

Parent Information Evening

Bude: 27th to 31st March



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Departure Details:

Departure:

Monday 27th March 2017 @ 07:00

Return:

Friday 31st March 2017 @ 17:00

Journey Time:

5 hours

Outdoor Adventure Address:

Outdoor Adventure,
Widemouth Bay,
Bude,
Cornwall.



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Consent Forms:

Please complete and return the student's medical consent forms by the end of tonight's meeting.

- Pre existing medical conditions/requirements
- Dietary requirements

| PARENTAL CONSENT FOR VISIT TO OUTDOOR ADVENTURE, CORNWALL | |
|---|--|
| Dear Parent/Guardian Please complete and return this form before which takes in the forthcoming visit for which you have already received details. This form gives your consent for your child to take part in this visit/activity. | |
| SCHOOL, COLLEGE OR CENTRE Sturminster High School, Smeaton Road, W and Ocean, Dorset, PO2 7ST | |
| VISIT TO: Outdoor Adventure, Atlantic Court, Widemouth Bay, Bude, Cornwall, EX23 0DF | |
| FROM: (Date and Time): Monday 27 th March 2017 | |
| TO: (Date and Time): Friday 31 st March 2017 | |
| NAME OF CHILD OR STUDENT: | |
| DATE OF BIRTH: | |
| SPECIAL DETAILS Any relevant information concerning your child's health requiring special attention but which does not prevent him or her taking part should be noted below. For example, does your child: <ul style="list-style-type: none">• Have any allergies including allergies to medication?• Take medication and if so what is the dosage required?• Experience travel sickness?• Have diabetes, asthma or epilepsy?• Heart conditions | |
| Has your child been in contact with any contagious infectious disease or suffered from any illness in the last 4 weeks that may be or become contagious or infectious? If YES give brief details. | |
| Does your child have any specific dietary requirements? | |
| Do you have any ADDITIONAL COMMENTS ? | |
| Swimming ability: (for water based activities) Is your child able to swim 50 metres? YES/ NO Is your child water confident (they do not have to be able to swim, however they must be comfortable in the water)? YES/ NO | |
| 1 I would like my child/daughter to take part in the above mentioned visit or activity and having read the information provided agree to him/her taking part in the activities described. | |
| 2 I consent to any emergency medical treatment as considered necessary by the medical authorities (including anaesthetics, required) by my child during the visit. | |
| 3 I confirm that my child is in good health and I consider him/her fit to participate and acknowledge the need for absolute and responsible behaviour on his/her part. | |
| 4 I undertake to inform the organisers/lead as soon as possible of any change in the medical circumstances between the date signed and the start of the visit. | |
| 5 Outdoor Adventure operates with the highest level of health and safety management in place. Our Risk Assessments and procedures are critical to our safety. However, outdoor and adventure activities will always involve some risk and participants/parents/guardians should be aware of this. Outdoor Adventure LTD, its Directors and staff, will not accept liability for personal injury or loss or damage of property sustained by participants even where this is caused by the negligence of Outdoor Adventure. We strongly recommend you take out holiday insurance. | |
| SIGNATURE OF PARENT/GUARDIAN: _____ DATE: _____ | |
| NAME OF PARENT/GUARDIAN: _____ | |
| ADDRESS: _____ | |
| TEL NO (HOME): _____ (WORK): _____ (MOB): _____ | |
| IF NOT AVAILABLE AT ABOVE PLEASE CONTACT: _____ | |
| NAME: _____ TEL NO: _____ | |
| ADDRESS: _____ | |
| POSTCODE: _____ | |
| NAME, ADDRESS AND TEL NO OF FAMILY DOCTOR: _____ | |
| APPROXIMATE DATE OF LAST TETANUS INJECTION: _____ | |



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Activities:

Students individual activity groups and plans will be confirmed upon arrive. Activities include the following...

- Surfing
- Body boarding
- Coastal steering
- Climbing
- Canoeing
- Orienteering
- Archery
- Team building activities...



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Kit List¹:

- Waterproof coat and waterproof over-trousers.
- 2 Towels (we do not supply room towels).
- Swimwear.
- Wash kit.
- Night clothes.
- Notepad and pen.
- Packed lunch for the journey (no fizzy drink).
- Plenty of T-shirts.
- A sweatshirt or similar.
- 2 thick jumpers or fleece tops.
- 2 pairs of old loose trousers/tracksuit bottoms.



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Kit List²:

- Shorts.
- 2 pairs of thick socks.
- Woolly hat and gloves.
- Stout shoes or walking boots or wellies.
- 2 pairs old trainers or similar (one pair to wear in the water) You may wish to bring wet suit shoes instead (these are provided by the centre for most activities).
- A small rucksack/day bag.
- Drinks bottle.
- Torch.
- Sunblock.
- Small amount of cash for snacks.



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Rules & Expectations:

- Normal School rules apply regarding behaviour.
- SEARCH for SUCCESS
- Mobile phones are permitted but their use will be restricted; phones will be collected every evening and then returned to the students following afternoon activities.
- Please note that pupils are responsible for any electrical equipment they may choose to bring and do so at their own risk.



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Balance Payment:

Please ensure that you are keeping up with the final balance payments.

The final balance must be fully paid by June 2017.



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Any Questions:



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