The Memorare

Remember, O most loving Virgin Mary, that it is a thing unheard of, that anyone ever had recourse to your protection, implored your help, or sought your intercession, and was left forsaken.

Filled therefore with confidence in your

goodness

I fly to you, O Mother, Virgin of virgins.

To you I come, before you I stand, a sorrowful sinner.

Despise not my poor words, O Mother of the Word of God, but graciously hear and grant my prayer. Amen.