



Coniston, Cumbria, LA21 8AB

Phone: 015394 41218

Email: [Thurston.info@southtyneside.gov.uk](mailto:Thurston.info@southtyneside.gov.uk)

[www.thurston-oec.co.uk](http://www.thurston-oec.co.uk)

## Camping, Huts, Bothies & Bivouacking

### INTRODUCTION

These procedures cover camping in the centre grounds and out on the hill. They include tents, mountain huts, bothies or bivouacking - making your own shelter.

It could also be as part of a journey, which may use boats, bikes, canoes or walking.

### VENUE

Any suitable location. To be agreed with Head of Centre or Instructor in Charge.

### STAFFING

- Ratio: The normal instructor/student ratio.
- Staff should be trained and experienced to the level set out in the guidelines for the particular activity of which the camp forms a part. In addition they should be experienced in camp craft.
- DofE Groups operate in accordance with DofE Guidelines.
- Camping on the centre grounds as part of an introduction to lightweight camping needs the same staff ratios available as normal overnights in the centre.

### EQUIPMENT

- Tents and equipment should be checked before leaving for camp.
- Centre uses Trangia stoves – staff should be familiar with them before use, or any other stove used.
- Fuel is carried in appropriate containers and clearly marked.
- All specialist equipment is available from the centre.
- Any equipment brought by students is to be encouraged, but checked for suitability before leaving centre.
- If using centre sleeping bags, liners are issued.

### OPERATING CONSIDERATIONS

- If tents are used the group leader should check that they have been erected adequately to withstand prevailing and anticipated conditions.
- With the exception of specialist expeditions no cooking is done inside the tents and staff must supervise the filling and lighting of stoves for inexperienced students.
- Students must receive thorough training in stove safety if they are to camp cook.
- Students should be fully briefed on how to cook their food. The group instructor should make sure that students' intake of food is adequate.
- Students should be made aware of how to deal with waste and rubbish, camp hygiene and its impact on the environment.
- Students should be encouraged to camp in a tidy and organised way and respect the campsite. The intention should be to leave it as you found it.
- Safeguard water supplies and hygienic toilet arrangements should be ensured.
- Either a nearby vehicle or method of communication to a reliable contact must be arranged before departure.
- Feminine hygiene briefing, to be given by appropriate person.