparing

Even though AFA 1 starts in 4+ weeks you can start preparing yourself now by

1 Find out how best to revise for each subject

- ✓ **Active Revision** – Summarise your notes or make mind maps.
- ✓ **Use Past Papers** – Practicing old test questions helps you understand exam patterns.
- ✓ **Flashcards** – Start creating your flashcards so you can start revising a month before your exams.

2 Identify your weaker topics

- ★ **Find Your Weak Areas** – Focus on subjects or topics where you struggle the most.
- ★ **Old AFA Paper** – Look at your previous AFA to help identify what you need to improve on

3. Improve Time Management

- 🕒 **Create a Revision timetable** – Plan small, focused study sessions rather than last-minute cramming.
- 🕒 **Set Study Goals** – Break big topics into smaller, manageable sections.

4. 100% every lesson, every day

- 💡 **Home learning** – Attempt your HL once it has been set
- 💡 **Stretch** – Try to reach the stretch activity in your lesson
- 💡 **Ask for Help** – Teachers, friends, and family can support you if you're struggling.

5. Online resources

Name	Exam board	Past Exam Papers	Revision website 1	Revision website 2	Revision website 3
Biology GCSE (9-1)	OCR Gateway (A)	Past papers materials finder - OCR	Your Class PLC with links to videos, lessons, past exam papers, knowledge tests	Home - BBC Bitesize	
Business GCSE(9-1)	Edexcel	Edexcel (Pearson) GCSE Business Past Papers [PDFs & Mark Schemes]	GCSE Business Revision	GCSE Business - Edexcel - BBC Bitesize	
Chemistry GCSE (9-1)	OCR Gateway (A)	https://www.ocr.org.uk/qualifications/past-paper-finder/	Your Class PLC with links to videos, lessons, past exam papers, knowledge tests	Home - BBC Bitesize	
Citizenship GCSE (9-1)	AQA	GCSE Citizenship Studies 8100 Assessment Resources AQA	Study rocket	Use Seneca for additional revision	
Combined Science GCSE (9-1)	OCR Gateway (A)	Past papers materials finder - OCR	Your Class PLC with links to videos, lessons, past exam papers, knowledge tests	Home - BBC Bitesize	
Computer Science GCSE (9-1)	AQA	Assessment Resources-Past papers	Isaac Computer Science	AQA GCSE Support Videos	
Drama GCSE (9-1)	Eduqas	GCSE Drama Eduqas	GCSE Drama - Eduqas - BBC Bitesize	GCSE Drama Eduqas	WJEC/Eduqas GCSE Drama Study & Revision Guide: Amazon.co.uk
Engineering NCFE	NCFE	Past papers NCFE			
English Language GCSE (9-1)	AQA	English Lit & Lang Revision Resources & Past Papers Links	AQA English Language Paper 2 Question 1 (2026 Onwards)	AQA English Language Paper 1 Question 1 (2025 only)	GCSE English Language - AQA - BBC Bitesize
English Literature GCSE (9-1)	AQA	English Lit & Lang Revision Resources & Past Papers Links	Poems - GCSE English Literature - BBC Bitesize	https://www.youtube.com/watch?v=oKY_RRM-Wg	AQA 'Power and Conflict' Poetry - YouTube
Food GCSE (9-1)	Eduqas	GCSE Food and Nutrition	https://www.bbc.co.uk/bitesize/subjects/zdn9jhv	Free GCSE Food Preparation and Nutrition WJEC Revision Content — Study Rocket	 Free Eduqas Food Prep & Nutrition GCSE Revision Seneca
French GCSE (9-1)	AQA	REVISION WORLD	AQA BITESIZE FRENCH	SENECA AQA French AQA resources	Edukas French revision
Geography GCSE (9-1)	AQA	AQA GCSE Geography Past Papers	BBC Bitesize Geography	Seneca list of AQA Geography resources	

5. Online resources

Name	Exam board	Past Exam Papers	Revision website 1	Revision website 2	Revision website 3
History GCSE (9-1)	Edexcel	Edexcel GCSE History Past Papers	History knowledge booster with links to video clips, knowledge organisers and quizzes here	BBC Bitesize	Oak Academy Migrants in Britain resources and lessons
Mathematics GCSE (9-1)	Ed Excel	Edexcel GCSE Maths Past Papers	gcse maths revision	Corbettmaths	mathsgenie.co.uk/papers.php
Music GCSE (9-1)	Eduqas	GCSE Music Eduqas	GCSE Music - Eduqas - BBC Bitesize	GCSE Music Eduqas	GCSE Music
PE GCSE (9-1)	Pearson Edexcel	Edexcel GCSE PE Past Papers - Revision World	https://theeverlearner.com/	GCSE Physical Education - Edexcel - BBC Bitesize	
Photography GCSE (9-1)	Edexcel		GCSE Photography: A Student Revision Guide	Photographic process - Photography and cameras - AQA - GCSE Art and Design Revision - AQA - BBC Bitesize	Photography Sketchbook Guide
Physics GCSE (9-1)	OCR Gateway (A)	Past papers materials finder - OCR	Your Class PLC with links to videos, lessons, past exam papers, knowledge tests	https://www.bbc.co.uk/bitesize	
Sociology GCSE (9-1)	AQA	GCSE Sociology 8192 Assessment Resources AQA	Reference Library Sociology tutor2u	Short and effective Seneca Revision Notes for A-Level & GCSE	
Spanish GCSE (9-1)	AQA	Revision World AQA Spanish	BITESIZE AQA Spanish	EDUKAS GCSE AQA	SENECA AQA Spanish
Sport Studies - CN	Cambridge Nationals	Cambridge Nationals - Sport Studies Level 1/Level 2 – J829	CNAT Sports Studies (2022) at The EverLearner	CNATs Sport Studies Revision Resources – The PE Classroom	
Statistics GCSE (9-1)	Edexcel	Exam Papers Stats Academy	Y11 Foundation Stats revision guide	Y11 Higher Stats revision guide	Higher Stats Revision resources
Religious Studies	AQA year 11 EDEXCEL year 10	RS GCSE Past Papers Revision World	GCSE Religious Studies - AQA - BBC Bitesize	GCSE Religious Studies Revision Quizlet	

How to revise

Study in Intervals

- 25 minutes study, 5 minutes break (Pomodoro Technique)

Prioritise Topics

- Focus more on weaker subjects
- Break subjects into smaller topics

17 July **Make a Realistic Plan**

- Create a timetable that's achievable
- Mix subjects to stay engaged

Use Resources

- AFA schedule & materials on HHS website
- Use past papers and revision guides

Find a Quiet Space

- Study at **Wood Green Library** or **school library**

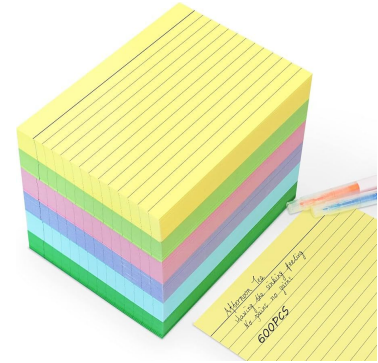
Look After Your Health

- Drink water, eat fruit & veg
- No junk food or energy drinks
- Exercise daily
- Sleep at least 8 hours
- Don't stress – preparation reduces anxiety

5 most effective revision Techniques

1. Retrieval Practice

- This is a learning strategy where we focus on getting information out – retrieving it from our minds.
- Retrieve as much information as you can before you check your answers. It's important for you to find out what you still need to work on and where you should focus the next stage of your revision.



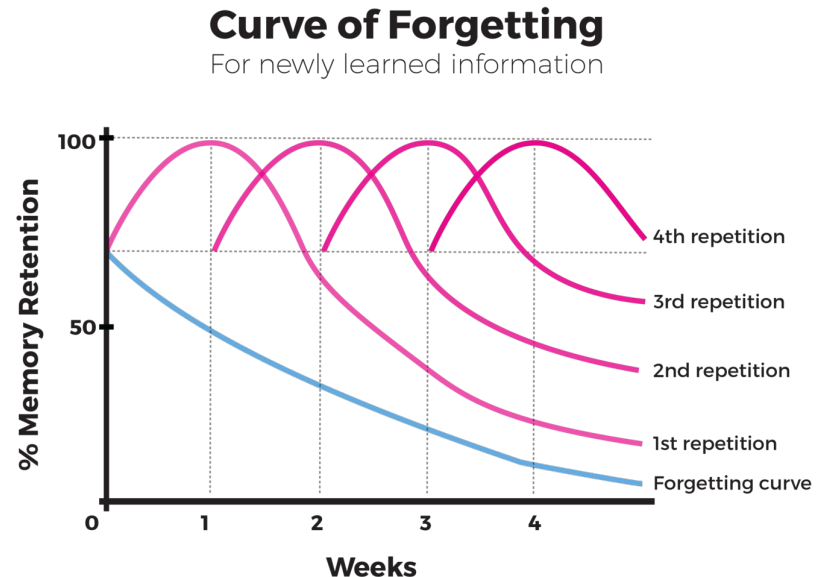
- **Resources:** Self-Quizzing, Low Stakes Quiz, Flash Cards, Teach somebody in 3 minutes- Just make sure that you DON'T use your notes when answering .

5 most effective revision Techniques

2. Spaced Retrieval

- You need to space out the revision that you do into manageable chunks to ensure that you revisit and keep practicing to overcome the forgetting curve.
- Resources:** Revision timetable

The graph to the right gives you a visual example of how to do your spaced retrieval to maximise learning.



Organise your revision time with a revision timetable

You need to space out the revision that you do in your manageable chunks

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00 - 9:50	Maths	English	History	Maths	English	History	Time Off
Break							
10:00 - 10:50	Maths	English	Geography	Maths	English	Geography	
Break							
11:00 - 12:00	French	History	Religious Studies	Music	Geography	Religious Studies	
Lunch							
1:00 - 1:50	Biology	Physics	Chemistry	Biology	Physics	Chemistry	Music
Break							
2:00 - 2:50	Biology	Physics	Chemistry	English	Maths	Maths	Religious Studies
Break							
3:00 - 3:50	English	Maths	English	Chemistry	Biology	Physics	French
Break							
4:00 - 5:00	Geography	Music	Time Off	French	History	Time Off	Review and Plan for Next Week
Dinner							
Evening	Review the day, look ahead to the next day and talk to people. Go over some flashcards or tell someone what you have learned.						

5 most effective revision Techniques

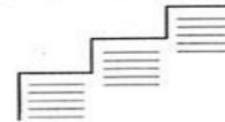
3. VISUAL ORGANISERS -

For subjects where there are processes or key events in order or obvious links and relationships.

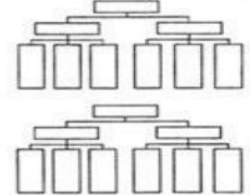
They provide a means whereby learners can organise their ideas, before going on to express their thoughts in speech or writing.

Resources: Cue Cards/Mind Maps
/Spider Diagrams /Diagrams,
Tables and Timelines

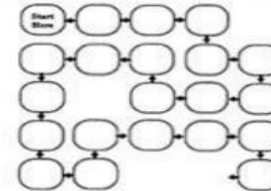
Sequential Thinking Model



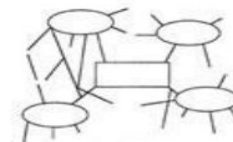
Sequential Thinking Model



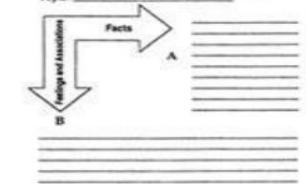
Sequential Thinking Model



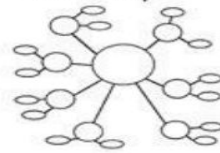
Web



Thinking at Right Angles



Mind Map



5 most effective revision Techniques



4. “Blurting” - Quickly read a section of a textbook or study guide, then close the book and write down as much info as you can. Once you’re done, reopen the text and see which areas you remembered well and which areas you didn’t. Then, give it another go, until you feel the information really going in.

5. PAST PAPERS(KS4): Sit the exam paper , mark your paper with the exam boards mark scheme and read the examiners report which will give you an idea of the main errors and misconceptions.

Write your name here	
Surname	Other names
Pearson Edexcel Level 1/Level 2 GCSE (9-1)	
Centre Number	Candidate Number
Mathematics Paper 2 (Calculator)	
Foundation Tier	
Thursday 7 June 2018 – Morning Time: 1 hour 30 minutes	Paper Reference 1MA1/2F
You must have: Ruler graduated in centimetres and millimetres, protractor, pair of compasses, pen, HB pencil, eraser, calculator. Tracing paper may be used.	
	Total Marks

Instructions

- Use **black** ink or ball-point pen.
- Fill in the **boxes** at the top of this page with your name, centre number and candidate number.
- Answer **all** questions.
- Answer the questions in the spaces provided – there may be more space than you need.
- You must **show all your working**.
- Diagrams are **NOT** accurately drawn, unless otherwise indicated.
- Calculators may be used.
- If your calculator does not have a π button, take the value of π to be



What happens after your AFAs?

- Your teacher will give your marked exam paper and go through the paper during FIT week.
- It is important that during this time you have identified the topics you need to improve and start revising these at home for the next AFA.
- For Year 7-9 , you and your parents will receive a copy of your AFA report outlining a comparison of how well you have done compared to other students in your DPR pathway.
- Heads of Subject may use this data to decide some appropriate set changes.
- Students who need further support in a subject may receive external tuition or attend after school intervention sessions
- Students who have massively improved since their last AFA or achieved very high scores will be rewarded in a HT3 rewards assembly.

Revision advice from former HHS students

Don't worry. Worrying will put you off and stop you from doing anything at all.

Don't be frightened to **ask your teachers for help** – they will be glad to support you and will do all they can.

Do not take the easy option and go over things that you already know. This might make you feel better (*and boost your confidence*) but actually is of no benefit.

Plan your revision. There's no point in trying to cram too much in. Work backwards from the exam date to now to fit everything in!

Revision advice from former HHS students



Break up the time into 25 minutes of study and 5 minutes rest.

Ensure quiet working space is available. Wood Green Library and our school library offer quiet study areas.

Do not get too stressed about your AFAs. By properly preparing for your AFAs will reduce any stress.

Look after yourself!

- Drink plenty of water
- Eat plenty of fruit and vegetables.
- No junk food or sugary snacks.
- Exercise regularly, walking to and from school counts.
- Sleep at least eight hours a day.