



South Tyneside Council

RISK ASSESSMENT

Department: Services for Young People, Children, Adults & Families		Section: Thurston O.E.C.		Assessment No: L10												
Work Activity	Mountain Biking															
	All hazards & control measures as for "Generic Assessment for all Outdoor Activities" plus additions below				<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td colspan="2">Risk rating, without controls <i>(see Matrix overleaf)</i></td> </tr> <tr> <td>High</td> <td style="text-align: center;"><input checked="" type="checkbox"/></td> </tr> <tr> <td>Medium</td> <td style="text-align: center;"><input type="checkbox"/></td> </tr> <tr> <td>Low</td> <td style="text-align: center;"><input type="checkbox"/></td> </tr> </table>	Risk rating, without controls <i>(see Matrix overleaf)</i>		High	<input checked="" type="checkbox"/>	Medium	<input type="checkbox"/>	Low	<input type="checkbox"/>			
Risk rating, without controls <i>(see Matrix overleaf)</i>																
High	<input checked="" type="checkbox"/>															
Medium	<input type="checkbox"/>															
Low	<input type="checkbox"/>															
Hazards	<table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">Unsuitable terrain</td> <td style="width: 50%;">Dehydration</td> </tr> <tr> <td>Loss of control of bike</td> <td>Group separating</td> </tr> <tr> <td>Excess speed</td> <td></td> </tr> <tr> <td>Collisions</td> <td></td> </tr> <tr> <td>Mechanical failure</td> <td></td> </tr> <tr> <td>Clothing caught in bike</td> <td></td> </tr> </table>				Unsuitable terrain	Dehydration	Loss of control of bike	Group separating	Excess speed		Collisions		Mechanical failure		Clothing caught in bike	
Unsuitable terrain	Dehydration															
Loss of control of bike	Group separating															
Excess speed																
Collisions																
Mechanical failure																
Clothing caught in bike																
Population Exposed	Employees:	<input checked="" type="checkbox"/>	Sub Contractors:	<input checked="" type="checkbox"/>	Public:	<input checked="" type="checkbox"/>										
	Young Persons:	<input checked="" type="checkbox"/>	Special Groups:	<input checked="" type="checkbox"/>	Children:	<input checked="" type="checkbox"/>										
Control Measures	<p>Activity run in line with "Mountain Biking - Operating Procedures" with control measures including: Suitable route choice for group/conditions/weather & knowledge of route Appropriate briefing before potential hazards Bikes checked before each ride Correctly fitting helmets worn when cycling Spares & tools taken Adequate drink & food considered Plan escape routes Dismount & push to avoid unsuitable obstacles & terrain</p> <p style="text-align: center;">Continue on separate sheet, if necessary</p>															
Information Instruction Training Required	As stated in operating procedures															
Personal Protective Measures (PPE)	As stated in operating procedures															

Implementation Plan		By Whom	Target Date
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Risk Rating with Controls in place	<input type="checkbox"/> HIGH	<input checked="" type="checkbox"/> MEDIUM	<input type="checkbox"/> LOW
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Monitoring and Review	Review Date	By Whom	Target Date
	<i>Dec 2020</i>		<i>Jan 2022</i>

Action Identified From Review	None	By Whom	Target Date
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Risk Matrix

Likelihood		Worst Case Outcome		
		<i>Fatality</i>	<i>Major Injury</i>	<i>Minor Injury</i>
	<i>Probable</i>	HIGH	HIGH	MED.
	<i>Possible</i>	HIGH	MED	MED.
	<i>Improbable</i>	MED.	LOW	LOW

Assessment conducted by: _____ **Signed:** _____ **Date:** _____
 Revised: December 2020. AS, RC, JS.