WEEK 1

STEP 1

Choose from...

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Home-made Pizza to go with Sweetcorn, Homemade Potato Wedges	All Day Breakfast to go with Baked Beans, Homemade 5050 Bread	Roast Chicken & Yorkshire Pudding to go with Carrots, Broccoli, Roast Potatoes, Gravy	Diced Chicken Katsu Curry to go with Garlic & Coriander Naan Bread, Mixed Rice	Fish Fingers to go with Peas, Chips
Vegetarian	Roasted Vegetable Pasta Bake to go with Sweetcorn, Homemade Garlic Bread	Vegetarian All Day Breakfast to go with Baked Beans, Homemade 5050 Bread	Quorn Roast to go with Carrots, Broccoli, Roast Potatoes, Gravy	Vegetable Curry to go with Garlic & Coriander Naan Bread, Mixed Rice	Quorn Burger to go with Peas, Chips
Combo	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans
	Pasta to go with Mixed Salad with choice of fillings Homemade Tomato & Basil Sauce, Grated Cheese, No Topping	Wrap to go with Mixed Salad, Tortilla Crisps with choice of fillings Tuna Mayo, Ham, Grated Cheese	Pasta to go with Mixed Salad with choice of fillings Homemade Tomato & Basil Sauce, Grated Cheese, No Topping	Wrap to go with Mixed Salad, Tortilla Crisps with choice of fillings Tuna Mayo, Ham, Grated Cheese	Wrap to go with Mixed Salad, Tortilla Crisps with choice of fillings Tuna Mayo, Ham, Grated Cheese
	Apple Sponge	Apricot Flapjack	Homemade Caramel Biscuits	Syrup Sponge	Raspberry Ripple Ice-cream Roll
	Cheese and Biscuits, Jelly, Yoghurt, Fresh Fruit Pot	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly

STEP 2

...and to finish!



Bread and Salad will be available at Lunch Times

Please speak to a member of the Catering Team or view relishschoolfood.co.uk for Allergen Information

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WEEK 2

STEP 1 Choose from...

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Home-made Pizza to go with Coleslaw, Homemade Potato Wedges	Beef Chilli Tacos to go with Sweetcorn, Mixed Rice	Sausage to go with Cauliflower, Mashed Potato, Gravy	Hotdog to go with Baked Beans, Chips	Battered Cod to go with Baked Beans, Chips
Vegetarian	Cheese & Tomato Pizza to go with Coleslaw, Homemade Potato Wedges	Quorn Chilli Tacos to go with Sweetcorn, Mixed Rice	Vegetarian Sausage to go with Carrots, Cauliflower, Mashed Potato, Gravy	Quorn Vegan Hotdog to go with Baked Beans, Chips	Quorn Hotdog to go with Baked Beans, Chips
Combo	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans
	Pasta to go with Mixed Salad with choice of fillings Homemade Tomato & Basil Sauce, Grated Cheese, No Topping	Wrap to go with Mixed Salad, Tortilla Crisps with choice of fillings Tuna Mayo, Ham, Grated Cheese	Pasta to go with Mixed Salad with choice of fillings Homemade Tomato & Basil Sauce, Grated Cheese, No Topping		Wrap to go with Mixed Salad, Tortilla Crisps with choice of fillings Tuna Mayo, Ham, Grated Cheese
	Fruity Chocolate Traybake	Blueberry Muffins	Chocolate Malt Brownies	Mini Doughnuts With Chocolate Sauce	Vanilla Ice Cream
	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Pot	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly

STEP 2 ...and to finish!



Bread and Salad will be available at Lunch Times

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WEEK 3

STEP 1 Choose from...

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Home-made Pizza to go with Sweetcorn, Homemade Herby Diced Potatoes	Chicken Burger to go with Coleslaw, Homemade Potato Wedges	Roast Gammon to go with Carrots, Broccoli, Gravy, Boiled Potatoes	Sticky Chicken to go with Green Beans, Mixed Rice	Baked Battered Chicken Nuggets to go with Baked Beans, Chips
Vegetarian	Cheese & Onion Quiche to go with Sweetcorn, Homemade Herby Diced Potatoes	Quorn Fillet Burger to go with Coleslaw, Homemade Potato Wedges	Quorn Roast to go with Carrots, Broccoli, Gravy, Boiled Potatoes	Singapore Stir Fry to go with Green Beans, Mixed Rice	Vegetarian Sausage Roll to go with Baked Beans, Chips
Combo	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans
	Pasta to go with Mixed Salad with choice of fillings Homemade Tomato & Basil Sauce, Grated Cheese, No Topping	Wrap to go with Mixed Salad, Tortilla Crisps with choice of fillings Tuna Mayo, Ham, Grated Cheese	Pasta to go with Mixed Salad with choice of fillings Homemade Tomato & Basil Sauce, Grated Cheese, No Topping	Wrap to go with Mixed Salad, Tortilla Crisps with choice of fillings Tuna Mayo, Ham, Grated Cheese	Wrap to go with Mixed Salad, Tortilla Crisps with choice of fillings Tuna Mayo, Ham, Grated Cheese

STEP 2 ...and to finish!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fruit Crumble to go with Custard	Homemade Carrot Cake	Tutti Fruity Sponge	Banana Flapjack	Mango & Orange Iced Smoothie
Cheese and Biscuits, Jelly	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly



Bread and Salad will be available at Lunch Times

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