

Coniston, Cumbria, LA21 8AB

Phone: 015394 41218

Email: Thurston.info@southtyneside.gov.uk

www.thurston-oec.co.uk

Sea Level Traversing

INTRODUCTION

Sea level traversing can be offered as a day or half-day when conditions allow.

VENUE

Humphrey Head.

Any other venue to be approved by Head of Centre or deputy.

STAFFING

- Ratio: The normal instructor/participant ratio.
- Staff should have knowledge of the venue, site specific training, be in-house trained, have an awareness of tides and be an ML holder.

EQUIPMENT

Helmets must be worn

OPERATING CONSIDERATIONS

- Tide tables checked and an awareness of the implications.
- · Participant aware of the specific dangers including quick sand.
- Leader must have a mobile phone or a method of communication.

Revised: December 2020 AS, RC, JS.