

MON

TUES

WED

THURS

FRI

MEAL DEAL

£2.90

Theme Days

JERK CHEESEBURGER WITH JERK KETCHUP & HOMEMADE WEDGES (MK, SE*, SO, SU, G/W)

SMOKEY BEEF & LENTIL CHILLI CON **CARNE WITH** STEAMED RICE (G/B*, O*, R*, W*)

SAUSAGE & MASH WITH SEASONAL **VEGETABLES & ONION GRAVY** (MK, SU, G/W)

SWEET CHILLI CHICKEN WINGS WITH SEASONED **WEDGES & PICKLED** CABBAGE (G/B, W)

PIRI PIRI CHICKEN **LEG & SEASONED** WEDGES

VEGGIE BURGER WITH JERK KETCHUP & HOMEMADE WEDGES (SE*, G/W)

SMOKEY PLANT BASED CHILLI WITH STEAMED RICE (G/B*, O*, R*, W*)

VEGGIE SAUSAGE & MASH WITH **SEASONAL VEGETABLES & ONION GRAVY** (CE, MK, G/W)

SWEET CHILLI VEGAN NUGGETS WITH **SEASONED WEDGES &** PICKLED CABBAGE (G/B, W) 0

VEGAN SAUSAGE ROLL WITH CHIPS (MK*, SO, G/B, W)

TOMATO & BASIL **PASTA** (CE, G/W)

CREAMY CAJUN PASTA (MK, MU, G/W)

TOMATO & PESTO **PASTA** (CE, MK, G/W)

CREAMY CARBONARA (MK, G/W)

MEDITERRANEAN VEGETABLE PASTA (G/W)



ALL DISHES SERVED WITH SEASONAL VEG OR CHEF SALAD



PEACH & GINGER CRUMBLE WITH CUSTARD (MK, G/W)

CHOCOLATE & ORANGE CAKE WITH CREAM (E, MK, SO*, G/W)

APPLE TART WITH CUSTARD (MK, G/W)

JAM ROLY POLY (E, MK, SO*, G/W)

CARROT CAKE (E, MK, SO*, G/W)



CE = CELERY CR = CRUSTACEAN E = EGGS

G/B = BARLEY

G/O = OATSG/R = RYE

L = LUPIN MK = MILK

MU = MUSTARD N = NUTS

SE = SESAME SO = SOYA

* = MAY CONTAIN

ALLERGENS KEY:

F = FISH G = GLUTEN

G/W = WHEAT

MO = MOLLUSCS

P= PEANUTS

SU = SULPHUR DIOXIDE



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Theme Days

CHICKEN FAJITAS, NACHOS, SOUR **CREAM & SALSA** (MK, MU, SO*, G/W) SWEDISH MEATBALLS, STEAMED RICE & **CREAM SAUCE** (MK, G/W)

LEMON & THYME ROAST CHICKEN, ROAST POTATOES, SEASONAL ROASTED **VEGETABLES & GRAVY**

BEEF & LENTIL PASTA BOLOGNESE WITH GARDEN SALAD & GARLIC BREAD (MK*, SO*, G/B*, W)

FRESH MINTED **MUSHY PEAS &** HOMEMADE TARTARE SAUCE (E. F. G/W)

FISH & CHIPS WITH

HALLOUMI & SPICY **VEGETABLE FAJITA** WITH SOUR CREAM & SALSA (MK, MU, G/W)

SWEDISH VEGGIE MEATBALLS. STEAMED RICE & **CREAM SAUCE** (CE*, E*, MK, MU*, SE*, SO, G/B, W)

FALAFEL, ROAST POTATOES & **SEASONAL VEGETABLES** (SU*)

VEGGIE PASTA BOLOGNESE WITH GARDEN SALAD & GARLIC BREAD (CE, MK*, SO*, G/B*, W)

CHEESE & ONION PASTY & CHIPS (MK, G/W)

ASTA POPIN/ E2.30

TOMATO & BASIL **PASTA** (CE, G/W)



CREAMY CAJUN PASTA (MK, MU, G/W)

TOMATO & PESTO **PASTA** (CE, MK, G/W)

CREAMY CARBONARA (MK, G/W)

MEDITERRANEAN VEGETABLE PASTA (G/W)



ALL DISHES SERVED WITH SEASONAL VEG OR CHEF SALAD



ORANGE SYRUP SPONGE WITH VANILLA SAUCE (E, MK, SO*, G/W)

EVE'S PUDDING WITH CUSTARD (E, MK, SO*, G/W)

WINTER FRUIT **CRUMBLE WITH** CUSTARD (MK, G/B*, O, W)

BERRY SPONGE CAKE (E, MK, SO*, G/W)

JAM & COCONUT SPONGE WITH **CUSTARD** (E, MK, SO*, SU, G/W)



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