

Coniston, Cumbria, LA21 8AB

Phone: 015394 41218

Email: Thurston.info@southtyneside.gov.uk

www.thurston-oec.co.uk

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#### **Blast Off**

### INTRODUCTION

Blast Off is a fun challenge involving members of the group being hoisted into the air.

# **VENUE**

A tree has been set up in Thurston Grounds to provide suitable anchors.

### **STAFFING**

- Ratio: The normal instructor/student ratio.
- Group leaders should hold RCI, or higher award, or have in house training.

# **EQUIPMENT**

- · Helmets should be worn.
- Adequate clothing for the conditions.
- The centre provides all specialist equipment.
- Instructor should carry out a visual inspection on all equipment to be used.

#### **OPERATING CONSIDERATIONS**

- Members of the group should be attached to a hoisting rope. In addition to this
  the instructor should take suitable precautions to ensure a controlled descent
  using appropriate belay method.
- Participant being hoisted should be securely attached to the haul rope and checked.
- Consideration given to the use of a chest harness when deemed appropriate.
- Petzl Swivel and extension sling to be used to prevent fingers being trapped in the pulley.
- At the end of the day the tree must be left with haul and safety ropes removed and tracer lines in place.
- The tree and anchor systems will be subject to regular inspections.
- Not to be used in high winds (Force 4 or above).

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