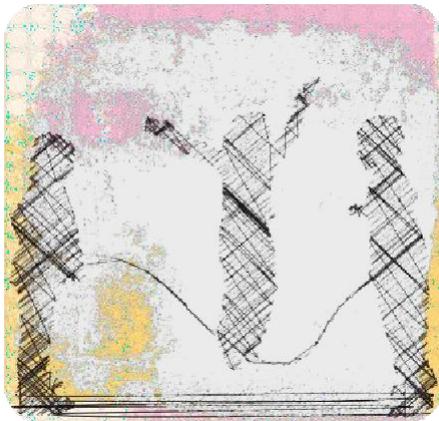




# St Teresa's Catholic Primary Academy

Let the children come to me

## Feeling Safe and Happy at St Teresa's Catholic Primary Academy



## Safeguarding Advice for Children

## **Feeling Safe and Happy at St Teresa's Catholic Primary Academy**

We want to make sure you are healthy and looked after, in and out of our Academy.

This policy looks at how every grown-up can help make you feel safe, and how you can spot if something bad is happening.

We can help you by:

- Only hiring people who can be trusted to keep you safe.
- Teaching you how to see if people are not keeping you safe.
- Helping you if someone does not keep you safe.
- Making sure all adults at our academy know what they have to do.

**Sometimes we don't know if something bad is happening, so you need to tell us.**



### **Grown-ups and other children**

Grown-ups are there to **help** and **care** for you, but some grown-ups do **bad** things to children. Sometimes they say and do things that can **upset** or **hurt** you. Other children are in school to learn about things, just like you. Most children are friendly, but some can do bad things.

**A safe grown-up can help you, but you need to tell them what is happening.**

# 2

## Feeling safe and unsafe

Playing with your friends or some time with your mum, dad or carer can make you feel safe.



If someone or something makes you feel **unsafe** or **frightened**, tell a safe grown-up and they will make it **stop**.

You should also get to a **safe place** as soon as you can.



## Saying NO

# NO

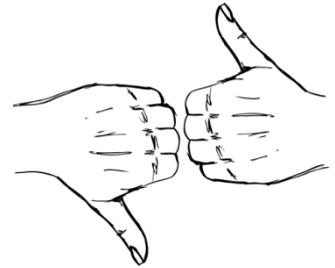
Most of the time grown-ups know what is best for you, like when it is time for bed or eating your vegetables, but sometimes it is ok to say no to a grown-up.

If a grown-up or another child asks you to do something you know is **wrong**, like **stealing**, or if you feel **scared** or **unsafe**, you can say **no**.



**Remember! It's not your fault!**

**Don't be afraid to tell a safe grown-up**



# 4

## Touch

There are **good** and **bad** touches.

### Good touches:

A hug

Help with getting dressed

Holding hands



**Bad** touches can be **scary**, **hurt** or be **rude**.

Parts of the body covered by a swimming costume are **private**. We call them **private parts**. Unless you need help with washing or dressing, or need to see someone like a doctor, **no-one** should touch your private parts.

If a touch makes you feel **scared**, say **no** or make a sign to the person to **stop**. You should also tell a safe grown-up.





## Secrets



A **secret** is something we know but try not to tell anyone else.

A **good** secret is a birthday party surprise or knowing someone is going to win a prize.

Sometimes we have been hurt, are afraid, or don't understand what's happened. If someone says we must keep a **bad thing** a secret, that's a **bad secret**.

If you think you have been told to keep a **bad secret**, you must tell a safe grown-up. If they **don't listen** or understand, tell a different safe grown-up until someone helps you.

# 6

## Arguing and fighting



Sometimes children argue and fall out with each other.

Sometimes adults argue with each other and sometimes people who argue with each other fight. No one should fight, if you see adults or children arguing or fighting you should tell a safe grown up. They will help to keep you safe and happy.

# 7

## Telling a safe grown-up

Safe grown-ups are people who you **trust** to help you.

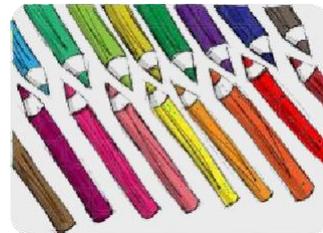
All the adults who work in our Academy are **safe** grown-ups they include:

- Mrs S McHale, Acting Principal
- Mrs T Picken, Assistant Principal
- Mrs B Sohker, Pastoral Support
- School Nurse
- Office Manager: Mrs Dixon
- All of our Teachers
- All of our Teaching Assistants
- Caretaker: Mr Buttwell
- All of our Lunchtime Supervisors
- Safeguarding and Welfare Manager: Mr Rose

**Please tell one of these safe grown-ups if something is done or said to you that hurts or upsets you, in school or out of school. They will help you so that you can feel safe and happy again.**

You can tell a grown-up by:

- Speaking
- Drawing
- Making signs with your hands, face or body
- Showing or pointing to drawings or photos



After telling a safe grown-up, they can help **stop** the bad things happening, and you can be safe and happy again!

**Remember that safe adults can and will help you to stay safe and happy in and out of school.**

## **ST TERESA'S ACADEMY IS A SAFE PLACE.**

### **You can also get support from Childline.**

You can contact Childline about anything.

Whatever your worry, it's better out than in. It is there to support you and help you find ways to cope.

There are lots of different ways to get in touch with Childline. And you can also get help from other young people through [www.childline.org.uk/](http://www.childline.org.uk/)

