WEEK 1

STEP 1

Choose from...

Main

Vegetarian

Combo

STEP 2

...and to finish!



Bread and Salad will be available at Lunch Times

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Home-made Pizza to go with Carrot and Coriander Salad, Homemade Potato Wedges	Full Breakfast Wrap to go with Baked Beans	Cottage Pie to go with Gravy, Broccoli, Carrots, Mashed Potato	Chicken Katsu Curry to go with Mixed Rice, Garlic & Coriander Naan Bread	Fish Fingers to go with Chips, Peas
Roasted Vegetable Pasta Bake to go with Homemade Garlic Bread, Carrot and Coriander Salad	Veggie Breakfast Wrap to go with Baked Beans, Homemade Herby Diced Potatoes	Vegetarian Cottage Pie to go with Gravy, Broccoli, Carrots	Cauliflower & Spinach Curry to go with Mixed Rice, Garlic & Coriander Naan Bread	Quorn Burger to go with Chips, Peas
Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans
SandwichBaguette to go with Mixed Salad, Homemade Potato Wedges with choice of fillings Tuna Mayo, Ham, Grated Cheese	Pasta to go with Mixed Salad with choice of fillings Homemade Tomato & Basil Sauce, Grated Cheese	SandwichBaguette to go with Mixed Salad, Tortilla Crisps with choice of fillings Tuna Mayo, Ham, Grated Cheese	Pasta to go with Mixed Salad with choice of fillings Homemade Tomato & Basil Sauce, Grated Cheese	SandwichBaguette to go with Mixed Salad, Chips with choice of fillings Tuna Mayo, Ham, Grated Cheese
Apple Sponge	Syrup Sponge	Homemade Caramel Biscuits	Apple Flapjack	Raspberry Ripple Ice-cream Roll
Fresh Fruit Pot, Cheese and Biscuits, Jelly, Yoghurt	Fresh Fruit Pot, Cheese and Biscuits, Jelly, Yoghurt	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly

Please speak to a member of the Catering Team or view relishschoolfood.co.uk for Allergen Information

394_w1

WEEK 2

STEP 1 Choose from...

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Home-made Pizza to go with Coleslaw, Homemade Potato Wedges	Beef Taco Boat to go with Sweetcorn, Mixed Rice	Sausage Bean Casserole to go with Gravy, Cauliflower, Mashed Potato	Beef Burger to go with Sweetcorn, Baked Beans, Homemade Potato Wedges	Battered Cod to go with Baked Beans, Chips, Baked Beans
Vegetarian	Sweet Potato & Lentil Tagine to go with Roasted Veg Cous Cous Salad	Smokey BBQ Quesadilla to go with Sweetcorn, Mixed Rice	Quorn Roast to go with Gravy, Carrots, Cauliflower, Mashed Potato	Cheese & Tomato Pinwheels to go with Sweetcorn, Baked Beans, Homemade Potato Wedges	Quorn Hotdog to go with Chips, Baked Beans
Combo	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans
	SandwichBaguette to go with Mixed Salad, Homemade Potato Wedges with choice of fillings Tuna Mayo, Ham, Grated Cheese	Pasta to go with Mixed Salad with choice of fillings Homemade Tomato & Basil Sauce, Grated Cheese	SandwichBaguette to go with Mixed Salad, Tortilla Crisps with choice of fillings Tuna Mayo, Ham, Grated Cheese	Pasta to go with Mixed Salad with choice of fillings Homemade Tomato & Basil Sauce, Grated Cheese	SandwichBaguette to go with Mixed Salad, Chips with choice of fillings Tuna Mayo, Ham, Grated Cheese
	Fruity Chocolate Traybake	Cocoa Brownie	Blueberry Muffins	Iced Sponge with sprinkles	Vanilla Ice Cream
	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly

STEP 2 ...and to finish!



Bread and Salad will be available at Lunch Times

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394_w2

WEEK 3

STEP 1 Choose from...

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Home-made Pizza to go with Sweetcorn, Homemade Herby Diced Potatoes	Chicken Burger to go with Coleslaw, Homemade Potato Wedges	Roast Gammon to go with Gravy, Broccoli, Carrots, Boiled Potatoes	Sticky Chicken to go with Green Beans, Mixed Rice	Baked Battered Chicken Nuggets to go with Chips, Baked Beans
Vegetarian	Tomato & Basil Quiche to go with Sweetcorn, Homemade Herby Diced Potatoes	Quorn Fillet Burger to go with Coleslaw, Homemade Potato Wedges	Stuffed Peppers to go with Broccoli, Carrots, Boiled Potatoes	Chinese Quorn to go with Green Beans, Mixed Rice	Vegetarian Sausage Roll to go with Chips, Baked Beans
Combo	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans
	SandwichBaguette to go with Mixed Salad, Homemade Herby Diced Potatoes with choice of fillings Tuna Mayo, Ham, Grated Cheese	Pasta to go with Mixed Salad with choice of fillings Homemade Tomato & Basil Sauce, Grated Cheese	SandwichBaguette to go with Mixed Salad, Tortilla Crisps with choice of fillings Tuna Mayo, Ham, Grated Cheese	Pasta to go with Mixed Salad with choice of fillings Homemade Tomato & Basil Sauce, Grated Cheese	SandwichBaguette to go with Mixed Salad, Chips with choice of fillings Tuna Mayo, Ham, Grated Cheese
	Fruit Crumble to go with Custard	Homemade Carrot Cake	Tutti Fruity Sponge	Banana Flapjack	Mango & Orange Iced Smoothie
	Fresh Fruit Pot, Cheese and Biscuits, Jelly	Fresh Fruit Pot, Cheese and Biscuits, Jelly	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly

STEP 2 ...and to finish!



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394_w3