|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  **Week 1** | **Meat Free Monday** | Tuesday | Wednesday | Thursday | Friday |
| Main Course | Pasta with a Tomato, Basil, Onion & Garlic SauceGarlic BreadGrated Cheddar Cheese | Chicken Sausage with Creamy Homemade Mashed PotatoOnion GravyPeas | Chicken Katsu Curry:Chicken in Panko Crumb with a mild Curried Sauce made with Onion, Garlic, Ginger, Carrot & Garam MasalaSteamed Rice & Peas | Honey, Ginger, Garlic & Soy ChickenEgg Noodles with Sweetcorn, Water Chestnuts, Carrot, Peppers, Bamboo Shoot, Sugar Snap Peas & Peppers | Traditional Style Battered Pollock (Sustainably Caught)Baked BeansChipsHomemade Tartar Sauce |
| Vegetarian | Pasta with a Tomato, Basil, Onion & Garlic SauceGrated Cheddar Cheese | Plant Based Sausage made with Soya, Pea & Rice ProteinsMashed PotatoOnion Gravy | Tofu marinated with Soy, Honey, Lime & ChilliStir Fried Rice with Onion, Garlic, Red Pepper & Peas**(Vegan)** | Rice Noodles with Sweetcorn, Water Chestnuts, Carrot, Peppers, Bamboo Shoot, Sugar Snap Peas & PeppersEdamame Beans, Honey, Ginger, Garlic & Soy**(Vegan)** | Special Vegetarian Dish of the Day |
| Homemade soup of the day with Crusty Roll | Roasted Tomato with Halloumi Croutons (V) | Minestrone (V) | Kohlrabi & Caraway (V) | Chicken Noodle | Pea & Mint (V) |
| Pudding | Apple & Cinnamon Crumble with CustardFresh FruitOrganic YogurtCheese, Crackers & Raisins |  Fresh Fruit Salad PotsOrganic Yogurt | Carrot Cake with Buttercream FrostingFresh FruitOrganic Yogurt | Mandarin Sponge with Icing, Sprinkles & CustardFresh FruitOrganic Yogurt | Banoffee PieGinger Biscuit Base Banana, Caramel & Cream Fresh FruitOrganic Yogurt |

**Week ending: 13.11.20**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Week 2** | **Meat Free Monday** | Tuesday | Wednesday | Thursday | Friday |
| Main Course | Jacket Potatoes with a choice of:Baked BeansGrated Cheddar CheeseTuna MayonnaiseSalad & Coleslaw Pot | Jerk Chicken Thigh(Scotch Bonnet, Allspice, Spring Onion, Lime & Garlic, Cinnamon, Garlic, Ginger & Nutmeg)Rice with Peas, Onion, Mixed Beans & Coconut | Hand Cut Potato Wedges with Cajun Chicken, Sweetcorn, Spring Onion & Cheese | Buttermilk Chickenwith Macaroni Cheese & Peas Sauce: Béchamel, pureed cauliflower & Butternut Squash | Traditional Style Battered Pollock (Sustainably Caught)ChipsPeasHomemade Tartar Sauce |
| Vegetarian | Jacket Potatoes with a choice of:Baked BeansGrated Cheddar CheeseTuna MayonnaiseSalad & Coleslaw Pot | Jerk Tofu(Scotch Bonnet, Allspice, Spring Onion, Lime & Garlic, Cinnamon, Garlic, Ginger & Nutmeg)Rice with Peas, Onion, Mixed Beans & Coconut**(Vegan)** | Hand Cut Potato Wedges with Cajun Mixed Beans, Sweetcorn, Spring Onion & Cheese | Macaroni Cheese & Peas Sauce: Béchamel, pureed cauliflower & Butternut Squash | Special Vegetarian Dish of the Day |
| Homemade soup of the day with Crusty Roll | Brothy Tortellini with Spinach, White Beans & Basil (V) | Thai Sweet Potato (V) | Chicken & Pearl Barley Broth | Butternut Squash & Cauliflower (V) | Sweetcorn Chowder (V) |
| Pudding | Pineapple, Mango & Coconut Crumble with CustardFresh FruitOrganic YogurtCheese, Crackers & Raisins | Fresh Fruit Salad Pots Fresh FruitOrganic Yogurt | Chocolate Fudge Cake with Whipped Cream & StrawberryFresh FruitOrganic Yogurt  | Eves Pudding with Custard(Apple Sponge)Fresh FruitOrganic Yogurt | Banana Cake with Salted Caramel Sauce & CustardFresh FruitOrganic Yogurt |

**Week ending: 20.11.20 & 27.11.20**